

PILATES & YOGA

WITH

LAUREE BRADLEY,

MS, RDN

Certified Pilates / Yoga Instructor

Registered Dietitian Nutritionist

Founder of Live Food Nutrition, LLC.

Book your appointment with

Lauree at laureejbradley@gmail.com

or call (213) 392-8769

NEW CLIENTS SPECIAL*

50% OFF one 30 min. - ~~\$60~~ \$30

* Good through Sept. 1ST, 2022.

PRIVATE SESSIONS

Mat - Reformer - Cadillac - Yoga Hybrid

30 min. - \$60

60 min. - \$85

5 x 30 min. sessions - \$270

5 x 60 min. sessions - \$385

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THERAPY & WELLNESS CENTER

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