



# JULY 2024

**WE ARE CLOSED ON  
INDEPENDENCE DAY  
HAVE A HAPPY 4TH OF JULY!**



## WALK WITH EASE

a program for better living

**Tuesdays & Thursdays**

**New Sarpy Center 9:15 am to 10:00 am**

**Luling Center 10:15 am to 10:45 am**

**Seniors Preparing for Hurricane Season**

**July 9, 2024**

**Lauralee Adams, Business Development**

## FEEDING AMERICA® DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY  
LULING, LA 70070

**JULY 10, 2024**

**7:30 AM - 9:00 AM**



**SOUTHEAST LOUISIANA  
LEGAL SERVICES**  
Free Legal Aid for Low-Income People

**Ask A Lawyer  
July 17, 2024  
10:30 am  
Luling Center**



## Domestic Violence & Elder Abuse

**July 10, 2024**

**New Sarpy 10:00 am Luling 11:30 am**

**Toll Free Crisis Line 844-217-0596**



## Durable Medical Equipment

**Fraud Alert**

**July 19, 2024**

**New Sarpy 10:00 am**

**Sandra Coburn**

**Community Outreach Specialist**

## MONTHLY MEETINGS

**July 17, 2024**

**Advisory Council 9:30 am**

**July 18, 2024**

**Finance 8:45 am**

**Board of Directors 9:30 am**

282 Judge Edward Dufresne Parkway  
Luling, LA 70070

# Luling Activity Center

**Monday - Friday 8:30 am - 2:00 pm**

**Lunch Served 11:00 am**

**Letitia Sandolph, Manager**

**Call Meal Reservations Before 12:30 pm Day Before**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1.</b> <b>Bingo</b> 9:30 - 10:30  <b>Pokeno</b> 12:30 - 1:30	<b>2.</b> <b>Rummy</b> 9:30 - 10:00  <b>Corn Hole</b> 12:30 - 1:30	<b>3.</b> <b>Sing Day</b> 9:30 - 10:30  <b>Celebration Day</b> 12:00 - 1:30		<b>5.</b>  <b>Table Games</b>
<b>8.</b> <b>Bingo Tournament</b> 9:30 - 1:30	<b>9.</b> <b>Word Search</b> 9:30 - 10:00  <b>Puzzles</b> 12:00 - 1:30	<b>10.</b> <b>Battle</b> 9:30 - 10:30  <b>Spelling Words</b> 12:00 - 1:30	<b>11.</b> <b>Rummy</b> 9:30 - 10:00  <b>Jenga</b> 12:30 - 1:30	<b>12.</b>  <b>Table Games</b>
<b>15.</b> <b>Arts n Crafts</b> 9:30 - 10:30  <b>Pokeno</b> 12:00 - 1:30	<b>16.</b> <b>Pictionary</b> 9:30 - 10:00  <b>Color By 11</b> 12:00 - 1:30	<b>17.</b> <b>Name that Tune</b> 9:30 - 10:30  <b>Trivia Day</b> 12:00 - 1:30	<b>18.</b> <b>Kings Corner</b> 9:30 - 10:00  <b>Go Fish</b> 12:30 - 1:30	<b>19.</b>  <b>Table Games</b>
<b>22.</b> <b>Pokeno</b> 9:30 - 10:30  <b>Bingo</b> 12:00 - 1:30	<b>23.</b> <b>Old Folk Talk</b> 9:30 - 10:00  <b>Dancing</b> 12:00 - 1:30	<b>24.</b> <b>Match Game</b> 9:30 - 10:30  <b>Sports Trivia</b> 12:00 - 1:30	<b>25.</b> <b>Corn Hole</b> 9:30 - 10:00  <b>Ring Toss</b> 12:30 - 1:30	<b>28.</b>  <b>Table Games</b>
<b>29.</b> <b>Activity Talk</b> 9:30 - 10:30  <b>Bingo</b> 12:30 - 1:30	<b>30.</b> <b>Bean Bag</b> 9:30 - 10:30  <b>Word Search</b> 12:30 - 1:30	<b>31. Birthday Celebration</b>  <b>Bingo</b> 9:30 - 1:30	<b>Shopping Trips</b>	
			Tuesdays	Thursdays
			1st Dollar Tree	1st Majoria's
			2nd Walmart	2nd Winn Dixie
			3rd Dollar General	3rd Goodwill


# New Sarpy Activity Center

**Monday - Friday 8:30 am - 2:00 pm**

**Lunch Served 11:00 am**

**Deneen Mott, Manager**

**Call Meal Reservations Before 12:30 pm Day Before**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1. <b>Monopoly</b> 9:30 - 10:30  3 to 13 12:00 - 1:30	2. <b>Puzzles</b> 10:15 - 10:45  <b>Pitty Pat</b> 12:00 - 1:30	3. <b>Arts &amp; Crafts</b> 9:30 - 10:30  <b>4th of July Party</b> 12:00 - 1:30		5. <b>Table Talk</b> 9:30 - 10:30  <b>Bingo</b> 12:00 - 1:30
8. <b>Checkers</b> 9:30 - 10:30  <b>Cup Stack</b> 12:00 - 1:30	9. <b>Sorry</b> 10:15 - 10:45  <b>UNO</b> 12:00 - 1:30	10. <b>Go Fish</b> 9:30 - 10:30  <b>Dominoes</b> 12:00 - 1:30	11. <b>Old Maid</b> 10:15 - 10:45  <b>Table Games</b> 12:00 - 1:30	12. <b>Scrabble</b> 9:30 - 10:30  <b>Hot Ball</b> 12:00 - 1:30
15. <b>Blackjack</b> 9:30 - 10:30  <b>Match Game</b> 12:00 - 1:30	16. <b>Pitty Pat</b> 10:15 - 10:45  <b>Bean Bag</b> 12:00 - 1:30	17. <b>Jenga</b> 9:30 - 10:30  <b>Pokeno</b> 12:00 - 1:30	18. <b>Pictionary</b> 10:15 - 10:45  3 to 13 12:00 - 1:30	19. <b>Poker</b> 9:30 - 10:45  <b>Line Dance</b> 12:00 - 1:30
22. <b>Crazy 8s</b> 9:30 - 10:30  <b>Color By #</b> 12:00 - 1:30	23. <b>Monopoly</b> 10:15 - 10:45  <b>Word Search</b> 12:00 - 1:30	24. 3 to 13 9:30 - 10:30  <b>Bean Bag</b> 12:00 - 1:30	25. <b>Rummy</b> 10:15 - 10:45  <b>Hot Ball</b> 12:00 - 1:30	26. <b>Arts &amp; Craft</b> 9:30 - 10:45  <b>Scrabble</b> 12:00 - 1:30
29. <b>Activity Meeting</b> 9:30 - 10:30  <b>Connect Four</b> 12:00 - 1:30	30. <b>Tic Tac Toe</b> 10:15 - 10:45  <b>Go Fish</b> 12:00 - 1:30	31. <b>Birthday Celebration Dance Party</b>	<b>Shopping Trips</b>	
			Tuesdays	Thursdays
			1st Family Dollar	1st Walmart
			2nd Norco Fresh	2nd Dollar Tree
			3rd Winn Dixie	3rd River Road



**St. Charles Council on Aging, Inc.  
Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070

985-783-6683  
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

**Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

**Luling Activity Center**

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

**Home Delivered Meal Distribution Site**

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

**New Sarpy Activity Center**

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.