

THE

MEDICAL TEAM®

> Tuesdays, & Thursdays Luling 10:00 - 10:30

WALK WITH EASE

a program for better living



MONTHLY MEETINGS AT NEW SARPY

January 3, 2023 AC Executive 11 am BOD Executive 2 pm

January 18, 2023 Advisory Council 2 pm

January 19, 2023 Finance 2 pm Board of Directors 2:30 pm

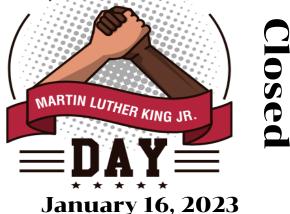
Need a Ride? Call 985-783-6683



Happy New Year Closed January 2, 2023 No Meals or Transportation

Catholic Charities Archdiocese of New Orleans Food for Seniors

Distribution January 5, 2023 7:30 am - 9:30 am Westbank Bridge Park



No Meals or Transportation



Ask A Lawyer Luling Center January 18, 2023 10:30 am



Shopping Trips 1pm to 2 pm

1st Tuesday Dollar Tree 2nd Tuesday Walmart 3rd Tuesday Dollar General 1st Thursday Majoria's 2nd Thursday Social Concerns 3rd Thursday Cajun Village

Senior Activity Center 145 Angus Drive Luling 70070

985-331-9701 Monday - Friday

8:30 am - 2:00 pm

Letitia Sandolph & Keion Smith, Managers Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
2 Sorth-We're	3 L.C.R. 9 - 11	4 Pokeno 9 - 11	5 Color by #s 9 - 11	6 WINTER Arts n Crafts 9 - 10
CLOSED	Word Search 12 - 1	Pictionary 12 - 1	Trivia 12 - 1	Bingo 12 - 1
9 Cup Game 9 - 11	10 UNO 9 - 11	11 Jenga 9 - 11	12 Spades w/Denise 9 - 11	13 January Crossword 9 - 10
Spelling Bee W/Keion 12 - 1	Phase 10 12 - 1	Rummy 12 - 1	Name that Tune 12 - 1	Pitty Pat 12 - 1
16 Sorry! we're	17 Toss n Score 9 - 11 Line Dance	18 Sketching w/Lois 9 - 11	19 <i>Crazy 8</i> <i>9 - 11</i> Table Games	20 Monopoly 9 - 11
PLOSED	W/Tisha 12-1	Rummy 12 - 1	12 - 1	Jenga 12 - 1
23 Arts n Crafts w/Maria 9 - 10	24 DOUBLE 5 GAME 9 - 11	25 Missing Game? 9 - 10 Opposite	26 Balloon Game 9 - 11	27 Winter Pictionary 9 - 11
Phase 10 12 - 1	Word Search 12 - 1	Game 12 - 1	L.C.R. 12 - 1	Bingo 12 - 1
30 Activity Meetings 9 - 10 Basketball 12 - 1	31 Birthday Treat Toss n score 12 – 1			



St. Charles Council on Aging, Inc. Administration Office



985-783-6683

Fax: 985-783-1996

April Keller, Executive Director

150 Troxclair Lane Destrehan, Louisiana 70047

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday Email: information@stcharlescoa.com Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

Home Delivered Meal Distribution Site

150 Troxclair Lane • Destrehan, LA 70047 985-783-6683
8:30 a.m. - 1:30 p.m. Monday - Friday Dasha Pierre, Manager
Participants must call if not going to be home to receive meal.

Luling Activity Center

145 Angus Drive • Luling, LA 70070 985-331-9701 8:30 a.m. - 2:00 p.m. Monday - Friday Managers, Letitia Sandolph and Keion Smith Meal reservations call before 12:30 pm for the following day.