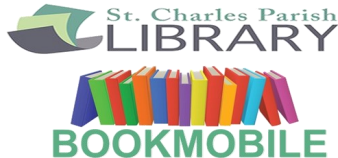


August 2025



Newsletter



New Sarpy Center Visits
August 13 & 27, 2025
10:30am

Luling Center
Sign-Up for
Library Card
August 12, 2025
10:00am



New Sarpy Center
August 8, 2025
10:00am

Luling Center
August 18, 2025
10:00am



New Sarpy Center
August 18, 2025
10:00am to 11:00am

Luling Center
August 22, 2025
10:00am to 11:00am

Space is limited
Reserve your spot today
985-603-4209

FEEDING AMERICA®
DISTRIBUTION
282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070
AUGUST 7, 2025
7:00AM - 9:00AM



FREE SENIOR

LINE DANCING

Classes starts August 7, 2025
Luling Center
@
NOON
Instructor
Wendy Tabb

ROAD TRIP
Wednesday, August 13, 2025
 **LIBRARY**
Planetarium
105 Lakewood Dr.
Luling, LA 70070
Departing Both Centers 9:30am
Bag Lunch Westbank Bridge PK


12:30pm Return
Limited Seating
Sign up on trip reservation

Ask A Lawyer



SOUTHEAST LOUISIANA
LEGAL SERVICES
Free Legal Aid for Low-Income People

August 20, 2025
10:30am
Luling Center
Michele Stross



WALK WITH EASE
a program for better living

New Sarpy Center
9:15am - 10:00am

Luling Center
10:15am - 11:00am

Monthly Education
Mental Health
in Seniors
August 7, 2025

Lauralee Adams, Community Liaison

Prescription Drug
Fraud and Scams



August 15, 2025
Luling Center
10:00am
Sydna Peterson
SMP Volunteer



2313 Tanger Blvd.
Gonzales, LA 70737

Thursday, August 21, 2025
Depart New Sarpy Center 9:00am
1:30pm Return
Limited Seating
Sign up on trip reservation sheet



Senior Loneliness

Luling Center
August 29, 2025
10:00am to 11:00am
Jill Patent, LCSW

Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before


Monday	Tuesday	Wednesday	Thursday	Friday
Luling Shopping Day				1
Tuesday		Thursday		3 to 13
1st Dollar General		1st Majoria's		9:30 - 11:00
2nd Cajun Village		2nd River Road Market		Hot Ball
3rd Dollar Tree		3rd Walmart		12:00 - 1:00
4 Chocolate Chip Cookie Ice Cream Bingo 12:00 - 1:30	5 Cross Word 9:30 - 10:00	6 Mason Jar Flowers 9:30 - 11:00 Movie 12:00 - 1:30	7 Polar Bar Ice Cream 3 to 13 9:30 - 10:00	8 Pitty Pat 9:30 - 11:00 Bean Toss 12:00 - 1:00
11 Watermelon Bingo 12:00 - 1:30	12 Cornhole 9:30 - 10:00	13 National Left-Hand Day	14 Pitty Pat 9:30 - 10:00	15 Birthday Celebration 
18 3 to 13 9:30 - 10:00 Bingo 12:00 - 1:00	19 Crossword 9:30 - 10:00	20 Decor Folding Fans 9:30 - 10:30 Movie 12:00 - 1:00	21 Cornhole 9:30 - 10:00	22 Movie & Popcorn 11:30 - 1:00
25 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	26 Hot Ball 12:00 - 1:00	27 DIY Coloring Bags 9:30 - 10:30 Movie	28 3 to 13 12:00 - 1:00	29 Hot Ball 9:30 - 10:00 Pitty Pat 12:00 - 1:00

New Sarpy Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
New Sarpy Shopping Day				1. Old Folk Talk 9:30 - 10:30 Checkers 12:00 - 1:00
Tuesday		Thursday		
1 st Family Dollar		1 st Walmart		
2 nd Norco Fresh Market		2 nd Dollar Tree		
3 rd Winn Dixie		3 rd River Road Market		
4. Word Search 9:30 - 10:30 Uno 12:00 - 1:00	5. Reading Activity 10:00 - 11:00 Bingo 12:00 - 1:00	6. LCR 9:30 - 10:30 Book Maker Craft 12:00 - 1:00	7. Connect Four 10:00 - 11:00 3 to 13 12:00 - 1:00	8. Library A&C 10:00 - 11:00 Karaoke 12:00 - 1:00
11. Pitty Pat 10:00 - 11:00 Cup Craft 12:00 - 1:00	12. Bean Toss 10:00 - 11:00 Bingo 12:00 - 1:00	13. 3 to 13 9:30 - 10:30 Wreath 12:00 - 1:00	14. Spade 10:00 - 11:00 Puzzle 12:00 - 1:00	15. Music Day
18. Ochsner A&C 10:00 - 11:00 Yahtzee 12:00 - 1:00	19. Pokeno 10:00 - 11:00 Bingo 12:00 - 1:00	20. Poker 10:00 - 11:00 Fower Craft 12:00 - 1:00	21. Ball Toss 10:00 - 11:00 Crossword 12:00 - 1:00	22. UNO 12:00 - 1:00  12:00 - 1:00
25. Activity Meeting 9:30 - 10:30 Poker 12:00 - 1:00	26. Sudoku 10:00 - 11:00 Bingo 12:00 - 1:00	27. Baseball 9:30 - 10:30 Hand Fans 12:00 - 1:00	28. Dominoes 10:00 - 11:00 UNO 12:00 - 1:00	29. Table Games

MONTHLY MEETINGS

August 4, 2025 AC Executive 10:30am

August 5, 2025 BOD Executive 9:30am

August 15, 2025

Center Operations 9:30am Transportation 10:15am

Personnel 11:00am Finance 11:45am

August 20, 2025

Advisory Council 9:30am

August 21, 2025

Finance 8:45am

Board of Directors following General Membership

282 Judge Edward Dufresne Parkway Luling, LA 70070

St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director

**282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070**

**985-783-6683
Fax: 985-783-1996**

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

**Reservations for Transportation must be
called in the day before by 1:30 pm .**

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

**Meal reservations call before 12:30 pm for
the following day.**

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

**Participants must call if not going
to be home to receive meal.**

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

**Meal reservations call before 12:30 pm
for the following day.**