

# Wellness Center West August 2021 Event Calendar

www.WellnessCenterWest.org Phone: (657) 667-6455 Address: 11277 West Garden Grove Blvd. Suite 101A, Garden Grove, CA 92843

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right; font-weight: bold;">2</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">3</p> <p>10-11 a.m. Neighborhood Volunteering                       11 a.m.-12 p.m. Community Meeting</p>	<p style="text-align: right; font-weight: bold;">4</p> <p>10-11 a.m. Neighborhood Volunteering                      10-1 p.m. Social Outing   <i>Huntington Beach Pier</i></p>	<p style="text-align: right; font-weight: bold;">5</p> <p>10-10:50 a.m. Neighborhood Volunteering                       12-2 p.m. Linbrook Bowling (\$3)</p>	<p style="text-align: right; font-weight: bold;">6</p> <p>10-11 a.m. Neighborhood Volunteering                       12-1 p.m. Virtual Social Outing</p>	<p style="text-align: right; font-weight: bold;">7</p> <p>10-1:50 p.m. Social Outing <i>Bolsa Chica Ecological Reserve</i>                      3-3:50 p.m. Neighborhood Volunteering </p>
<p style="text-align: right; font-weight: bold;">9</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">10</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">11</p> <p>10-11 a.m. Neighborhood Volunteering                      10-1 p.m. Social Outing   <i>Environmental Nature Center</i>                      11 a.m.-12 p.m. Community Meeting</p>	<p style="text-align: right; font-weight: bold;">12</p> <p>10-10:50 a.m. Neighborhood Volunteering                       12-2 p.m. Linbrook Bowling (\$3)</p>	<p style="text-align: right; font-weight: bold;">13</p> <p>10-11 a.m. Neighborhood Volunteering                       12-1 p.m. Virtual Social Outing</p>	<p style="text-align: right; font-weight: bold;">14</p> <p>10-1:50 p.m. Social Outing <i>Hilbert Museum of CA Art</i>                      3-4 p.m. Neighborhood Volunteering </p>
<p style="text-align: right; font-weight: bold;">16</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">17</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">18</p> <p>10-11 a.m. Neighborhood Volunteering                      10-1 p.m. <i>Orange County Zoo</i> (\$2)                      12-3 p.m. Campus Field Trip <i>Santa Ana College</i></p>	<p style="text-align: right; font-weight: bold;">19</p> <p>10-10:50 a.m. Neighborhood Volunteering                       12-2 p.m. Linbrook Bowling (\$3)</p>	<p style="text-align: right; font-weight: bold;">20</p> <p>10-11 a.m. Neighborhood Volunteering                       12-1 p.m. Virtual Social Outing                      11-12 p.m. Community Meeting</p>	<p style="text-align: right; font-weight: bold;">21</p> <p>10-1:50 p.m. Social Outing <i>SteelCraft Cultural Fair</i>                      3-4 p.m. Neighborhood Volunteering </p>
<p style="text-align: right; font-weight: bold;">23</p> <p>10-11 a.m. Neighborhood Volunteering                       11-12 p.m. Community Meeting</p>	<p style="text-align: right; font-weight: bold;">24</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">25</p> <p>10-11 a.m. Neighborhood Volunteering                      10-1 p.m. Social Outing   <i>Newport Beach Sculpture Exhibit</i></p>	<p style="text-align: right; font-weight: bold;">26</p> <p>10-10:50 a.m. Neighborhood Volunteering                       12-2 p.m. Linbrook Bowling (\$3)</p>	<p style="text-align: right; font-weight: bold;">27</p> <p>10-11 a.m. Neighborhood Volunteering                       12-1 p.m. Virtual Social Outing</p>	<p style="text-align: right; font-weight: bold;">28</p> <p>10-1:50 p.m. Social Outing <i>Cypress Swap Meet</i>                      3-4 p.m. Neighborhood Volunteering </p>
<p style="text-align: right; font-weight: bold;">30</p> <p>10-11 a.m. Neighborhood Volunteering </p>	<p style="text-align: right; font-weight: bold;">31</p> <p>10-11 a.m. Neighborhood Volunteering                       11-12 a.m. SSI Ticket to Work                      11 a.m.-12 p.m. Community Meeting</p>	<p style="text-align: center;">Join us for daily Icebreaker at 9 a.m.</p> <p style="text-align: center;">Weekday Neighborhood Volunteering at 10- 11 a.m.</p>	<p style="text-align: center;">Linbrook Bowling is \$2.50 per person per game. Bring socks!</p> <p style="text-align: center;">Community Meetings are hosted by MAB on rotating weekdays at 11 a.m. in the Living Room.</p>	<p style="text-align: center;">Check out our Weekly calendar for a full list of groups and how to join them. For more information on services, visit our website or call us today!</p>	<p style="text-align: center;">Community (CE) and Eventbrite (EB) events are free social outings that are not hosted by the Wellness Center. See back of calendar for more details.</p>

**Virtual events- find more details through Eventbrite and/or the host! Not hosted by Wellness Center West**

**Virtual Game Night Santa Ana - [Santa Ana Virtual Game Night: Trivia, Charades, and Drawing over Video Tickets, Multiple Dates | Eventbrite](#)**

By Let's Roam Scavenger Hunt Adventures. Play fun online games, answer trivia, laugh 'til it hurts, and connect with friends near and far.

