



# December 2024



Join us for,

**WALK WITH EASE**  
a program for better living



Tuesdays & Thursdays

New Sarpy Center 9:15 am to 10:00 am

Luling Center 10:15 am to 11:00 am

Monthly Education:

Holiday Blues

December 3rd, 2024

Lauralee Adams, Community Liason



**entergy**

Entergy's  
**Weatherization Program**

Luling Center

December 4th, 2024

10:00 am



**FEEDING  
AMERICA**  
**DISTRIBUTION**

282 Judge Edward Dufresne Parkway  
Luling, LA 70070

**December 5, 2024**

**7:00 AM - 8:45 AM**

**Road Trip!**

**golden  
corral**

3920 Williams Blvd, Kenner, LA 70065

Wednesday, December 11th, 2024

Departing New Sarpy Center at  
10:30 am & returning at 1:00 pm

Sign up on trip reservations sheet!!!

Limited Seating



**LIBRARY**

**Arts & Crafts**

New Sarpy Center  
December 13th, 2024  
10:00 am

Luling Center  
December 16th, 2024  
10:00 am



**FOR RESERVATIONS  
CALL 985-783-6683**

**DECEMBER 17TH, 2024**

**10:00 AM**

**282 JUDGE EDWARD  
DUFRESNE PKWY  
LIMITED SEATING**



**SOUTHEAST LOUISIANA  
LEGAL SERVICES**  
Free Legal Aid for Low-Income People

**Ask a Lawyer**

**December 18th, 2024**

**10:30 am**

**New Sarpy**



**SMP**  
Senior Medicare Patrol  
Resource Center

**ADVISEWELL**

**Medicare Card Scams**

**December 20th, 2024**

**Luling 10:00 am**

**Sandra Coburn  
Community Outreach Specialist**

**WE WILL BE**

**CLOSED**

**FOR THE  
Holidays!**

**DECEMBER 24TH & 25TH  
DECEMBER 31ST & JANUARY 1ST**

# Luling Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. Spades 9:30—10:30</p> <p>Bingo 12:00—1:30</p>	<p>3. Dominoes 10:15—11:00</p> <p>Puzzle 12:00—1:30</p>	<p>4. Spades 9:30—10:30</p> <p>LCR 12:00—1:30</p>	<p>5. Checkers 10:15—11:00</p> <p>Sudoku 12:00—1:30</p>	<p>6. Christmas Crafts 9:30—11:00</p> <p>Connect Four 12:30—1:30</p>
<p>9. Black Jack 9:30—11:00</p> <p>Bingo 12:00—1:30</p>	<p>10. Checkers 10:15—11:00</p> <p>Table Talk 12:00—1:30</p>	<p>11. UNO 9:30—10:45</p> <p>End Zone 12:00—1:30</p>	<p>12. Parish President Christmas Social</p>	<p>13. Table Games</p>
<p>16. Ball Toss 9:30—11:00</p> <p>Bingo 12:00—1:30</p>	<p>17. Ho Ho Ho Disco Christmas</p>	<p>18. Dominoes 10:15—11:00</p> <p>Christmas Crafts 12:00—1:30</p>	<p>19. 3 to 13 10:15—11:00</p> <p>Bean Toss 12:00—1:30</p>	<p>20. Holiday Party &amp; Music Day 10:00—1:30</p>
<p>23. Activity Meeting 9:30—10:30</p> <p>Bingo 12:00—1:30</p>	<p><i>Closed</i> <b>Christmas Eve &amp; Christmas Day</b> December 24 - 25</p>		<p>26. Dominoes 10:15—11:00</p> <p>Table Talk 12:00—1:30</p>	<p>27. Birthday Celebration</p>
<p>30. Crossword 9:30—11:00</p> <p>Bingo 12:00—1:30</p>	<p><b>CLOSED</b> FOR <b>NEW YEAR'S EVE</b></p>	<p><i>Merry Christmas</i></p>		

SHOPPING

DAY

## Tuesdays

1st Walmart

2nd Cajun Village

3rd Closed

## Thursdays

1st Majoria's

2nd Closed

3rd Dollar Tree

# New Sarpy Activity Center

**Monday - Friday 8:30 am - 2:00 pm**

**Lunch Served 11:00 am**

**Deneen Mott, Manager**

**Call Meal Reservations Before 12:30 pm Day Before**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2.</b> Spades 9:30—10:30  Pitty Pat 12:00—1:30	<b>3.</b> Dominoes 10:15—11:00  Puzzle 12:00—1:30	<b>4.</b> Bingo 9:30—11:00  LCR 12:00—1:30	<b>5.</b> Christmas Crafts 10:15—11:00  Sudoku 12:00—1:30	<b>6.</b> Music Day 9:30—11:00  Connect Four 12:30—1:30
<b>9.</b> Black Jack 9:30—11:00  3 to 13 12:00—1:30	<b>10.</b> Checkers 10:15—11:00  Table Talk 12:00—1:30	<b>11.</b> UNO 9:30—10:45  End Zone 12:00—1:30	<b>12.</b> Parish President Christmas Social	<b>13.</b> Table Games
<b>16.</b> Ball Toss 9:30—11:00  Jenga 12:00—1:30	<b>17.</b> Ho Ho Ho Disco Christmas	<b>18.</b> Bingo 9:30—11:00  Christmas Crafts 12:00—1:30	<b>19.</b> 3 to 13 10:15—11:00  Bean Toss 12:00—1:30	<b>20.</b> Holiday Party & Music Day 10:00—1:30
<b>23.</b> Activity Meeting 9:30—10:30  Old Folks Talk 12:00—1:30	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <i>Closed</i>  <b>Christmas Eve &amp; Christmas Day</b>  <b>December 24 - 25</b> </div>		<b>26.</b> Dominoes 10:15—11:00  Table Talk 12:00—1:30	<b>27.</b> Music Day & Birthday Celebration
<b>30.</b> Crossword 9:30—11:00  Blackjack 12:00—1:30	 <div style="text-align: center;"> <b>CLOSED</b>                      FOR  <b>NEW YEAR'S EVE</b> </div>	<div style="text-align: center;">  </div>		



## Tuesdays

**1st Family Dollar**

**2nd Norco Fresh Market**

**3rd Closed**

## Thursdays

**1st Walmart**

**2nd Closed**

**3rd River Road Market**



# **Monthly Meetings:**

## **Advisory Council**

Executive Committee

December 2, 2024 - 10:30 am

## **Board of Directors**

Executive Committee

December 3, 2024 - 9:30 am

## **Standing Committee**

December 13, 2024

Center Operations 9:30 am, Transportation 10:15 am

Personnel 11:00 am, Finance 11:45 am

## **Advisory Council & Board of Directors**

December 19, 2024 - 9:30 am

## **St. Charles Council on Aging, Inc.**

### **Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070



985-783-6683

Fax: 985-783-1996

Mason Graham, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

### **Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

### **Home Delivered Meal Distribution Site**

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

### **Luling Activity Center**

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

### **New Sarpy Activity Center**

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.