



FEBRUARY 2023

AARPSM

Tax-AideTM

February 1, 2023 - April 12, 2023
Free In-Person Tax Preparation Service
Any Age Especially 50 or Older

River Parishes
Community College
United Way of
St. Charles Campus
13145 Highway 90
Boutte, LA 70039
Call 504-507-0642 to
Schedule an Appointment

St. Charles Parish
East Regional Library
160 W. Campus Drive
Destrehan, LA 70047
Call 985-240-2285 to
Schedule an Appointment

Appointments can also be scheduled by going to AARP Foundation Tax-Aides Locator



Distribution

February 2, 2023

7:30 am - 9:30 am

Westbank Bridge Park



CLOSED FEBRUARY 21, 2023

MONTHLY MEETINGS NEW SARP

February 6, 2023

AC Executive 2 pm

February 7, 2023

BOD Executive 2 pm

February 17, 2023

Center Operations 10 am

Transportation 10:30 am

Joint Personnel Finance 11 am

February 22, 2023

Advisory Council 2 pm

February 23, 2023

Finance 2 pm

Board of Directors 2:30 pm

February 27, 2023

AC Executive 2 pm

February 28, 2023

BOD Executive 2 pm

Krewe of G-OLD Timers

Invites All St. Charles Parish Seniors to

2023 Mardi Gras Dance

Thursday, February 16, 2023

Doors Open 10:30 AM - 2:00 PM

Edward A. Dufresne Community Center

274 Judge Edward Dufresne Parkway

Luling, LA 70070

Drawing will be held for King & Queen

Music by Ryan Foret & Foret Tradition

RSVP By February 10, 2023

985-331-9701 or 985-783-8907

Transportation 985-783-6683

Cosponsored by St. Charles COA, St. Charles Parish

Department of Parks & Recreation,

& Retired and Senior Volunteer Program

Activities at Luling Center

Health Heart Tips for Seniors

February 7, 2023 10:30 am

Julie Henry
Business Development

WALK WITH EASE

a program for better living

Tuesdays, & Thursdays
10:00 am - 10:30 am

THE
MEDICAL
TEAM®



Understanding Your Medicare Summary Notice & Explanation of Benefits



SMP

Senior Medicare Patrol

Resource Center

ADVISEWELL

February 13, 2023 10:30 am

Brenda Melara

Community Outreach Specialist

Shopping Trips 1 pm to 2 pm

1st Tuesday Dollar Tree

1st Thursday Majoria's

2nd Tuesday Walmart

2nd Thursday Social Concerns

3rd Tuesday Dollar General

3rd Thursday Cajun Village

Senior Activity Center

145 Angus Drive Luling 70070

985-331-9701

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keion Smith, Managers

Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Bingo Blackout 9:30 - 10:30 Pokeno Blackout 12:00 - 1:30	2 Crosswords Puzzles 9:30 - 10:30 Dominoes 12:30 - 1:30	3 Decorate Tree 9:30 - 10:30 Music Day 12:30 - 1:30
6 Pictionary 9:30 - 10:30 Coloring Numbers 12:30 - 1:30	7 OLD FOLK TALK 9:30 - 10:30 3 to 13 Cards 12:30 - 1:30	8 Pity Pat 9:30 - 10:30 Checkers 12:30 - 1:30	9 UNO 9:30 - 10:30 Guess Colors 12:30 - 1:30	10 Spelling Bee 9:30 - 10:30 Tables Games 12:30 - 1:30
13 Spades 9:30 - 10:30 Guess Names 12:30 - 1:30	14  Valentines Cards 9:30 - 10:30 Singing w/Letitia 12:30 - 1:30	15 Table Bowling 9:30 - 10:30 Crazy 8 12:30 - 1:30	16 Krewe G-old Timers Dance	17 TABLE GAMES
20 Arts n Crafts w/Marie 9:30 - 10:30 Bingo w/Keion 12:30 - 1:30	21  Happy MARDI GRAS Closed	22 Word Search 9:30 - 10:30 Name that Tune w/Denise 12:30 - 1:30	23 L.C.R 9:30 - 10:30 Reading Books 12:30 - 1:30	24 TABLE GAMES
27 Activity Meeting 9:30 - 10:30 Pokeno 12:30 - 1:30	28 Sketching w/Lois 9:30 - 10:30  Birthday Cake	 SOUTHEAST LOUISIANA LEGAL SERVICES Free Legal Aid for Low-Income People Ask A Lawyer February 15, 2023 10:30 am		



St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director



Find us on
Facebook

150 Troxclair Lane
Destrehan, Louisiana 70047

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

Home Delivered Meal Distribution Site

150 Troxclair Lane • Destrehan, LA 70047
985-783-6683

8:30 a.m. - 1:30 p.m. Monday - Friday

Dasha Pierre, Manager

Participants must call if not going
to be home to receive meal.

Luling Activity Center

145 Angus Drive • Luling, LA 70070
985-331-9701

8:30 a.m. - 2:00 p.m. Monday - Friday

Managers, Letitia Sandolph and Keion Smith
Meal reservations call before 12:30 pm
for the following day.