

OCTOBER 2026

HOURS: MON - TUE: 9 A.M. - 5 P.M. | WED: 9 A.M. - 4 P.M. | THU: 9 A.M. - 7 P.M. | FRI - SAT: 9 A.M. - 5 P.M. | SUN: CLOSED **ADDRESS:** 11277 GARDEN GROVE BLVD., SUITE 101A, GARDEN GROVE, CA 92843 **PHONE:** (657) 667-6455

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 Community Meetings include Work-Order Day Q&A and are also held at the start of monthly social events.	29	30	1 11 - 12 P.M. Work Ready: First Impressions	2 10 - 11 A.M. Job Search Lab 11:30 - 12 P.M. New Lungs	3 10:30 - 11 A.M. Community Meeting
5 1 - 3 P.M. Linbrook Bowling (\$3.50) 2 - 2:30 P.M. Cuộc Họp Cộng Đồng	6 10:30 - 11 A.M. Community Meeting 2 - 3:30 P.M. Fast Track to Work	7 1 - 3 P.M. Linbrook Bowling (\$3.50)	8 11 - 12 P.M. Work Ready: Career Assessment	9 10 - 11 A.M. Job Search Lab	10 10 - 12 P.M. Heritage Festival (Placentia)
12 1 - 3 P.M. Linbrook Bowling (\$3.50)	13 10:30 - 11 A.M. Community Meeting 1 - 4:30 P.M. Starlite Cinemas (\$6) 2 - 3:30 P.M. Fast Track to Work	14 1 - 3 P.M. Linbrook Bowling (\$3.50)	15 11 - 12 P.M. Work Ready: Resume Objective	16 10 - 12 P.M. Smith Farms 10 - 11 A.M. Job Search Lab	17 10 - 12 P.M. Recovery Picnic
19 10 - 11 A.M. Laura's House: Domestic Violence 1 - 3 P.M. Linbrook Bowling (\$3.50)	20 12- 1 P.M. SSI/SSDI : Medi-Cal and Working (English) 2 - 3:30 P.M. Fast Track to Work	21 1 - 3 P.M. Linbrook Bowling (\$3.50)	22 11 - 12 P.M. Work Ready: 5- Year Vision Planning	23 10 - 11 A.M. Job Search Lab	24 10 - 12 P.M. Octsoberfest @ Kiwanis Land Park
26 1 - 3 P.M. Linbrook Bowling (\$3.50)	27 2 - 3:30 P.M. Fast Track to Work	28 11 - 12 P.M. SSI/SSDI: Medi-Cal and Working (Viet) 1 - 3 P.M. Halloween Bash	29 11 - 12 P.M. Work Ready: Identifying Job-Related Skills	30 10 - 11 A.M. Job Search Lab	31

PLEASE NOTE: THE CALENDAR IS SUBJECT TO CHANGE AND MAY BE UPDATED AS NEEDED.

OCTOBER 2026

EDUCATION SPECIALIST: TUE. - WED: 1 - 2 P.M., 3 - 4 P.M. | SAT: 1 - 3 P.M.

EMPLOYMENT SPECIALIST: TUE. 1 - 2 P.M. | WED. 1 - 4 PM | FRI. 10:15 AM - 12 PM; 1 - 4PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 – 9:50 A.M. Icebreaker	9 – 9:50 A.M. Icebreaker	9 – 9:50 A.M. Icebreaker	9 – 9:50 A.M. Icebreaker	9 – 9:50 A.M. Icebreaker	9 – 9:50 A.M. Icebreaker
10 – 10:50 A.M. Basic Drawing	10 – 10:30 A.M. Walk 4 Wellness	10 – 10:50 A.M. Life Skills	10 – 10:50 A.M. Positive Thinking	10 – 10:50 A.M. Job Search Lab	10 – 10:50 A.M. Dance Celebration / Salsa
Emotions Anonymous	10 – 11:30 A.M. Simple Snacks (Món ăn nhẹ Việt Nam)	Living Your Best Life	Walk 4 Wellness	TAY Space	10 – 1:00 P.M. Social Outing
11 – 11:50 A.M. Basic Sewing	10:30 – 11 A.M. Community Meeting	Schizophrenia Support	11 – 11:50 A.M. Decision-Making Employment	Walk 4 Wellness	11 – 12:30 P.M. National Alliance on Mental Illness (NAMI) Connections
Men’s Group	11 – 11:50 A.M. Anger Management	Self–Compassion	Jam Sessions	11:00 – 11:50 P.M. Depression Bipolar Support Alliance (DBSA)	11 – 1 P.M. Films with Friends
Poet’s Society	Crochet & Knitting	Tiếng Anh Sơ Cấp (Beginning English)	12 – 1 P.M. Social Hour	Short Stories	12 – 1 P.M. Social Hour
11 – 12:50 P.M. Crochet & Knitting	Women’s Group	12 – 1P.M. Social Hour	1 – 1:50 P.M. Beginning Piano	Tai Chi	1 – 1:50 P.M. Anger Management
12 – 1 P.M. Social Hour	12 – 1 P.M. Social Hour	1 – 1:50 P.M. Beginning Piano	Reflective Journaling	12 – 1 P.M. Crochet & Knitting	Chair Yoga
1 – 1:50 P.M. Beginning Spanish	1 – 1:50 P.M. Beading	Gardening	Self–Empowerment	1 – 1:50 P.M. Kế hoạch Hành động Phục hồi Sức khỏe Tâm thần (WRAP)	2 – 2:50 P.M. Bingo!
Ceramic Painting	Nutrition	Suy Nghĩ Tích Cực (Positive Thinking)	2 – 2:50 P.M. 8 Dimensions of Wellness	Video Games	Jam Sessions
Codependents Anonymous	Tai Chi	1 – 2:50 P.M. Linbrook Bowling	Chair Yoga	Wellness Recovery Action Plan	3 – 3:50 P.M. Beginning Guitar
1 – 3 P.M. Linbrook Bowling	2 – 2:50 P.M. Resilient Journey	2 – 2:50 P.M. Managing Anxiety	Tech Tutor	2 – 2:50 P.M. Acting 101	Painting
Relationships & Communication	Video Games	Narcotics Anonymous	3 – 3:50 P.M. Câu Lạc Bộ Trò Chơi (Game Club)	Bingo!	3 – 4:30 P.M. Karaoke
2:00 – 3:30 P.M. Nhóm sức mạnh và hy vọng (Strength & Hope)	2 – 3:30 P.M. Fast Track to Work	Nhóm Hỗ Trợ Tinh Thần (DBSA)	Gardening	Supported Education	Interested in attending groups virtually? Give us a call to set you up!
3 – 3:50 P.M. Chair Yoga	3 – 3:50 P.M. Chair Yoga	3 – 3:50 P.M. Life Enhancement	3:30 – 4:30 P.M. Community Mental Health Night	3 – 4:30 P.M. Karaoke	
4 – 4:50 P.M. Karaoke		Kết nối qua văn nghệ (Media & Art Connection)	4:30 – 6:30 P.M. Karaoke		

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