

Destrehan, Louisiana 70047 Email: information@stcharlescoa.com Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Tuesdays, & **Thursdays**

Luling 11:00-11:30

January 18, 2022

a program for better living

Blood Pressure & Management

With Julie

THE MEDICAL Fax: 985-783-1996 Website: www.stcharlescoa.com April Keller, Executive Director



Food for Senior Distribution January 6, 2022 7:30 am - 9:30 am 626 Pine Street Hahnville

January Meetings January 4, 2022 AC Executive 1:00 pm BOD Executive 2:00 pm January 19, 2022 Advisory Council 2 pm @ Sarpy January 20, 2022 Finance 8:45am Board of Directors 9:30 am East Regional Library



COA will be closed January 3rd

Transportation 985-783-6683 7 am - 3:30 pm Monday - Friday Reservations must be called in the day before by 1:30 pm Karman Hill, Manager Ask A Lawyer Luling Center January 19, 2022 10:30 am



Home Delivered Meal Distribution Site 985-783-1180 8:30 am - 1:30 pm Monday - Friday Participants must call if not going to be home to receive meal

Dasha Pierre, Manager Find us on Facebook

Senior Activity Center

145 Angus Drive Luling 70070

985-331-9701

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keon Smith, Managers Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Louisiana Trivia 9-10 Cards 12-1	5 Word Search 9-10 Color by Number 12-1	6 Board Games 9-10 Dominos 12-1	7 Karaoke Day Bring in Your Props
10 Reminiscing Activity 9-11 Phase10 12-1	11 Bingo/ Pokeno 9-11 Table game 12-1	12 Pictionary 9-11 Dominos or Pitty Pat 12-1	13 Jenga 9-10 Table games 12-1	14 Let's Dance Wear Your Favorite Team Shirt
17 WE WILL BE <u>CLOSED</u> ON MILK DAY MARTIN LUTHER DAY	18 3 to 13 9-10 Jenga 12-1	19 Bingo Pokeno 9-10 Spades Pitty Pat 12-1	20 Word Search Tournament 9-11 Checkers	21 Phase 10 Tournament Board Games 12-1
24 Pokeno 9-10 Spades 12-1	25 Rummy 9-10 Crazy Eight 12-1	26 Let's Make a Snowman	27 Bingo Pokeno 9-10 Dominoes 12-1	28 3-13 Tournament Pitty Pat
31 Board Game Tournament	Shopping Trips 1pm to 2 pm1st Tuesday Winn Dixie2nd Tuesday Walmart3rd Tuesday Dollar General1st Thursday Majoria's2nd Thursday Social Concerns3rd Thursday Cajun Village			