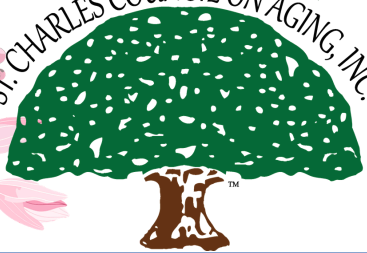


ST. CHARLES COUNCIL ON AGING, INC.



APRIL 2026

**Canvas
Carousel**



*Instructor Led
Painting Class*



April 1, 2026
Luling Center - 10:00 a.m.
April 29, 2026
New Sarpy Center - 10:00 a.m.

**FEEDING
AMERICA**
DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070

April 2, 2026
7:00AM - 9:00AM

CLOSED
FOR
Good Friday



APRIL 3, 2026



ANEW FITNESS™
— LIFE THROUGH MOVEMENT —

April 6, 2026
Chair Yoga
Luling Center - 10:00 AM
New Sarpy Center - 10:00 AM

**LSU
AgCenter**
Research & Extension

Designing Container
Flower Gardens

April 7, 2026
New Sarpy - 10:00 AM
April 22, 2026
Luling - 10:00 AM



WALK WITH EASE
a program for better living

Tuesdays and Thursdays
New Sarpy Center
9:15am - 10:00am
Luling Center
10:15am - 11:00am

Monthly Education
You Can be an Organ Donor at Any Age!
April 9, 2026
Lauralee Adams, Community Liaison

St. Charles Parish
LIBRARY
Arts & Crafts

New Sarpy Center
April 10, 2026
10:00 AM
Luling Center
April 13, 2026
10:00 AM




**SOUTHEAST LOUISIANA
LEGAL SERVICES**
Free Legal Aid for Low-Income People

Ask a Lawyer
April 15, 2026
10:30am
Luling Center

St. Charles Parish
LIBRARY
"AGING SMART WITH
SMARTPHONES; CELLPHONE
DIGITAL LITERACY CLASS"

APRIL 17, 2026
LULING CENTER - 10:00 AM
APRIL 27, 2026
NEW SARPY CENTER - 10:00 AM

**Do I Really Need
These Test?**



SMP
Senior Medicare Patrol **ADVISEWELL**
Preventing Medicare Fraud

Luling Center
April 20, 2026
10:00 AM



**BAYOU - RIVER DISTRICT
SENIOR GAMES 2026**

Schedule on the back!
Assumption, Lafourche, St. Charles,
St. James, St. John, and Terrebonne
Parishes

**ST. JOSEPH
HOSPICE**
Mother's Day Pictures!
April 24, 2026
Luling Center - 10:00 AM

Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Cotton Scoop 9:30 - 11:00 Flower Paint 10:00 - 11:00	2. Dropster 9:30 - 10:30 Crossword 11:30 - 12:30	3. Closed for 
6. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	7. Pass the Parcel 9:30 - 10:00 Cornhole 10:00 - 11:00	8. Easter Stencil Painting 10:00 - 11:00	9. 3 to 13 9:30 - 10:30 Family Feud 12:00 - 1:00	10. 3 to 13 9:30 - 10:30 Dice Stack 12:00 - 1:00
13. Name the Tune 9:30 - 10:30 Bingo	14. Memory Tray 9:30 - 10:30 Cornhole 12:00 - 1:00	15. Sticker by Number 10:00 - 11:00	16. Shuffleboard 9:30 - 10:30 Pitty Pat 12:00 - 1:00	17. Birthday Celebration 
20. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	21. Dropster 9:30 - 10:30 Beat the Clock 12:00 - 1:00	22. Sticker by Number 10:00 - 11:00	23. Pitty Pat 9:30 - 10:00 Crossword 10:30 - 11:00	24. Cup & Roll 9:30 - 10:30 Bingo 12:00 - 1:00
27. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	28. Cup Pyramid 9:30 - 10:30 Pitty Pat 12:00 - 1:00	29. 3D Flower Spring Paint- ing 10:00 - 11:00	30. 3 to 13 9:30 - 10:30 Dropster 12:00 - 1:00	

