



JULY 2022

WALK WITH EASE
a program for better living

 **Catholic Charities**
Archdiocese of New Orleans
Food for Seniors



**SOUTHEAST LOUISIANA
LEGAL SERVICES**
Free Legal Aid for Low-Income People



Tuesdays, & Thursdays
Luling 10:00 - 10:30

Distribution
July 7, 2022
7:30 am - 9:30 am
Westbank Bridge Park

Ask A Lawyer
Luling Center
20th 10:30 am



Elderly With Julie

HUMOUR

July 5th 10 - 10:30 am
Luling



Mental Health & Elderly Depression
July 13th 10 am Luling **Cassie Rogers**

Senior Activity Center

145 Angus Drive Luling 70070


985-331-9701

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keion Smith, Managers

Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Shopping Trips 1pm to 2 pm</p> <p>1st Tuesday Winn Dixie 2nd Tuesday Walmart</p> <p>3rd Tuesday Dollar General 1st Thursday Majoria's</p> <p>2nd Thursday Social Concerns 3rd Thursday Cajun Village</p>				<p>1 L.C.R. 9 - 10</p> <p><i>Crazy 8</i> 12 - 1</p> <p>Word Search 1 - 2</p>
<p>4 </p>	<p>5 3 - 13 Cards Or Spades 9 - 11</p>	<p>6 Dominoes 9 - 11</p> <p>Bingo For Gifts 12 - 1</p>	<p>7 Phase 10 9 - 10</p> <p>UNO 12 - 1</p>	<p>8 Under the Sea Arts & Crafts 9 - 11</p> <p>BOARD GAMES 12 - 1</p>
<p>11 Sketching w/ Lois 9 - 10</p> <p>Balloon Toss 11</p>	<p>12 Dominoes 9 - 11</p> <p>Frisbee Toss 11 - 12</p>	<p>13 Spades 9 - 10</p> <p>CHECKERS 12 - 1</p>	<p>14 Word Search 9 - 10</p> <p>Color by #s 11 - 12</p>	<p>15 Table Games 9 - 10</p> <p>Bingo 12 - 1</p>
<p>18 Sketching w/ Lois 9 - 10</p> <p>JENGA 11 - 12</p>	<p>19 UNO 9 - 10</p> <p>Pictionary 12 - 1</p>	<p>20 Bingo 9 - 10</p> <p>Phase 10 12 - 1</p>	<p>21 Crosswords 9 - 10</p> <p>Dominoes 12 - 1</p>	<p>22 Table Games 9 - 10</p> <p>Beach Arts & Crafts</p>
<p>25 Activity Meeting 9 - 10</p> <p>Sketching w/ Lois 11 - 12</p>	<p>26 Pictionary 9 - 10</p> <p>BOARD GAMES 12 - 1</p>	<p>27 Color by #s 9 - 10</p> <p>Client's Game of Choice 12 - 1</p>	<p>28 Dominoes 9 - 10</p> <p>UNO 12 - 1</p>	<p>29 </p>

MONTHLY MEETINGS NEW SARPY

July 5, 2022

AC Executive 11 am BOD Executive 2 pm

July 20, 2022

Advisory Council 2 pm

July 21, 2022

Finance 2 pm Board of Directors 2:30 pm



Senior Social Hour



St. Charles Parish

LIBRARY

July 11th @ Noon

Coffee or Tea

Norco Branch
590 Apple Street
Norco, LA 70079
985.764.6581
www.myscpl.org

Games, Snacks, and Conversation.



SMP

Senior Medicare Patrol

Resource Center



ADVISEWELL

Durable Medical Equipment Fraud

July 15th 10 am Luling

Brenda Melara

Community Outreach Specialist



**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director



150 Troxclair Lane
Destrehan, Louisiana 70047

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

Home Delivered Meal Distribution Site

626 Pine Street/Suite B

985-783-6683

8:30 a.m. - 1:30 p.m. Monday - Friday

Dasha Pierre, Manager

Participants must call if not going to be home
to receive meal.

Luling Activity Center

145 Angus Drive

985-331-9701

8:30 a.m. - 2:00 p.m. Monday - Friday

Managers, Letitia Sandolph and Keion Smith
Meal reservations call before 12:30 pm for
the following day.