

You don't have to do it alone.

The Early Head Start program is a parent and child development program that brings health, social services and community resources to you as your child's first teacher.

READ, PLAY and LEARN with us.

Meet other parents!



ACES Middlesex County Early Head Start Partnership

www.aces.org

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Apply online at www.aces.org or scan:



ACES Middlesex County Early Head Start



aces
area cooperative educational services

ACES Middlesex County Early Head Start Partnership

*Serving eligible families in Middletown,
Cromwell, Portland, Old Saybrook, Clinton
and Westbrook*

Give your baby
the gift of an
Early Head Start



Early Head Start (EHS) offers services to eligible families who are expecting and families with children up to age three. Services include:

Home Visits: Your family will be assigned a home visitor who will come to your home once a week. They will help you find everyday items in your home to help your child learn. Families and home visitors will work together to develop goals.

Socialization Playgroups: This is a great place to meet other families and share your ideas. It is important for your child to interact with children who are the same age. Your home visitor will be there as a friendly face as well.

Using Your Voice: You help decide how our program works! We look to you to help make decisions about our program such as who is hired and what activities we bring to families. We do this through our Policy Council and Parent Committees.

- Income eligibility based on annual Federal Income Guidelines
- Accommodations made for children and families with disabilities
- Transportation supports available

The Early Head Start home visiting program is a way to offer support, guidance and information directly to families in their homes.

Families have access to professionals, including some who are bilingual in Spanish, and support in the following areas:

- Early Childhood Care and Education
- Behavioral Health
- Family Development
- Infant Mental Health
- Child Disabilities
- Health Well-Being and Nutrition
- Access to Social and Community Services

Every family and every child is unique. Each family has different goals.

Here are a few examples of what EHS can help families with:

- Meeting my child's social and emotional needs
- Using positive discipline
- Establishing routines
- Supporting healthy development through visits with medical providers
- Assisting parents with meeting personal goals

