Wellness Center West October 2023 Suggestion Box

Your input is incredibly valuable, and we appreciate the time and effort you took to share your ideas with us. We will try our best to respond to all your comments in a timely manner. Please let staff know if your question/comment has not been answered.

We look forward to hearing more from you in the future.

Thank you!

- "There are a few songs that I would like to listen to and to dance to."

That's great! Join us for Karaoke on Mondays, Thursdays, Fridays, and Saturdays. If you'd like to just sit and listen, join us for Media & Art Connections on Tuesdays @ 11AM, Wednesdays @ 2PM, and Thursdays @ 3PM. Lastly, we have Dance Celebration on Saturdays @ 10AM. See you there!

 "We would like to have more board games for the resource area. These games would be nice for members to enjoy together: Pictionary and Shoots & Ladders."

How fun! We will supply those activities at the beginning of November so keep an eye on the activities in the Resource Area.

"We should get a Playstation 5!"

Unfortunately, due to high demand, pricing, and limited supply we are unable to purchase a PlayStation 5 at this time. We currently have a Nintendo Switch for Video Games Group which is held on Tuesday and Fridays. If there are any Nintendo Switch games, you're interested in let us know!

"We should make bracelets."

Wonderful idea! We will speak to the art facilitator to see when they are available and schedule a beading group in the near future.

- "Do you have a different selection of movies for Film with Friends?"

Yes, we do! We have a few streaming services (Netflix, Disney+, etc.) so there is a large selection of movies to choose from. Please speak to the facilitator before the group to help choose a movie to watch.

- "Can we purchase more plants for gardening group?"

Of course! Please speak to the facilitator to schedule a day when you would like to go to the garden center.

- "We would like to have watercolor painting and adult coloring pages.

We can absolutely do that. We have art groups on Wednesdays from 2:00pm-3:30pm, please reach out to the facilitator ahead of the group time to arrange a water coloring activity.