New Sarpy Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Painting A/C 10:00 - 11:00 Yahtzee 12:00 - 1:00	2. Dominoes 10:00 - 11:00 Spades 12:00 - 1:00	3. Closed for <i>Good Friday</i> 
6. 3 to 13 9:30 - 10:30 Ring Toss 12:00 - 1:00	7. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	8. Spring A/C 10:00 - 11:00 Grab Ball 12:00 - 1:00	9. Dominoes 10:00 - 11:00 Bean Bag Toss 12:00 - 1:00	10. Library A/C 10:00 - 11:00 UNO 12:00 - 1:00
13. 3 to 13 9:30 - 10:30 Crazy 8 12:00 - 1:00	14. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	15. Flower A/C 10:00 - 11:00 Spades 12:00 - 1:00	16. Dominoes 10:00 - 11:00 Old Maid 12:00 - 1:00	17. Table Games & Clients Choice
20. 3 to 13 9:30 - 10:30 Scrabble 12:00 - 1:00	21. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	22. Recycle A/C 10:00 - 11:00 Monopoly 12:00 - 1:00	23. Dominoes 10:00 - 11:00 UNO 12:00 - 1:00	24. Music Day 🎵 
27. 3 to 13 9:30 - 10:30 Activities Meeting	28. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	29. Recycle A/C 10:00 - 11:00 Pitty Pat 12:00 - 1:00	30. Dominoes 10:00 - 11:00 Pitty Pat 12:00 - 1:00	

BAYOU - RIVER DISTRICT SENIOR GAMES

Creole Lanes
1371 West Tunnel Blvd., Houma, LA 70360
April 8, 2026

BOWLING DOUBLES Check-in all ages 9:30 am Start Time 10:00 am
BOWLING MIXED DOUBLES Check-in all ages 12:30 pm Start Time 1:00 pm
April 9, 2026

BOWLING SINGLES Check-in all ages 9:30 am Start Time 10:00 am
Lunch Not Provided

Houma Municipal Auditorium
880 Verret Street, Houma, LA 70360
April 14, 2026

Check-in all ages 9:00 am **SHUFFLEBOARD** **Events 9:30 am to 2:00 pm**

Paulina Park
3360 Sugarhouse Street, Paulina, LA 70763

Check-in all ages 9:00 am **April 16, 2026** **Events 9:30 am to 2:00 pm**
1 MILE WALK **SOFTBALL ACCURACY** **FOOTBALL ACCURACY** **SOFTBALL DISTANCE**

Regala Park
200 Regala Park Road, Reserve, LA 70084
April 21, 2026

Check-in all ages 9:00 am **CORNHOLE** **Events 9:30 am to 2:00 pm**

Chackbay Fair Grounds
346 LA 304, Thibodaux, LA 70301

Check-in all ages 9:00 am **April 23, 2026** **Events 9:30 am to 2:00 pm**
WASHER PITCH **BAIT CASTING** **BALLOON BURST**

Edward A. Dufresne Community Center
274 Judge Edward Dufresne Parkway, Luling, LA 70070

Check-in all ages 9:00 am **April 30, 2026** **Events 9:30 am to 2:00 pm**
DISCUS **JAVELIN** **SHOT PUT** **BEANBAG BASEBALL**

St. Charles Council on Aging, Inc. **Administration Office**

April Keller, Executive Director

282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070

985-783-6683
Fax: 985-783-1996

Victoria Ozier, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday
Reservations for Transportation must be called in the day before 1:30 pm.

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday
Participants must call if not going to be home to receive meal.

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday
Meal reservations call before 12:30 pm for the following day.

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047
8:30 a.m. - 2:00 p.m. Monday - Friday
985-603-4209
Meal reservations call before 12:30 pm for the following day.