



SILENCE RETREAT

Meditation Day

SATURDAY NOVEMBER 14, 2020

from 6AM to 9PM

with

COMPASSIONATE MEDITATION CENTER

and Doanh Thuong

RSVP is required!

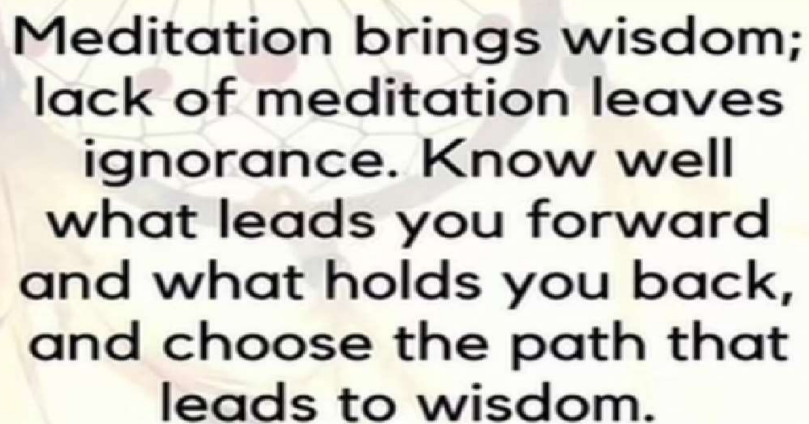
Ngày Tu Thiền Tĩnh Lặng

Thứ bảy 14/11/2020

6h sáng - 9h tối

TRUNG TÂM THIỀN TỬ BI

và Doanh Thường

A photograph of a person in a meditative pose, with a white mandala overlaying the image. The mandala is a complex geometric pattern with a central point and radiating lines. The text is centered over the mandala.

**Meditation brings wisdom;
lack of meditation leaves
ignorance. Know well
what leads you forward
and what holds you back,
and choose the path that
leads to wisdom.**

- Buddha