

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>2</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)  <b>2 - 2:30 P.M. Cuộc Họp Cộng Đồng</b>	<b>3</b> <b>10:30 - 11 A.M. Community Meeting</b>  10 - 3 P.M. Fullerton Health Fair  2 - 3:30 P.M. Fast Track to Work	<b>4</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)	<b>5</b>  11 - 12 P.M. Work Ready: Personal Statement	<b>6</b>  10 - 11 A.M. Job Search Lab  <b>11:30 - 12 P.M. New Lungs</b>	<b>7</b> <b>10:30 - 11 A.M. Community Meeting (Work-Ordered Day Q&amp;A)</b>  11 - 1 P.M. Pacific Symphony Lantern Festival
<b>9</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)	<b>10</b> <b>10:30 - 11 A.M. Community Meeting (Work-Ordered Day Q&amp;A)</b>  1 - 4:30 P.M. Starlite Cinemas (\$6)  2 - 3:30 P.M. Fast Track to Work	<b>11</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)	<b>12</b>  11 - 12 P.M. Work Ready: What you bring to employers  10 - 12 P.M. WCC Health Fair	<b>13</b>  10 - 11 A.M. Job Search Lab	<b>14</b>  10 - 12 P.M. Buena Park Farmer's Market
<b>16</b> <b>10 - 11 A.M. Laura's House: Human Trafficking</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)	<b>17</b> <b>10:30 - 11 A.M. Community Meeting (Work-Ordered Day Q&amp;A)</b>  2 - 3:30 P.M. Fast Track to Work	<b>18</b> <b>11 - 12 P.M. SSI/SSDI: Medical and Working (English)</b>  1 - 3 P.M. Librook Bowling (\$3.50)	<b>19</b>  11 - 12 P.M. Work Ready: Personal strength list	<b>20</b>  10 - 11 A.M. Job Search Lab  12 - 2 P.M. WCS Nowruz Celebration	<b>21</b>  10 - 12 P.M. Cerritos Mall
<b>23</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)	<b>24</b> <b>10:30 - 11 A.M. Community Meeting (Work-Ordered Day Q&amp;A)</b>  2 - 3:30 P.M. Fast Track to Work	<b>25</b> <b>11 - 12 P.M. SSI/SSDI: Medi-Cal and Working (Viet)</b> <b>1 - 3 P.M. Talent Show</b> 	<b>26</b>  11 - 12 P.M. Work Ready: Job related skills inventory	<b>27</b>  10 - 11 A.M. Job Search Lab	<b>28</b>  10 - 12 P.M. Newport Beach Sculpture Garden
<b>30</b>  1 - 3 P.M. Linbrook Bowling (\$3.50)	<b>31</b> <b>10:30 - 11 A.M. Community Meeting (Work-Ordered Day Q&amp;A)</b>  2 - 3:30 P.M. Fast Track to Work				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>9 – 9:50 A.M.</b> Icebreaker <hr/> <b>10 – 10:50 A.M.</b> Basic Drawing  Emotions Anonymous  Poet’s Society <hr/> <b>11 – 11:50 A.M.</b> Basic Sewing  Healing & Self-Discovery  Men’s Group  <b>11 – 12:50 P.M.</b> Crochet & Knitting <hr/> <b>12 – 1 P.M.</b> Social Hour <hr/> <b>1 – 1:50 P.M.</b> Ceramic Painting  Beginning Spanish  Codependents Anonymous  <b>1 – 3 P.M.</b> Linbrook Bowling <hr/> <b>2 – 2:50 P.M.</b> Enlightenment  Relationships & Communication  <b>2:00 – 3:30 P.M.</b> Nhóm sức mạnh và hy vọng (Strength & Hope) <hr/> <b>3 – 3:50 P.M.</b> Chair Yoga <hr/> <b>4 – 4:50 P.M.</b> Karaoke	<b>9 – 9:50 A.M.</b> Icebreaker <hr/> <b>10 – 10:30 A.M.</b> Walk 4 Wellness  <b>10 – 11:30 A.M.</b> Simple Snacks (Món ăn nhẹ Việt Nam) <hr/> <b>10:30 – 11 A.M.</b> Community Meeting <hr/> <b>11 – 11:50 A.M.</b> Anger Management  Crochet & Knitting  Women’s Group <hr/> <b>12 – 1 P.M.</b> Social Hour <hr/> <b>1 – 1:50 P.M.</b> Beading  Nutrition  Tai Chi <hr/> <b>2 – 2:50 P.M.</b> Resilient Journey <hr/> Video Games <hr/> <b>2 – 3:30 P.M.</b> Fast Track to Work <hr/> Wellness Recovery Action Plan (WRAP) <hr/> <b>3 – 3:50 P.M.</b> Chair Yoga <hr/> Wellness Recovery Action Plan (WRAP)	<b>9 – 9:50 A.M.</b> Icebreaker <hr/> <b>10 – 10:50 A.M.</b> Life Skills  Living Your Best Life  Schizophrenia Support <hr/> <b>11 – 11:50 A.M.</b> Alcoholics Anonymous  Self-Compassion  Tiếng Anh Sơ Cấp (Beginning English) <hr/> <b>12 – 1P.M.</b> Social Hour <hr/> <b>1 – 1:50 P.M.</b> Beginning Piano  Gardening  Linbrook Bowling <hr/> <b>2 – 2:50 P.M.</b> Narcotics Anonymous  Managing Anxiety  Nhóm Hỗ Trợ Tinh Thần (DBSA) <hr/> <b>3 – 3:50 P.M.</b> Life Enhancement  Kết nối qua văn nghệ (Media & Art Connection)	<b>9 – 9:50 A.M.</b> Icebreaker <hr/> <b>10 – 10:50 A.M.</b> Positive Thinking  Walk 4 Wellness <hr/> <b>11 – 11:50 A.M.</b> Jam Sessions  Decision-Making Employment  Philosophy <hr/> <b>12 – 1 P.M.</b> Social Hour <hr/> <b>1 – 1:50 P.M.</b> Reflective Journaling  Wellness Recovery Action Plan (WRAP)  Beginning Piano <hr/> <b>2 – 2:50 P.M.</b> 8 Dimensions of Wellness  Tech Tutor  Chair Yoga <hr/> <b>3 – 3:50 P.M.</b> Câu Lạc Bộ Trò Chơi (Game Club)  Gardening  <b>3:30 – 4:30 P.M.</b> Community Mental Health Night <hr/> <b>4:30 – 6:30 P.M.</b> Karaoke	<b>9 – 9:50 A.M.</b> Icebreaker <hr/> <b>10 – 10:50 A.M.</b> TAY Space  Job Search Lab <hr/> <b>11:00 – 11:50 P.M.</b> Depression Bipolar Support Alliance (DBSA)  Short Stories  Tai Chi <hr/> <b>12 – 1 P.M.</b> Crochet & Knitting <hr/> <b>1 – 1:50 P.M.</b> Kế hoạch Hành động Phục hồi Sức khỏe Tâm thần (WRAP)  Video Games  Walk 4 Wellness <hr/> <b>2 – 2:50 P.M.</b> Acting 101  Bingo!  Supported Education <hr/> <b>3 – 4:30 P.M.</b> Karaoke	<b>9 – 9:50 A.M.</b> Icebreaker <hr/> <b>10 – 10:50 A.M.</b> Dance Celebration / Salsa  Self-Compassion  <b>10 – 1:00 P.M.</b> Social Outing <hr/> <b>11 – 12:30 P.M.</b> National Alliance on Mental Illness (NAMI) Connections  <b>11 – 1 P.M.</b> Films with Friends <hr/> <b>12 – 1 P.M.</b> Social Hour <hr/> <b>1 – 1:50 P.M.</b> Anger Management  Chair Yoga <hr/> <b>2 – 2:50 P.M.</b> Bingo!  Jam Session <hr/> <b>3 – 3:50 P.M.</b> Beginning Guitar  Basic Sewing  <b>3 – 4:30 P.M.</b> Karaoke <hr/> Interested in attending groups virtually? Give us a call to set you up!