



# February 2024



✦ Hosted By: Parks and Recreation, RSVP and Council on Aging ✦



**Catholic Charities**  
Archdiocese of New Orleans

**Food for Seniors**

**Distribution**

282 Judge Edward Dufresne Parkway  
Luling, LA 70070

**February 1, 2024**  
**7:30 am - 9:00 am**



**WALK WITH EASE**

a program for better living

**Tuesdays & Thursdays**

**Luling Center 10:00 am to 10:30 am**

**New Sarpy Center 11:30 am to Noon**

**February 6, 2024**

**Brain Stimulating Games**

**Lauralee Adams, Business Development**

**HAPPY MARDI GRAS**

**CLOSED**

**FEBRUARY 13, 2024**

**BINGO**

**aetna**

**February 16, 2024**

**Luling**

**New Sarpy**

**10:00 - 11:00**

**12:00 - 1:00**



**SOUTHEAST LOUISIANA**  
**LEGAL SERVICES**

Free Legal Aid for Low-Income People

**Ask A Lawyer**  
**February 21, 2024**  
**10:30 am**  
**New Sarpy Center**

**LOUISIANA**  
**DEPARTMENT OF HEALTH**

**Whitney Jason, MSN, RN**

**RN Community Liaison**

**February 28, 2024**

**Heart Health**

**10:30 am**

**11:30 am**

**Luling Center**

**New Sarpy Center**

# SENIOR MARDI GRAS DANCE

**KREWE OF G-OLD TIMERS**

**MUSIC BY:**

**RYAN FORET & FORET TRADITION**

*SPONSORED BY THE UNITED WAY AND ST. CHARLES PARISH PUBLIC SCHOOLS FOUNDATION.*

**THURSDAY, FEBRUARY 8**

**DOORS OPEN 10 A.M.; EVENT RUNS 11 A.M. - 2 P.M.**

**Edward A. Dufresne Community Center**

**274 Judge Edward Dufresne Parkway, Luling**

**TO RSVP: CALL 985-783-8907**

**FOR TRANSPORTATION: CALL 985-783-6683**

**\*EVENT OPEN TO ST. CHARLES PARISH RESIDENTS ONLY\***

**AARP**

**Tax-Aide**

**Free In-Person Tax Preparation Service**  
**Any Age Especially 50 or Older**

Please make your appointment on-line this year. Go to [AARP Foundation Site Locator](#), then put in your zip code and choose the closest site to you. You can choose the date and time for your appointment. If you don't have access to a computer, call the number listed below and leave your name.

**River Parishes**  
**Community College**  
**United Way of**  
**St. Charles Campus**  
**13145 Highway 90**  
**Boutte, LA 70039**  
**9 AM to 1 PM**

**Mondays and Wednesdays**  
**Starting Wednesday, February 14th**  
**985-306-9068**

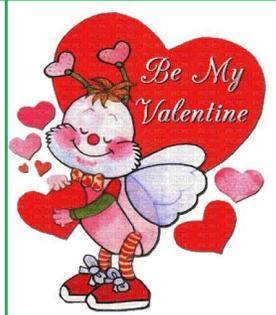
**St. Charles Parish**  
**East Regional Library**  
**160 W. Campus Drive**  
**Destrehan, LA 70047**  
**9 AM to 1 PM**  
**Mondays and Wednesdays**  
**Starting Wednesday, February 14th**  
**985-240-2285**

