

FEBRUARY 2026

PROGRAM HOURS: MON - SAT: 9 - 5 PM | WED: 9 - 4 PM | THURS: 9 - 7 PM | SUN : CLOSED

ADDRESS: 11277 GARDEN GROVE BLVD. SUITE 101A, GARDEN GROVE, CA 92843

PHONE: (657) 667 - 6455

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2  1 - 3 P.M. Linbrook Bowling (\$3.50) 2 - 2:30 P.M. Cuộc Họp Cộng Đồng	3 10:30 - 11 A.M. Community Meeting <small>(Work-Ordered Day Q&A)</small>  2 - 3:30 P.M. Fast Track to Work	4 10 - 1 P.M. Education / Employment Seminar  1 - 3 P.M. Linbrook Bowling (\$3.50)	5  11 - 12 P.M. Work Ready: What Gets You Hired (or Not)  10 - 12 P.M. Lake Forest Job Fair  	6   10 - 11 A.M. Job Search Lab 11:30 - 12 P.M. New Lungs	7 10:30 - 11 A.M. Community Meeting <small>(Work-Ordered Day Q&A)</small>  10 - 12 P.M. Tet Festival @ Centennial Park
9 10 - 11 A.M. Laura's House: Healthy Relationships  1 - 3 P.M. Linbrook Bowling (\$3.50)	10 10:30 - 11 A.M. Community Meeting <small>(Work-Ordered Day Q&A)</small>  1 - 4:30 P.M. Starlite Cinemas (\$6)	11 11 - 12 P.M. SSI/SSDI Workshop (Vietnamese) 1 - 3 P.M. Lunar New Year Party 	12 	13   10 - 11 A.M. Job Search Lab	14  10 - 12 P.M. Buena Park Farmer's Market
16 	17 10:30 - 11 A.M. Community Meeting <small>(Work-Ordered Day Q&A)</small>  2 - 3:30 P.M. Fast Track to Work	18  1 - 3 P.M. Linbrook Bowling (\$3.50) 11 - 12 P.M. SSI/SSDI Workshop	19  11 - 12 P.M. Work Ready: 15 Important Skills	20   10 - 11 A.M. Job Search Lab	21  10 - 12 P.M. Tet Parade in Westminster
23  1 - 3 P.M. Linbrook Bowling (\$3.50)	24 10:30 - 11 A.M. Community Meeting <small>(Work-Ordered Day Q&A)</small>  2 - 3:30 P.M. Fast Track to Work	25  1 - 3 P.M. Black History Month WCC	26  11 - 12 P.M. Work Ready: Writing the Resume Objective  11:30 - 1:30 P.M. OC Job Fair  	27   10 - 11 A.M. Job Search Lab  9 - 1 P.M. Art Recovery Event @ REI	28  10 - 12 P.M. Hilbert Museum of California Art
2	3	4	5	6	7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 - 9:50 A.M. Icebreaker 10 - 10:50 A.M. Basic Drawing Emotions Anonymous Poet's Society 11 - 11:50 A.M. Basic Sewing Healing & Self-Discovery Men's Group 11 - 12:50 P.M. Crochet & Knitting 12 - 1 P.M. Social Hour 1 - 1:50 P.M. Ceramic Painting Beginning Spanish Codependents Anonymous 1 - 3 P.M. Linbrook Bowling 2 - 2:50 P.M. Enlightenment Relationships & Communication 2:00 - 3:30 P.M. Nhóm sức mạnh và hy vọng (Strength & Hope) 3 - 3:50 P.M. Chair Yoga 4 - 4:50 P.M. Karaoke	9 - 9:50 A.M. Icebreaker 10 - 10:30 A.M. Walk 4 Wellness 10 - 11:30 A.M. Simple Snacks 10:30 - 11 A.M. Community Meeting 11 - 11:50 A.M. Anger Management Crochet & Knitting Women's Group 12 - 1 P.M. Social Hour 1 - 1:50 P.M. Beading Nutrition Tai Chi 2 - 2:50 P.M. Resilient Journey Video Games 2 - 3:30 P.M. Fast Track to Work	9 - 9:50 A.M. Icebreaker 10 - 10:50 A.M. Life Skills Living Your Best Life Schizophrenia Support 11 - 11:50 A.M. Alcoholics Anonymous Self-Compassion Tiếng Anh Sơ Cấp (Beginning English) 12 - 1 P.M. Social Hour 1 - 1:50 P.M. Beginning Piano Gardening Linbrook Bowling 2 - 2:50 P.M. Narcotics Anonymous Managing Anxiety Nhóm Hỗ Trợ Tinh Thần (DBSA) 3 - 3:50 P.M. Life Enhancement Kết nối qua văn nghệ (Media & Art Connection)	9 - 9:50 A.M. Icebreaker 10 - 10:50 A.M. Positive Thinking Walk 4 Wellness 11 - 11:50 A.M. Jam Sessions Decision-Making Employment Philosophy 12 - 1 P.M. Social Hour 1 - 1:50 P.M. Reflective Journaling Wellness Recovery Action Plan (WRAP) Beginning Piano 2 - 2:50 P.M. 8 Dimensions of Wellness Tech Tutor Chair Yoga 3 - 3:50 P.M. Câu Lạc Bộ Trò Chơi (Game Club) Gardening 3:30 - 4:30 P.M. Community Mental Health Night 4:30 - 6:30 P.M. Karaoke	9 - 9:50 A.M. Icebreaker 10 - 10:50 A.M. TAY Space Job Search Lab 11:00 - 11:50 P.M. Depression Bipolar Support Alliance (DBSA) Short Stories Tai Chi 12 - 1 P.M. Crochet & Knitting 1 - 1:50 P.M. Ké hoạch Hành động Phục hồi Sức khỏe Tâm thần (WRAP) Video Games Walk 4 Wellness 2 - 2:50 P.M. Acting 101 Bingo! Supported Education 3 - 4:30 P.M. Karaoke	9 - 9:50 A.M. Icebreaker 10 - 10:50 A.M. Dance Celebration / Salsa Self-Compassion 10 - 1:00 P.M. Social Outing 11 - 12:30 P.M. National Alliance on Mental Illness (NAMI) Connections 11 - 1 P.M. Films with Friends 12 - 1 P.M. Social Hour 1 - 1:50 P.M. Anger Management Chair Yoga 2 - 2:50 P.M. Bingo! Jam Session 3 - 3:50 P.M. Beginning Guitar Basic Sewing 3 - 4:30 P.M. Karaoke Interested in attending groups virtually? Give us a call to set you up!