

September 2025



Newsletter

**FEEDING  
AMERICA®**  
DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY  
LULING, LA 70070

**SEPTEMBER 4, 2025**  
**7:00AM - 9:00AM**

**Ask A Lawyer**



SOUTHEAST LOUISIANA  
**LEGAL SERVICES**  
Free Legal Aid for Low-Income People

**September 17, 2025**

**10:30am**

**New Sarpy Center**

**Michele Stross**



ADVISEWELL

**Home Health & Hospice**

**Red Flags**

**September 19, 2025**

**New Sarpy Center**

**10:00am**

**Sandra Coburn**  
**Community Outreach Specialist**



★ **HAPPY** ★

*Labor Day*  
*September 1, 2025*

**WE ARE CLOSED**

No Meals or Transportation Provided



**Medicare Annual  
Enrollment Period**

**Luling Center**  
**September 8, 2025**  
**10:00am to 11:00am**

**New Sarpy Center**  
**September 22, 2025**  
**10:00am to 11:00am**

**NEED A RIDE**



**Call 985-783-6683**



2222 Clearview Pkwy Suite  
107, Metairie, LA 70001

Thursday, September 25, 2025

10:30am Luling Center Departure

1:30pm Return

Limited Seating

Sign up on trip reservation sheet



**Tuesdays and Thursdays**

**New Sarpy Center**

**9:15am - 10:00am**

**Luling Center**

**10:15am - 11:00am**

**Monthly Education**

**Fall Prevention**

**September 11, 2025**

Lauralee Adams, Community Liaison



**Arts & Crafts**

**New Sarpy Center**  
**September 12, 2025**  
**10:00am**

**Luling Center**  
**September 15, 2025**  
**10:00am**



**Grief Management**

**Matha Ruiz, Krishna Rosales**

**September 10, 2025**

**New Sarpy Center 10:00am**

**Luling Center 11:30am**



**Vaccine Clinic**

**September 26, 2025**

**Luling Center 9:00 am**

**New Sarpy Center 11:00 am**



\* Flu  
\* RSV  
\* Shingles  
\* Pneumonia  
\* Tetanus

To sign up, please call the center  
by September 22, 2025

# Luling Activity Center

**Monday - Friday 8:30 am - 2 pm    Lunch Served 11:00am**

**Marcia Lumar, Manager**

**Call Meal Reservations Before 12:30 Day Before**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 	<b>2</b> <b>Cornhole</b> <b>10:00 - 11:00</b> <b>Movie Day</b> <b>12:00 - 1:00</b>	<b>3</b> <b>Baseball Caps Design</b> <b>10:00 - 11:00</b>	<b>4</b> <b>Pitty Pat</b> <b>10:00 - 11:00</b>	<b>5</b> <b>3 to 13</b> <b>9:30 - 11:00</b> <b>Hot Ball</b> <b>12:00 - 1:00</b>
<b>8</b> <b>Bingo</b> <b>12:00 - 1:30</b>	<b>9</b> <b>Cross Word</b> <b>9:30 - 10:00</b>	<b>10</b> <b>Heart Flower Craft</b> <b>Movie</b> <b>12:00 - 1:30</b>	<b>11</b> <b>3 to 13</b> <b>9:30 - 10:00</b>	<b>12</b> <b>Pitty Pat</b> <b>9:30 - 11:00</b> <b>Bean Toss</b> <b>12:00 - 1:00</b>
<b>15</b> <b>Bingo</b> <b>12:00 - 1:30</b>	<b>16</b> <b>Cornhole</b> <b>9:30 - 10:30</b>	<b>17</b> <b>Movie</b> <b>10:00 - 11:00</b> <b>Ring Toss</b> <b>12:00 - 1:00</b>	<b>18</b> <b>Shuffleboard</b> <b>9:30 - 10:00</b> <b>Pitty Pat</b> <b>10:30 - 11:00</b>	<b>19</b> <b>Dropster</b> <b>9:30 - 10:30</b>
<b>22</b> <b>3 to 13</b> <b>9:30 - 10:30</b> <b>Bingo</b> <b>12:00 - 1:00</b>	<b>23</b> <b>Dropster</b> <b>9:30 - 10:00</b> <b>Crossword</b> <b>9:30 - 11:00</b>	<b>24</b> <b>Fleur De Lis Painting</b> <b>9:30 - 11:30</b>	<b>25</b> <b>Shuffleboard</b> <b>9:30 - 10:00</b> <b>Cornhole</b> <b>9:30 - 10:00</b>	<b>26</b> <b>Birthday Celebration</b> 
<b>29</b> <b>3 to 13</b> <b>9:30 - 10:30</b> <b>Bingo</b> <b>12:00 - 1:00</b>	<b>30</b> <b>Cornhole</b> <b>9:30 - 10:00</b> <b>Hot Ball</b> <b>12:00 - 1:00</b>	<b>Luling Shopping Day</b>		
		<b>Tuesday</b>	<b>Thursday</b>	
		<b>1st Dollar General</b>	<b>1st Majoria's</b>	
		<b>2nd Cajun Village</b>	<b>2nd River Road Market</b>	
		<b>3rd Dollar Tree</b>	<b>3rd Walmart</b>	