**Community Events – Community Events are not hosted by Wellness Center West.**

**Community Meeting** – This important weekly meeting is for all members to learn more about the center as they get updates on the center, different activities and groups, and events that are going on in the community. Members also get to meet the staff and interact with them.

**Icebreakers-** Members will gather to discuss their day and plans for the daily events at the center.

**Social Outing / “Viet” Local Outing- (DI SINH HOẠT)** – This group offers an opportunity for members to try something different, have fun, and meet new people in the community!

**Farmer’s Markets** – Peruse vendors and fresh produce at your local farmer’s market! Recurring every week.

**Anaheim** 205 W Center St, Anaheim, CA 92805, **Thursdays, 11 a.m.-3 p.m.**

**Buena Park** Mall parking lot, La Palma Ave St, Buena Park, CA 90620 **Saturdays, 9 a.m.-12 p.m.**

**Cerritos** 12600 Park Plaza Dr, Cerritos, CA 90703, **Saturdays, 8 a.m.-12 p.m.**

**Costa Mesa** 3315 Hyland Ave, Costa Mesa, CA 92626, **Saturdays, 9 a.m.-12 p.m.**

**Cypress** 4505 Katella Ave, Los Alamitos, CA 90720, **Saturdays, 9 a.m.-12 p.m.**

**Fullerton** 801 W Valencia Dr, Fullerton, CA 92832, **Wednesdays, 8 a.m.-12 p.m.**

**Downtown Fullerton** 121 E Wilshire Ave, Fullerton, CA 92832, **Thursdays, 4-8 p.m.**

**Orange** 303 W Palm Ave, Orange, CA 92866, **Saturdays, 9 a.m.-12 p.m.**

**Free Santa Ana Zoo Day – for Santa Ana Residents – July**

Santa Ana Zoo at Prentice Park, 1801 East Chestnut Avenue, Santa Ana, CA 92701



**Volunteer Opportunities**

**Neighborhood Volunteering- Sinh Hoạt Thiện Nguyện” (WU) Weekdays at 10 a.m.-** Members will join staff in a daily community giveback activity and have fun while doing it!

**OC Habitats Wetlands Restoration - [OCH Restoration at Huntington Beach Wetlands Conservancy Tickets, Multiple Dates | Eventbrite](#)**

21900 Pacific Coast Highway, Huntington Beach, CA 92646

**Presentations- hosted in the Wellness Center West living room**

**(Recurring weekly, alternating weekdays at 11 a.m.) Community Meeting** – This important weekly meeting is for all members to learn more about the center as they get updates on the center, different activities and groups, and events that are going on in the community. Members also get to meet the staff and interact with them.

**Events- hosted in the Wellness Center West Living Room**

There are no events scheduled at the Wellness Center in August.

**Social Outings (DI SINH HOẠT) – This group offers an opportunity for members to try something different, have fun, and meet new people in the community!**

**Wednesdays at 10 a.m. – 1 p.m.**

- 8/4 [Huntington Beach Pier](#) - 315 Pacific Coast Hwy, Huntington Beach, CA 92648 - Phone: (714) 841-6631
- 8/13 [Environmental Nature Center](#) - 1601 E. Sixteenth Street, Newport Beach, CA 92663 - Phone: (949) 645-8489
- 8/18 [Orange County Zoo](#) (**\$2 per person**) - 1 Irvine Park Rd, Orange, CA 92862 - Phone: (714) 997-3968
- 8/25 [Newport Beach Civic Center Sculpture Exhibit](#) – 100 Civic Center Dr., Newport Beach, CA 92660

**Thursdays at 12 p.m. – 2 p.m.**

- **Linbrook Bowling** – (**\$2.50 per person per game**) 201 S. Brookhurst Street, Anaheim, CA 92804

**Wednesday at 12-3 p.m. (8/18)**

- **Campus Field Trip** – Santa Ana College. Join our Education Specialist for a tour of local campuses. Learn how accessible and achievable higher education can be.

**Saturdays at 10 a.m. – 1 p.m.**

- 8/7 [Bolsa Chica Interpretive Center](#) – North Parking Lot 3842 Warner Ave., Huntington Beach
- 8/14 [Costa Mesa Farmer’s Market](#) - SoCo Collection, 3315 Hyland Ave, Costa Mesa, CA 92626 Phone:
- 8/21 [SteelCraft Cultural Fair](#) - 12900 Euclid St., Garden Grove, CA 92840
- 8/28 [Cypress College Swap Meet](#) – 9200 Valley View St., Cypress, Ca 90630, Parking Lot # 9 Phone: (714) 952-1847