

IN PARTNERSHIP WITH BODY SYNERGY PT

Sparkle with Mindful Self Care!

**PILATES, YOGA
STRETCH & MEDITATION**

Intro Private Package
THREE 45 MIN SESSIONS:
\$175.00

Private Sessions

SINGLE: \$90

5 SESSIONS: \$435

10 SESSIONS: \$850*

*GET ONE FREE SESSION

Duet Sessions

SINGLE: \$50 PP

5 SESSIONS: \$220 PP

10 SESSIONS: \$415 PP

Certified Yoga & Pilates Instructor

LAUREE BRADLEY, MS. RDN

laureejbradley@gmail.com • (626) 487-7241

