



MARCH 2023



Catholic Charities
Archdiocese of New Orleans

Food for Seniors

Distribution

March 2, 2023

7:30 am - 9:30 am

Westbank Bridge Park

**DAYLIGHT
SAVING TIME**

SPRING FORWARD

March 12, 2023



**MONTHLY MEETINGS
NEW SARP**

**March 15, 2023
Advisory Council 2 pm**

**March 16, 2023
Finance 2 pm
Board of Directors
2:30 pm**



2023

Happy St. Patrick's Day!
March 17, 2023

**ST. CHARLES COUNCIL ON AGING, INC.
ANNUAL GENERAL MEMBERSHIP DRIVE 2023
March 1, 2023 thru June 8, 2023**

Membership is open to persons 18 years of age or older,
residents of St. Charles Parish and interested in the
welfare of senior citizens.

Membership is not required for citizens 60+ to participate in
the services provided by the Council on Aging.
It is not necessary to renew membership each year.

There is no fee.

Membership applications are available at
Senior Activity Centers
Administration Office

website www.stcharlescoa.com

Contact April Keller, Executive Director
(985) 783-6683

email information@stcharlescoa.com

if you have any questions or want additional information.

AARP

Tax-Aide™

February 1, 2023 - April 12, 2023

Free In-Person Tax Preparation Service

Any Age Especially 50 or Older

**River Parishes
Community College
United Way of
St. Charles Campus
13145 Highway 90
Boutte, LA 70039
Call 504-507-0642 to
Schedule an Appointment**

**St. Charles Parish
East Regional Library
160 W. Campus Drive
Destrehan, LA 70047
Call 985-240-2285 to
Schedule an Appointment**

Appointments can also be scheduled by going to AARP Foundation Tax-Aides Locator

**Farmer's Market
Coupon Applications
9:00 a.m. - 2:00 p.m.
Starting March 2, 2023
150 Troxclair Lane
Destrehan, LA 70047**

*Applications will also be taken at
The German Coast Farmers' Market
Westbank Bridge Park
Wednesdays Noon - 3:30 p.m.
Starting March 1, 2023*

Activities at Luling Center

Ochsner Health Plan Presents



BINGO HOUR

at the Luling Activity Center

MARK YOUR CALENDARS!

First Wednesday of every month
10:30 am to 11:30 am

Bingo! • Prizes! • Fun!

Luling Activity Center
145 Angus Drive Luling, LA 70070



Brought to you by Ochsner Health Plan. www.OchsnerHealthPlan.com

Colorectal Cancer Awareness

March 7, 2023 10 am

Julie Henry
Business Development

THE
MEDICAL
TEAM®



WALK WITH EASE

a program for better living

Tuesdays, & Thursdays
10:00 am - 10:30 am



A CHENMED COMPANY
Sponsored

March 8, 2023



10:30 - 11:30



SOUTHEAST LOUISIANA
LEGAL SERVICES

Free Legal Aid for Low-Income People

Ask A Lawyer

March 15, 2023 10:30 am

Preventing Identity Theft

March 22, 2023 10:30 am

Brenda Melara



SMP

Senior Medicare Patrol

Resource Center

Community Outreach Specialist



Shopping Trips 1pm to 2 pm

1st Tuesday Dollar Tree

1st Thursday Majoria's

2nd Tuesday Walmart

2nd Thursday Social Concerns

3rd Tuesday Dollar General

3rd Thursday Cajun Village



March 17, 2023 10:30

Senior Activity Center

145 Angus Drive Luling 70070

985-331-9701

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keion Smith, Managers

Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Crossword 9:30-10:30 Trivia 12:30-1:30	2 Rummy 9:30-10:30 Jenga 12:30-1:30	3 500 Card w/Frances 9:30-10:30 Pity Pat 12:30-1:30
6 Phase 10 9:30-10:30 Cup Game 12:30-1:30	7 Crazy 8 w/Cenetta 9:30-10:30 UNO 12:30-1:30	8 Bingo 10:30-11:30 & Pokeno 12:30-1:30 With Letitia	9 Pictionary 9:30-10:30 <i>Word Search</i> 12:30-1:30	10 Table Games 9:30-10:30 Spades w/ Denise 12:30-1:30
13 Toss n Score 9:30-10:30 LINE DANCE w/ Keion 12:30-1:30	14 Monopoly 9:30-10:30 Checkers 12:30-1:30	15 Bingo 9:30-10:30 Pokeno 12:30-1:30	16 Old Maid 9:30-10:30 Table Bowling 12:30-1:30	17  Green Shirt Day Sherbet & Sprite Treat 12:30-1:30
20 Arts n Crafts w/Marie 9:30-10:30 Spelling Bee w/ Keion 12:30-1:30	21 L.C.R. 9:30-10:30 Reading Books 12:30-1:30	22 Old Folks Talk 9:30-10:30 Name That Tune 12:30-1:30	23 Coloring #'s 9:30-10:30 Guess Colors 12:30-1:30	24 3 to 13 9:30-10:30 Crazy 8 12:30-1:30
27 Activity Meeting 9:30-10:30 Music Day 12:30-1:30	28 Sketching w/ Lois 9:30-10:30 Birthday Cake	29 Blackout Bingo 9:30-10:30 & Pokeno 12:30-1:30	30 Brain Games 9:30-10:30 Guess Names 12:30-1:30	31 Table Games



St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director



Find us on
Facebook

150 Troxclair Lane
Destrehan, Louisiana 70047

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

Home Delivered Meal Distribution Site

150 Troxclair Lane • Destrehan, LA 70047
985-783-6683

8:30 a.m. - 1:30 p.m. Monday - Friday

Dasha Pierre, Manager

Participants must call if not going
to be home to receive meal.

Luling Activity Center

145 Angus Drive • Luling, LA 70070
985-331-9701

8:30 a.m. - 2:00 p.m. Monday - Friday

Managers, Letitia Sandolph and Keion Smith
Meal reservations call before 12:30 pm
for the following day.