



November 2023



MONTHLY MEETINGS

November 15, 2023

Advisory Council 9:30 am

November 16, 2023

Finance 8:45 am

Board of Directors 9:30 am

282 Judge Edward Dufresne Parkway
Luling, LA 70070

Grand Opening

YOU'RE INVITED



Starts
10:30 am
Until 1:00 pm

November
3rd

282 Judge Edward
Dufresne Parkway
Luling, LA 70070

RSVP 985-783-6683



Buy
this bag
and
we get
\$1



Every \$2.99
Community Bag
sold at our
Winn-Dixie this
month donates \$1
to our organization.

St. Charles Council on Aging, Inc.
Home Delivery

November 2023

Winn-Dixie, 12519 Airline Highway
Destrehan, LA

Winn-Dixie.
Community Bag Program
SEG.2GIVELocal.COM



Join us for
Thanksgiving
Meals for Seniors

In coordination with



Tuesday, November 14, 2023
Lunch served at 11:00 a.m.

Menu



- Roasted turkey and gravy
- Macaroni au gratin
- Honey glazed carrots and peas



Luling Activity Center:
282 Judge Edward Dufresne Pkwy.
Luling, LA 70070

- Cornbread dressing
- Cranberry orange sauce
- Sweet potato bread pudding with a caramel drizzle



Please reserve your place by calling St. Charles Council on Aging (985) 783-6683.
Limited space available. Reservations will be on a first-come, first-served basis.

Activities at Luling Center



Catholic Charities
Archdiocese of New Orleans

Food for Seniors

Distribution

282 Judge Edward Dufresne Parkway
Luling, LA 70070

November 2, 2023

7:30 am - 9:00 am

Identifying the signs of diabetes

November 3, 2023 10 am

Lauralee Adams
Business Development

WALK WITH EASE

a program for better living

Tuesdays, & Thursdays
10:00 am - 10:30 am

THE
MEDICAL
TEAM®



SOUTHEAST LOUISIANA
LEGAL SERVICES

Free Legal Aid for Low-Income People

Ask A Lawyer
November 15, 2023
10:30 am
Luling Center

Tis the Season for Holiday Scams



SMP

Senior Medicare Patrol
Resource Center

November 29, 2023 10:30 am

Brenda Melara

Community Outreach Specialist

ADVISEWELL

Shopping Trips 1pm to 2 pm

1st Tuesday Dollar Tree

2nd Tuesday Walmart

3rd Tuesday Family Dollar

1st Thursday Majoria's

2nd Thursday Social Concerns

3rd Thursday Goodwill

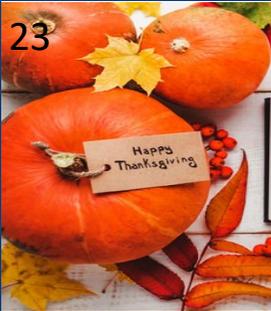
Senior Activity Center

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keion Smith, Managers

Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>What are you thankful for?</i></p>		<p>1 9:30-10:30 Dominoes 12-1:30 Name that Tune</p>	<p>2 9:30-10:30 Crazy 8 12-1:30 Solitaire</p>	<p>3 9:30-10:30 Jersey Day 12-1:30 Table Games</p>
<p>6 9:30-10:30 Donut Day 12-1:30 Checkers</p>	<p>7 9:30-10:30 LCR 12-1:30 Black Jack</p>	<p>8 9:30-10:30 Spades 12-1:30 3 to 13</p>	<p>9 9:30-10:30 Crossword 12-1:30 U N O</p>	<p>10 9:30-10:30 LA Trivia 12-1:30 Table Games</p>
<p>13 9:30-10:30 Be Kind Day 12-1:30 Rummy</p>	<p>14 </p>	<p>15 9:30-10:30 Cookie Day 12-1:30 Tic Tac Toe</p>	<p>16 9:30-10:30 Pitty Pat 12-1:30 BOURRÉ</p>	<p>17 9:30-10:30 PJ Day Sip n Paint</p>
<p>20 9:30-10:30 Arts n Crafts 12-1:30 3 to 13</p>	<p>21 9:30-10:30 Monopoly 12-1:30 Ginger Cookies</p>	<p>22 9:30-10:30 Patti Pies 12-1:30 Music Day</p>	<p>23 </p>	<p>24 </p>
<p>27 9:30-10:30 Go Fish 12-1:30 Old Folk Talk</p>	<p>28 9:30-10:30 Slap Jack 12-1:30 Bingo</p>	<p>29 Table Games</p>	<p>30 9:30-10:30 Drawing Game 12-1:30 Cake Day</p>	<p></p>



**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

Luling Activity Center

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.