

ST. CHARLES COUNCIL ON AGING, INC.



December 2022



Parish President Christmas Luncheon

December 1, 2022

11:00 am to 1:00 pm

Edward Dufresne Community Center
274 Judge Edward Dufresne Parkway
Luling, LA 70070

For Transportation Call (985)783-6683

WALK WITH EASE

a program for better living

Tuesdays, & Thursdays

Luling 10:00 - 10:30

THE
MEDICAL
TEAM®



Catholic Charities
Archdiocese of New Orleans

Food for Seniors

Distribution

December 1, 2022

7:30 am - 9:30 am

Westbank Bridge Park



**SOUTHEAST LOUISIANA
LEGAL SERVICES**
Free Legal Aid for Low-Income People

Ask A Lawyer

Luling Center

December 21, 2022

10:30 am

Ugly Sweater Celebration



Luling

12 Noon

December 16, 2022

MONTHLY MEETINGS @ NEW SARPY

AC Executive 2pm December 5th

BOD Executive 2 pm December 6th

December 9th

Center Operations 10:00 am Personnel 10:30 am

Transportation 11:00 am Finance 11:30 am

December 14th

Finance 10:45 am

Joint Board of Directors & Advisory Council 11 am

East Regional Library

160 West Campus Drive Destrehan, LA 70047



Closed

December 23, 26, 30 & January 2



Three Meals A Day
December 2, 2022

Feast on Fruits and Vegetables
December 7, 2022

Cooking for One or Two
December 19, 2022
Rinalda Rocquin
Area Nutrition Agent



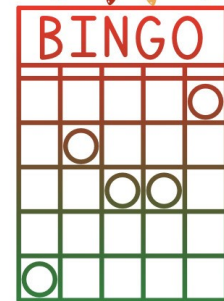
How to Survive the Holidays
Julie Henry
Business Development
December 6, 2022 10:30 am Luling



Senior Social Hour
December 5, 2022 @ Noon

Coffee or Tea
Games, Snacks, and Conversation

Community Services Department



BINGO WITH COUNCIL ON AGING

December 5th, 2022

10:00am - 11:00am

Killona Community Center
201 LA Hwy. 3141
Killona, LA 70057

For more information, please call (985) 331-3030



HOOPS with
Parish President
Matt Jewell

December 5, 2022 1 pm
Luling



General Topics about Healthcare Fraud

SMP **December 14, 2022 10:30 am Luling**

Senior Medicare Patrol

Resource Center



Brenda Melara
Community Outreach Specialist

Senior Activity Center

145 Angus Drive Luling 70070

985-331-9701

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keion Smith, Managers

Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Shopping Trips 1pm to 2 pm</p> <p>1st Tuesday Winn Dixie 2nd Tuesday Walmart</p> <p>3rd Tuesday Dollar General 1st Thursday Majoria's</p> <p>2nd Thursday Social Concerns 3rd Thursday Cajun Village</p>			<p>1 Decorate Center & Tree 9 - 10</p> <p>Holiday Chat 10 - 11</p>	<p>2 Making Christmas Cards 9 - 10</p> <p>Toss n Score Game 12 - 1</p>
<p>5 Wrapping Boxes Relay Game W/Keion 9:30 - 10:30</p> <p>Holiday Crosswords 12 - 1</p>	<p>6 Holiday Trivia 9:30 - 10:30</p> <p>Crazy 8 12 - 1</p>	<p>7 Holiday Word Search 9:30 - 10:30</p> <p>Rummy 12 - 1</p>	<p>8 Christmas Cards w/Lois 9:30 - 10:30</p> <p>Christmas Spelling Bee w/Denise 12 - 1</p>	<p>9 Holiday Bingo w/Letitia 9:30 - 10:30</p> <p>Monopoly 12 - 1</p>
<p>12 Twelve Days of Christmas 9:30 - 10:30</p> <p>Color by #s 12-1</p>	<p>13 Holiday Pictionary 9:30 - 10:30</p> <p>Football Trivia 12 - 1</p>	<p>14 Crossword Puzzles 9:30 - 10:30</p> <p>Pokeno 12 - 1</p>	<p>15 L.C.R. 9:30 - 10:30</p> <p>Dominoes 12-1</p>	<p>16 Ugly Sweater Holiday Celebration</p>
<p>19 Arts n Crafts w/Ms. Maria 9 - 10</p> <p>Cup Game 12 - 1</p>	<p>20 Left, Right Game 9:30 - 10:30</p> <p>Test Your Brain Power 12 - 1</p>	<p>21 Bingo 9:30 - 10:30</p> <p>Christmas Edition Guess Who 12 - 1</p>	<p>22 Pokeno 9:30 - 10:30</p> <p>Holiday Reindeer Trivia Game 12 - 1</p>	<p>23 </p>
<p>26 </p>	<p>27 Holiday Hangman 9:30 - 10:30</p> <p><i>Old Maid Cards</i> 12 - 1</p>	<p>28 HOLIDAY SKETCHING 9:30 - 10:30</p> <p>Memory Game 12 - 1:30</p>	<p>29 New Year's Resolution Chat 9:30-10:30</p> <p>Making Snowman 12 - 1</p>	<p>30 </p>



**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director



150 Troxclair Lane
Destrehan, Louisiana 70047

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

Home Delivered Meal Distribution Site

150 Troxclair Lane • Destrehan, LA 70047
985-783-6683

8:30 a.m. - 1:30 p.m. Monday - Friday

Dasha Pierre, Manager

Participants must call if not going
to be home to receive meal.

Luling Activity Center

145 Angus Drive • Luling, LA 70070
985-331-9701

8:30 a.m. - 2:00 p.m. Monday - Friday

Managers, Letitia Sandolph and Keion Smith
Meal reservations call before 12:30 pm
for the following day.