



February 2024



✦ Hosted By: Parks and Recreation, RSVP and Council on Aging ✦



Catholic Charities
Archdiocese of New Orleans

Food for Seniors

Distribution

282 Judge Edward Dufresne Parkway
Luling, LA 70070

February 1, 2024

7:30 am - 9:00 am



WALK WITH EASE

a program for better living

Tuesdays & Thursdays

Luling Center 10:00 am to 10:30 am

New Sarpy Center 11:30 am to Noon

February 6, 2024

Brain Stimulating Games

Lauralee Adams, Business Development

**HAPPY
MARDI GRAS**

CLOSED

FEBRUARY 13, 2024

BINGO

aetna

February 16, 2024

Luling

New Sarpy

10:00 - 11:00

12:00 - 1:00



**SOUTHEAST LOUISIANA
LEGAL SERVICES**

Free Legal Aid for Low-Income People

Ask A Lawyer
February 21, 2024
10:30 am
New Sarpy Center



**LOUISIANA
DEPARTMENT OF HEALTH**

Whitney Jason, MSN, RN

RN Community Liaison

February 28, 2024

Heart Health

10:30 am

Luling Center

11:30 am

New Sarpy Center

SENIOR MARDI GRAS DANCE

KREWE OF G-OLD TIMERS

MUSIC BY:

RYAN FORET & FORET TRADITION

SPONSORED BY THE UNITED WAY AND ST. CHARLES PARISH PUBLIC SCHOOLS FOUNDATION.

THURSDAY, FEBRUARY 8

DOORS OPEN 10 A.M.; EVENT RUNS 11 A.M. - 2 P.M.

Edward A. Dufresne Community Center

274 Judge Edward Dufresne Parkway, Luling

TO RSVP: CALL 985-783-8907

FOR TRANSPORTATION: CALL 985-783-6683

EVENT OPEN TO ST. CHARLES PARISH RESIDENTS ONLY

AARP SM
Tax-Aide TM

Free In-Person Tax Preparation Service
Any Age Especially 50 or Older

Please make your appointment on-line this year. Go to [AARP Foundation Site Locator](#), then put in your zip code and choose the closest site to you. You can choose the date and time for your appointment. If you don't have access to a computer, call the number listed below and leave your name.

**River Parishes
Community College
United Way of
St. Charles Campus
13145 Highway 90
Boutte, LA 70039
9 AM to 1 PM**

**Mondays and Wednesdays
Starting Wednesday, February 14th
985-306-9068**



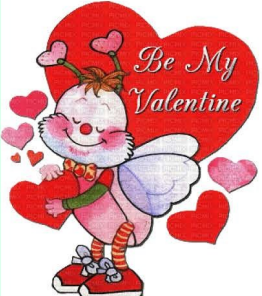
**St. Charles Parish
East Regional Library
160 W. Campus Drive
Destrehan, LA 70047
9 AM to 1 PM
Mondays and Wednesdays
Starting Wednesday, February 14th
985-240-2285**

Luling Senior Activity Center

Monday - Friday 8:30 am - 2:00 pm Lunch Served 11:00 am

Letitia Sandolph, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
Shopping Trips Tuesdays 1st Dollar Tree 2nd Walmart 3rd Dollar General Thursdays 1st Majoria's 2nd Winn Dixie 3rd Goodwill			1 WORD SEARCH 9:30 - 10:30 SPADES 12:00 - 1:30	2 Table Games
5 Dominoes 9:30 - 10:30 Pass the Card 12:00 - 1:30	6 Coloring Day 9:30 - 10:30 K's Corner 12:00 - 1:30	7 Pitty Pat 9:30 - 10:30 Solitaire 12:00 - 1:30	8 <i>Mardi Gras Dance Community Center</i>	9 Table Games
12 Bingo 9:30 - 10:30 Phase 10 12:00 - 1:30	13 	14  Music Day 9:30 - 10:30 Old Folk Talk 12:00 - 1:30	15 Bean Bag 9:30 - 10:30 Checkers 12:00 - 1:30	16 Table Games
19 Arts n Craft 9:30 - 10:30 Bingo 12:00 - 1:30	20 Go Fish 9:30 - 10:30 Connect 4 12:00 - 1:30	21 Puzzles 9:30 - 10:30 Trivia Day 12:00 - 1:30	22 Line Dance 9:30 - 10:30 Karaoke 12:00 - 1:30	23 Table Games
26 Activity Meeting 9:30 - 10:30 Bingo 12:00 - 1:30	27 Name That Tune 9:30 - 10:30 Cake Day 12:00 - 1:30	28 L C R 9:30 - 10:30 3 to 13 12:00 - 1:30	29 Jenga 9:30 - 10:30 Hoop Game 12:00 - 1:30	

New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm Lunch Served 11:00 am

Keion Smith, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
Shopping Trips Tuesdays 1st Family Dollar 2nd Norco Fresh Market 3rd Winn Dixie Thursdays 1st Walmart 2nd Dollar Tree 3rd River Road Market			1. Card Day 9:30 - 10:30 UNO 12:00 - 1:30	2. Table Games 9:30 - 10:30 Spades 12:00 - 1:30
5. Yahtzee 9:30 - 10:30 Trivia Game 12:00 - 1:30	6. Ring Toss 9:30 - 10:30 Guess Who 12:00 - 1:30	7. Jenga 9:30 - 10:30 Tic Tac Toe 12:00 - 1:30	8. Mardi Gras Dance Community Center	9. Bowling 9:30 - 10:30 3 to 13 12:00 - 1:30
12. LCR 9:30 - 10:30 Monopoly 12:00 - 1:30	13. Closed 	14.  Valentine's Day Game's Pokeno 12:00 - 1:30	15. Toss n Score 9:30 - 10:30 Cup Stack 12:00 - 1:30	16. Solitaire 9:30-10:30 Client's Choice 11:00 - 12:00
19. Dominoes 9:30 - 10:30 Slap Jack 12:00-1:30	20. Phase 10 9:30 - 10:30 Color by #'s 12:00 - 1:00	21. Crazy 8 9:30 - 10:30 Movie Trivia 12:00 - 1:30	22. Old Maid 9:30 - 10:30 Line Dance 12:00 - 1:30	23. Word Search 9:30 - 10:30 Table Games 12:00 - 1:30
26. Activity Meeting 9:30 - 10:30 Pokeno 12:00 - 1:30	27. B-Day 9:30 - 10:30 Sorry 12:00 - 1:30	28. 3 to 13 9:30 - 10:30 Dominoes 12:00 - 1:30	29. Rummy 9:30 - 10:30 Go Fish 12:00 - 1:30	



**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be
called in the day before by 1:30 pm .

Luling Activity Center

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for
the following day.

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going
to be home to receive meal.

New Sarpy Activity Center

Keion Smith, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm