

ST. CHARLES COUNCIL ON AGING, INC.



FEBRUARY 2025

FEEDING AMERICA

DISTRIBUTION
282 Judge Edward Dufresne Parkway
Luling, LA 70070
February 6, 2025
7:00 AM - 8:45 AM



Join us for,

WALK WITH EASE
a program for better living



Tuesdays & Thursdays

New Sarpy Center 9:15 am to 10:00 am
Luling Center 10:15 am to 11:00 am

Monthly Education:

Heart Health

February 6, 2025

Lauralee Adams, Community Liason

Road Trip!



6920 Veterans Memorial Blvd
Metairie, LA 70003

Thursday, February 13, 2025
Departing New Sarpy Center at 10:30 am & returning at 1:00 pm
Sign up on trip reservations sheet!!!

Limited Seating



St. Charles Parish LIBRARY

Arts & Crafts

New Sarpy Center
February 14, 2025
10:00 am

Luling Center
February 17, 2025
10:00 am



SOUTHEAST LOUISIANA LEGAL SERVICES
Free Legal Aid for Low-Income People

Ask a Lawyer

February 19, 2025

10:30 am

Luling Center

SMP ADVISEWELL
Senior Medicare Patrol Resource Center

Understanding Your

MSN/EOB

February 21, 2025

Luling 10:00 am

Sandra Coburn

Community Outreach

Specialist

PRIME TIME SENIORS AND COUNCIL ON AGING INVITE ST. CHARLES PARISH SENIORS TO OUR ANNUAL

SENIOR MARDI GRAS DANCE

THURSDAY, FEBRUARY 27
DOORS OEPN 10 A.M.
EVENT RUNS 11 A.M. - 2 P.M.

EDWARD A DUFRESNE COMMUNITY CENTER
274 JUDGE EDWARD DUFRESNE PKWY, LULING

TO RSVP: CALL 985-783-5090 OR REGISTER AT
HTTPS://BIT.LY/SENIORMARDIGRASDANCE
FOR TRANSPORTATION: CALL 985-783-6683

EVENT OPEN TO ST. CHARLES PARISH RESIDENTS ONLY

MUSIC BY:

RYAN FORET & FORET TRADITION

SPONSORED BY THE UNITED WAY OF ST. CHARLES & ST. CHARLES PARISH PUBLIC SCHOOLS FOUNDATION

XOXO

AARP

Tax-Aide™

Please make an appointment online this year. Go to the [AARP Foundation site Locator](#), then enter your zip code to find the closest site to you. You can choose a date and time for your appointment.

RPCC United Way of
St. Charles
13145 Highway 90
Boutte, LA 70039
9 AM to 1 PM
Mondays & Wednesdays
Starting Monday, February 3rd
985-306-9068



St. Charles Parish
East Regional Library
160 W. Campus Drive
Destrehan, La 70047
9 AM to 1 PM
Tuesdays & Thursdays
Starting Tuesday, February 4th
985-240-2285


Luling Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
				
3. Card Games 9:30—10:30 Bingo 12:00—1:30	4. Bean Toss 9:30—10:30 LCR 12:00—1:00	5. Movie Day 12:00—1:00	6. Dominoes 10:15—11:00 Checkers 12:00—1:00	7. Table Games 9:30—10:30 Karaoke 12:00—1:00
10. Checkers 10:15—11:00 Bingo 12:00—1:30	11. Crossword 9:30—10:30 Connect Four 12:00—1:30	12. 3 to 13 10:15—11:00 Valentine 12:00—1:30	13. Make Gift to Exchange for Valentine	14. Wear Red & White Attire Valentine's Day 12:00—1:00
17. Corn Hole 9:30—10:30 Bingo 12:00—1:30	18. Phase 10 9:30—10:30 UNO 12:00—1:00	19. Activity Reading 9:00—10:00 Tic Tac Toe 12:00—1:00	20. Bean Toss 10:00—11:00 3 to 13 12:00—1:00	21. Table Games Pitty Pat 12:00—1:00
24. Bingo 12:00—1:00 3 to 13 9:30—10:30	25. Crossword 9:30—11:00 Black Jack 12:00—1:00	26. LCR 9:30—10:30 Movie 12:00—1:00	27. 3 to 13 10:15—11:00 Word Search 12:00—1:00	28. Birthday Celebration



Tuesdays
 1st Dollar General
 2nd Cajun Village
 3rd Dollar Tree

Thursdays
 1st Majoria's
 2nd Majoria's
 3rd Walmart


New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
				
3. Bean Toss 9:30—10:30 Card Day 12:00—1:30	4. Pitty Pat 10:15—11:00 Poker 12:00—1:30	5. Arts & Crafts 9:30—10:30 Pitty Pat 12:00—1:30	6. Puzzle 10:15—11:30 Dominoes 12:00—1:30	7. Table Talk 9:30—10:30 Spades 12:00—1:30
10. Activity Meeting 9:30—10:30 Dominoes 12:00—1:30	11. Making Valentines cards 10:15—11:00 Checkers	12. Bingo 9:30—10:30 3 to 13 12:00—1:30	13. Word Search 10:15—11:00 Pitty Pat 12:00—1:30	14. Valentine's Day Games Red & White Color Day
17. Pokeno 9:30—10:30 Black Jack 12:00—1:30	118. Jenga 10:15—11:00 LCR 12:00—1:30	19. Hot Balls 9:30—10:30 Table Games 12:00—1:30	20. 3 to 13 10:15—11:00 Dominoes 12:00—1:30	21. Poker 9:30—10:30 Singing Day 12:00—1:30
24. Puzzle 9:30—10:30 Sudoku 12:00—1:30	25. Connect Four 10:15—11:00 3 to 13 12:00—1:30	26. Bingo 9:30—10:30 Bean Bag 12:00—1:30	27. Checkers 10:15—11:00 Dominoes 12:00—1:30	28. B-Day Celebration Table Talk



Tuesdays

1st Family Dollar
 2nd Norco Fresh Market
 3rd Winn Dixie

Thursdays

1st Walmart
 2nd Dollar Tree
 3rd River Road Market

Monthly Meetings:

Advisory Council

Executive Committee

February 3, 2025 - 10:30 am

Board of Directors

Executive Committee

February 4, 2025 - 9:30 am

Standing Committee

February 14, 2024

Center Operations 9:30 am, Transportation 10:15 am,
Personnel & Finance 11:00 am

Advisory Council

February 19, 2025 - 9:30 am

Board of Directors

Finance 8:45

February 20, 2025 - 9:30 am

St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director



282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070



985-783-6683

Fax: 985-783-1996

Mason Graham, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.