## Nasal Mupirocin Ointment Instructions

## **USE TWICE DAILY FOR ONE WEEK**

**Step 1**: Clean nostrils (including tip) with tissue prior to

application

**Step 2**: Turn tube cap counter-clockwise

**Step 3**: Tilt your head back

**Step 4**: Apply a pea size amount of mupirocin into

each nostril

**Step 5**: Cotton swab may help to distribute ointment

**Step 6**: Press nostrils together and massage for 1 minute

**Step 7**: Avoid contact with eyes and other nose products