# New Sarpy Activity Center

**Monday - Friday 8:30 am - 2 pm    Lunch Served 11:00am**

**Deneen Mott, Manager**

**Call Meal Reservations Before 12:30 Day Before**

Monday	Tuesday	Wednesday	Thursday	Friday
1. 	2. Bingo 12:00 - 1:00	3. Crazy 8 9:30 - 10:30 Plate craft 12:00 - 1:00	4. Poker 12:00 - 1:00	5. Puzzle 9:30 - 10:30 Jenga 12:00 - 1:00
8. Spades 9:30 - 10:30 Dominoes 12:00 - 1:00	9. Bingo 12:00 - 1:00	10. Checkers 9:30 - 10:30 Candy Dish Craft 12:00 - 1:00	11. LCR 12:00 - 1:00	12. <b>Music Day</b>
15. Corn Hole 9:30 - 10:30 3 to 13 12:00 - 1:00	16. Bingo 12:00 - 1:00	17. Baseball Toss 9:30 - 10:30 Bird House 12:00 - 1:00	18. Table Game 1200 - 1:00	19. 
22. Pokeno 9:30 - 10:30 Black Jack 12:00 - 1:00	23. Bingo 12:00 - 1:00	24. 3 to 13 9:30 - 10:30 Flower craft 12:00 - 1:00	25. Puzzle 12:00 - 1:00	26. Poker 9:30 - 10:30 Karaoke 12:00 - 1:00
29. Activity Meeting 9:30 - 10:30 UNO 12:00 - 1:00	30. Bingo 12:00 - 1:00	<b>New Sarpy Shopping Day</b>		
		<b>Tuesday</b>		<b>Thursday</b>
		<b>1<sup>st</sup> Walmart</b>		<b>1<sup>st</sup> Family Dollar</b>
		<b>2<sup>nd</sup> Norco Fresh Market</b>		<b>2<sup>nd</sup> Dollar Tree</b>
		<b>3<sup>rd</sup> Winn Dixie</b>		<b>3<sup>rd</sup> River Road Market</b>



# MONTHLY MEETINGS

**September 2, 2025**

**Board of Directors Executive 9:30am**

**September 2, 2025**

**Advisory Council Executive 1:30pm**

**September 17, 2025**

**Advisory Council 9:30am**

**September 18, 2025**

**Finance 8:45am**

**Board of Directors 9:30am**

**282 Judge Edward Dufresne Parkway Luling, LA 70070**

**St. Charles Council on Aging, Inc.**

**Administration Office**

April Keller, Executive Director

282 Judge Edward Dufresne Parkway

Luling, Louisiana 70070

985-783-6683

Fax: 985-783-1996

Victoria Ozier, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)



## **Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

## **Home Delivered Meal Distribution Site**

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

## **Luling Activity Center**

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

## **New Sarpy Activity Center**

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.