

# THE TRITON INN

## Food Allergies and Intolerances

If you have a food allergy or special dietary requirements please inform a member of our hospitality team prior to placing your order. We will happily inform you of the ingredients used in our dishes and if need be, adapt them to suit your requirements where possible.

Genetically modified oils are used in our cooking.

# Starter Menu

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## **Chef's Soup of the Day** £7.95

*Served with Crusty Bread and Butter.*

## **Good Old-Fashioned Prawn Cocktail** £9.95

*Royal Greenland Prawns on crisp Iceberg Lettuce with our own tangy Marie Rose Sauce. Delicious!*

## **Deep-Fried Halloumi** £8.95

*Italian Herb and Panko coated Halloumi deep-fried and served with a Sweet Chilli Sauce.*

## **Fresh Bridlington Crab** £10.95

*Salad garnish, Brown Bread and Butter.*

## **Homemade Chicken Liver and Brandy Pâté** £8.95

*Served with warm Toast and Plum & Apple Chutney.*

## **Creamy Garlic Mushrooms** £8.95

*Served with a Crusty Bread Roll.*

## **Black Pudding Stack** £8.95

*Black Pudding and Hash Brown stack topped with Fried Egg and finished with a Wholegrain Mustard Sauce.*

## **Pan-Fried King Prawns** £10.95

*King Prawns pan-fried in a Chorizo and Garlic Butter.  
Served with a Crusty Bread Roll.*

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# Lunch Menu

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Please note our Main Menu  
is available both lunch and evening – see overleaf

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## Sandwich Platters

*Served with Homemade Chips, Coleslaw and Salad  
on White or Granary Bloomer*

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- Smoked Salmon & Cream Cheese** £11.95  
**Mature Cheddar & Caramelised Red Onion Chutney** £9.95  
**Home-cooked Ham** £11.95  
**Bacon & Brie** £12.95  
**Prawns in Marie Rose Sauce** £12.95  
**Roast Beef & Caramalised Red Onion Chutney** £11.95
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**½ Steak & Ale Pie** £11.45 each (requires two to share)

*One of our Steak & Ale Pies divided in two for two people to share.  
Tender chunks of Beef cooked in Yorkshire Ale with a handmade Shortcut Pastry lid.*

**½ Portion of Fish, Chips 'n' Mushy Peas** £12.95

*Beer-battered Haddock cooked fresh to order and served with  
Chips and Mushy Peas.*

**Half-size Char-grilled Gammon Steak (6oz)** £12.95

*With Tomato, Mushrooms, Onion Rings and a choice of  
Fried Egg or Pineapple.*

**Yorkshire Ham, Double Egg & Chips** £13.95

**Wholetail Whitby Scampi, Chips & Salad** £14.95

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# Main Menu

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Our mains come with a choice of:  
Homemade Chips or Seasonal Potatoes  
Fresh Vegetables or our House Salad (*unless otherwise stated*)

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## **Wholetail Whitby Scampi** £14.95

*Served with homemade Chips and Salad.*

## **Steak & Ale Pie** £18.95

*Tender chunks of Beef cooked in Yorkshire Ale with  
a handmade Shortcrust Pastry lid.*

## **Pork Fillet Diane** £18.95

*An all time classic. Pork Fillet flamed with Brandy, finished  
with Mushrooms, Cream and Dijon Mustard.*

## **Fish, Chips 'n' Mushy Peas** £17.95

*Beer-battered Haddock cooked fresh to order and served with  
Chips and Mushy Peas.*

## **Smoked Haddock Florentine** £18.95

*Fillet of Smoked Haddock on Spinach,  
topped with Cheese Sauce and oven-baked.*

## **Chicken Jalfrezi** £16.95

*Our curry is made with Tomato, Sweet Coconut, Green and Red Peppers  
with a medium-hot blend of spices. Served with Naan Bread and Rice.*

## **Half Roasted Duck** £20.95

*All bones removed. Served with a homemade Black Cherry Sauce.*

## **Roasted Red Pepper and Butter Bean Casserole** £15.95

*Topped with Feta Cheese and served with Garlic Bread.*

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# Main Menu

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Served Lunch and Evening

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## Seafood Salad £23.95

*Fresh Bridlington Crab, Smoked Scottish Salmon and Prawns in Marie Rose Sauce. Served with a side portion of Chips or New Potatoes.*

## Lamb Shank £23.95

*Slow-roasted Lamb Shank served in a Mint Gravy.*

## Stuffed Chicken Breast £18.95

*Chicken Breast stuffed with Sun-dried Tomatoes and Spinach. Wrapped in Smoked Bacon and served with a classic Tomato Sauce.*

## 12oz Char-grilled Gammon Steak £23.95

*With Tomato, Mushrooms, Onion Rings and a choice of Fried Eggs, Pineapple or both.*

## 10oz Char-grilled Sirloin Steak £25.95

*With Tomato, Mushrooms and Onion Rings.  
Our Sirloins are 28 days matured from Hereford Cross Cattle supplied by Sykes House Farm in the Yorkshire Dales.*

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Sauces to compliment your Steak £4

*Cracked Black Peppercorn & Brandy • Blue Cheese*

## Additional Sides

*Homemade Chips • Seasonal Potatoes • Onion Rings (£3.50)*

*Seasonal Vegetables • Garden / Mushy Peas (£3.50)*

*House Salad (£2.50) • Jug of Gravy (£1.50)*

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