# Luling Senior Activity Center

Monday - Friday 8:30 am - 2:00 pm Lunch Served 11:00 am

Letitia Sandolph, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Shopping Trips</b></p> <p><b>Tuesdays</b> 1st Dollar Tree 2nd Walmart 3rd Dollar General</p> <p><b>Thursdays</b> 1st Majoria's 2nd Winn Dixie 3rd Goodwill</p>			<p>1 WORD SEARCH 9:30 - 10:30  SPADES 12:00 - 1:30</p>	<p>2 Table Games</p>
<p>5 Dominoes 9:30 - 10:30  Pass the Card 12:00 - 1:30</p>	<p>6 Coloring Day 9:30 - 10:30  K's Corner 12:00 - 1:30</p>	<p>7 Pitty Pat 9:30 - 10:30  Solitaire 12:00 - 1:30</p>	<p>8 <b>Mardi Gras Dance Community Center</b></p>	<p>9 Table Games</p>
<p>12 Bingo 9:30 - 10:30  Phase 10 12:00 - 1:30</p>	<p>13 <b>Happy Mardi Gras Closed</b></p>	<p>14  Music Day 9:30 - 10:30  Old Folk Talk 12:00 - 1:30</p>	<p>15 Bean Bag 9:30 - 10:30  Checkers 12:00 - 1:30</p>	<p>16 Table Games</p>
<p>19 Arts n Craft 9:30 - 10:30  Bingo 12:00 - 1:30</p>	<p>20 Go Fish 9:30 - 10:30  Connect 4 12:00 - 1:30</p>	<p>21 Puzzles 9:30 - 10:30  Trivia Day 12:00 - 1:30</p>	<p>22 Line Dance 9:30 - 10:30  Karaoke 12:00 - 1:30</p>	<p>23 Table Games</p>
<p>26 Activity Meeting 9:30 - 10:30  Bingo 12:00 - 1:30</p>	<p>27 Name That Tune 9:30 - 10:30  Cake Day 12:00 - 1:30</p>	<p>28 L C R 9:30 - 10:30  3 to 13 12:00 - 1:30</p>	<p>29 Jenga 9:30 - 10:30  Hoop Game 12:00 - 1:30</p>	<p> Be My Valentine</p>

# New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm Lunch Served 11:00 am

Keion Smith, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Shopping Trips</b></p> <p><b>Tuesdays</b> 1st Family Dollar 2nd Norco Fresh Market 3rd Winn Dixie</p> <p><b>Thursdays</b> 1st Walmart 2nd Dollar Tree 3rd River Road Market</p>			<p>1. Card Day 9:30 - 10:30</p> <p>UNO 12:00 - 1:30</p>	<p>2. Table Games 9:30 - 10:30</p> <p>Spades 12:00 - 1:30</p>
<p>5. Yahtzee 9:30 - 10:30</p> <p>Trivia Game 12:00 - 1:30</p>	<p>6. Ring Toss 9:30 - 10:30</p> <p>Guess Who 12:00 - 1:30</p>	<p>7. Jenga 9:30 - 10:30</p> <p>Tic Tac Toe 12:00 - 1:30</p>	<p>8. Mardi Gras Dance Community Center</p>	<p>9. Bowling 9:30 - 10:30</p> <p>3 to 13 12:00 - 1:30</p>
<p>12. LCR 9:30 - 10:30</p> <p>Monopoly 12:00 - 1:30</p>	<p>13. Closed HAPPY MARDI GRAS</p>	<p>14. Valentine's Day Game's Pokeno 12:00 - 1:30</p>	<p>15. Toss n Score 9:30 - 10:30</p> <p>Cup Stack 12:00 - 1:30</p>	<p>16. Solitaire 9:30-10:30</p> <p>Client's Choice 11:00 - 12:00</p>
<p>19. Dominoes 9:30 - 10:30</p> <p>Slap Jack 12:00-1:30</p>	<p>20. Phase 10 9:30 - 10:30</p> <p>Color by #'s 12:00 - 1:00</p>	<p>21. Crazy 8 9:30 - 10:30</p> <p>Movie Trivia 12:00 - 1:30</p>	<p>22. Old Maid 9:30 - 10:30</p> <p>Line Dance 12:00 - 1:30</p>	<p>23. Word Search 9:30 - 10:30</p> <p>Table Games 12:00 - 1:30</p>
<p>26. Activity Meeting 9:30 - 10:30</p> <p>Pokeno 12:00 - 1:30</p>	<p>27. B-Day 9:30 - 10:30</p> <p>Sorry 12:00 - 1:30</p>	<p>28. 3 to 13 9:30 - 10:30</p> <p>Dominoes 12:00 - 1:30</p>	<p>29. Rummy 9:30 - 10:30</p> <p>Go Fish 12:00 - 1:30</p>	



**St. Charles Council on Aging, Inc.  
Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070

985-783-6683  
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

**Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

**Luling Activity Center**

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

**Home Delivered Meal Distribution Site**

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

**New Sarpy Activity Center**

Keion Smith, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm