

YOGA FOR ALL

WITH

LAUREE BRADLEY,

MS, RDN

Certified Yoga Instructor and Practitioner

Certified Pilates Instructor

Founder Live Food Nutrition, LLC

ALL LEVELS & BRING YOUR OWN MAT

SATURDAYS FEB 4, 11, 18, 25

10 am - 11 am

One Class - \$20

Four Classes - \$65

PRE REGISTRATION AND PAYMENT REQUIRED.
REGISTRATION CLOSES FRIDAY FEB 3 AT 5 PM.

**Register with Lauree at
laureejbradley@gmail.com,
text or call (213) 392-8769**

**BODY SYNERGY PHYSICAL THERAPY
& WELLNESS CENTER**

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