

ST. CHARLES COUNCIL ON AGING, INC.



# MAY 2026

 **ST. JOSEPH HOSPICE**  
*Mother's Day Pictures*  
**May 1, 2026**  
**New Sarpy Center**  
**10:00am**

 **Ochsner™**  
 Presentation from  
 CEO Keith Dacus  
**May 4, 2026**  
 Luling - 10:00AM  
**May 6, 2026**  
 New Sarpy - 10:00AM


**OLDER AMERICANS MONTH** 

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**CHAMPION YOUR HEALTH!!**  
 MAY 7, 2026  
 9:30 AM - 1:00 PM  
**Edward A. Dufresne Community Center**  
**RSVP AT (985) 783-6683**

DOORS OPEN AT 9:00AM  
 LUNCH SERVED AT 11:00AM

ENTERTAINMENT BY...  


 **FEEDING AMERICA®**  
**DISTRIBUTION**  
 282 JUDGE EDWARD DUFRESNE PARKWAY  
 LULING, LA 70070  
**May 7, 2026**  
**7:00AM - 9:00AM**



 **St. Charles Parish LIBRARY**  
**Arts & Crafts**  
 New Sarpy Center  
 May 8, 2026 at 10:00 AM  
 Luling Center  
 May 18, 2026 at 10:00 AM

 **WALK WITH EASE**  
 a program for better living  
**Tuesdays and Thursdays**  
**New Sarpy Center**  
**9:15am - 10:00am**  
**Luling Center**  
**10:15am - 11:00am**  
**Monthly Education**  
**May 14, 2026**  
**Hurricane Preparedness**  
 Lauralee Adams, Community Liaison



 **SOUTHEAST LOUISIANA LEGAL SERVICES**  
 Free Legal Aid for Low-Income People  
**Ask A Lawyer**  
**May 20, 2026**  
**10:30am**  
**New Sarpy Center**

**FIELD TRIP!**  
 **golden corral®**  
 Buffet & Grill  
**May 21, 2026**  
 Departing from  
**Luling Center**  
**10:30AM**

 **CLOSED FOR MEMORIAL DAY**  
**May 25, 2026**

 YOUR COMMUNITY DISCOUNT PHARMACY   
**Vaccination Clinic**  
 May 27, 2026  
 New Sarpy - 9:30am  
 Luling - 11:30am

 **SMP**  
 Senior Medicare Patrol  
 Preventing Medicare Fraud  
**Virtual Healthcare Scams**  
**May 29, 2026**  
**New Sarpy Center**  
**10:00 AM**


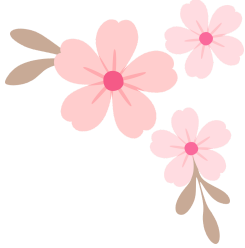




**Hearing Specialist Visit**  
 May 28, 2026  
 Luling Center   
 9:30 AM - 10:30 AM

# Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before



Monday	Tuesday	Wednesday	Thursday	Friday
				1. Dropster 9:30 - 10:00  Crossword 10:00 - 11:00
4. 3 to 13 9:30 - 10:30  Bingo 12:00 - 1:00	5. Walk in the Garden 9:30 - 10:00	6. Heart Art Canvas A/C 10:00 - 11:00	7. Center Closed  	8. Mother's Day Brunch! 
11. Name that Tune 9:30 - 10:30  Bingo 12:00 - 1:00	12. Memory Tray 9:30 - 10:30  Cornhole 12:00 - 1:00	13. Summer Serving Tray A/C 10:00 - 11:00	14. Shuffleboard 9:30 - 10:00  Pitty Pat 12:00 - 1:00	15. Dropster 9:30 - 10:00  Crossword 10:00 - 11:00
18. 3 to 13 9:30 - 10:30  Bingo 12:00 - 1:00	19. Dropster 9:30 - 10:00	20. Popsicle Stick Planter A/C 10:00 - 11:00	21. Pitty Pat 9:00 - 10:00  Crossword 12:00 - 1:00	22. 
25. Center Closed 	26. Cup Pyramid 9:00 - 10:00  Pitty Pat 12:00 - 1:00	27. Birdhouse Hanger A/C 10:00 - 11:00	28. Shuffleboard 9:30 - 10:30  Walk in the Garden	29. 3 to 13 9:30 - 10:30  Family Feud 12:00 - 1:00

# New Sarpy Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Music Day 
4. 3 to 13 9:30 - 10:30 Table Games 12:00 - 1:00	5. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	6. Mother's Day Cards Ball Toss 12:00 - 1:00	7. Center Closed 	8. Mother's Day Brunch Karaoke 12:00 - 1:00
11. 3 to 13 9:30 - 10:30 Jenga 12:00 - 1:00	12. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	13. Painting A/C 9:30 - 10:00 Black Jack 12:00 - 1:00	14. Dominoes 10:00 - 11:00 Yahtzee 12:00 - 1:00	15. Black Jack 9:30 - 10:30 Spades 12:00 - 1:00
18. 3 to 13 9:30 - 10:30 Rummy 12:00 - 1:00	19. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	20. Spring A/C 9:30 - 10:30 UNO 12:00 - 1:00	21. Dominoes 10:00 - 11:00 Yahtzee 12:00 - 1:00	22. Table Games 9:30 - 10:30 
25. Center Closed 	26. Bingo 10:00 - 11:00 Clients Choice 12:00 - 1:00	27. Fleur De Lis A/C 9:30 - 10:30	28. Dominoes 10:00 - 11:00 Ball Toss 12:00 - 1:00	29. Table Talk 9:30 - 10:30 Poker 12:00 - 1:00

# **BAYOU - RIVER DISTRICT SENIOR GAMES**

**Assumption Community Center  
4910 LA 308, Napoleonville, LA 70390**

**May 5, 2026**

**Doors Open 9:30 am**

**BANQUET**

**ARTS & CRAFTS**

**Lunch 11:30 am**

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## **MONTHLY MEETINGS**

**May 4, 2026**

**Advisory Council Executive 10:30 AM**

**May 5, 2026**

**Board of Directors Executive 1:30 PM**

**May 20, 2026**

**Advisory Council 9:30 AM**

**May 21, 2026**

**Finance 8:45 AM**

**Board of Directors 9:30 AM**

**St. Charles Council on Aging, Inc.  
Administration Office**

**April Keller, Executive Director**

**282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070**

**985-783-6683**

**Fax: 985-783-1996**

**Victoria Ozier, Activities Manager**

**Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday**

**Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)**

**Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)**

**Follow us on...**



### **Transportation**

**Karman Hill, Manager**

**7:00 a.m. - 3:30 p.m. Monday - Friday**

**Reservations for Transportation must be called in the day before 1:30 pm.**

### **Home Delivered Meal Distribution Site**

**Dasha Pierre, Manager**

**8:30 a.m. - 1:30 p.m. Monday - Friday**

**Participants must call if not going to be home to receive meal.**

### **Luling Activity Center**

**Marcia Lumar, Manager**

**8:30 a.m. - 2:00 p.m. Monday - Friday**

**Meal reservations call before 12:30 pm for the following day.**

### **New Sarpy Activity Center**

**Deneen Mott, Manager**

**150 Troxclair Lane • Destrehan, LA 70047**

**8:30 a.m. - 2:00 p.m. Monday - Friday**

**985-603-4209**

**Meal reservations call before 12:30 pm for the following day.**