

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10 – 10:50 A.M. Community Meeting</p> <p>1 - 3 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>2</b></p> <p>10 - 12 P.M. Seal Beach Cleanup Volunteering (15 1<sup>st</sup> St, Seal Beach)</p>	<p><b>3</b></p> <p>12 - 2 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>Closed for 4th of July</b></p> 	<p><b>5</b></p> <p><b>9:30 – 12:30 P.M. Upper Newport Bay</b> 2301 University Dr., Newport Beach, CA</p> <p>10 - 11 A.M. Neighborhood Volunteering</p>	<p><b>6</b></p> <p>9 – 9:50 A.M. Community Meeting</p> <p><b>10:00 - 1 P.M. Independence Jam 2024</b> 2411 Park Ave. Tustin, CA</p>
<p><b>8</b></p> <p>1 - 3 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>9</b></p> <p>10 – 10:45 A.M. Community Meeting</p> <p>10 - 11 A.M. Neighborhood Volunteering</p> <p><b>1 - 4 P.M. STARLIGHT CINEMA (\$5)</b> 12111 Valley View St. Garden Grove, CA</p>	<p><b>10</b></p> <p>11 – 12 P.M. SSI/SSDI Medical and Working Presentation (English)</p> <p>12 - 2 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>11</b></p> <p><b>10:30 - 1 P.M. Sculpture Exhibition Civic Park</b> 100 Civic Center Dr. Newport Beach, CA</p> <p><b>2 - 3:15 P.M. Goodwill Job Club: Motivation</b> 11227 Garden Grove Blvd. 101A Garden Grove, CA</p>	<p><b>12</b></p> <p><b>9:30 – 12:30 P.M. Irvine Regional Park</b> 1 Irvine Park Rd. Orange, CA</p> <p>10 - 11 A.M. Neighborhood Volunteering</p>	<p><b>13</b></p> <p><b>10:00 - 1 P.M. Buena Park Farmer's Market</b> 8000 La Palma Ave., Buena Park, CA</p> 
<p><b>15</b></p> <p>1 - 3 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>16</b></p> <p><b>10:30 - 1 P.M. WCS Ice Cream Social</b> 23072 Lake Center Dr. Suite 115 Lake Forest, CA</p>	<p><b>17</b></p> <p>10 – 10:45 A.M. Community Meeting</p> <p>12 - 2 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>18</b></p> <p><b>10:30 - 1 P.M. Laguna Lake Park</b> 3120 Lakeview Dr. Fullerton, CA</p>	<p><b>19</b></p> <p><b>9:30 – 12:30 P.M. Dana Point Harbor</b> 24399 Dana Dr. Dana Point, CA</p> <p>10 - 11 A.M. Neighborhood Volunteering</p>	<p><b>20</b></p> <p><b>10 - 1 P.M. Steel Craft Bellflower Summer Safari</b> 16500 Bellflower Blvd. Bellflower, CA</p>
<p><b>22</b></p> <p>1 - 3 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>23</b></p> <p>10 - 11 A.M. Neighborhood Volunteering</p> <p>11:30 – 12:30 P.M. New Lungs Presentation</p>	<p><b>24</b></p> <p><b>10-3 P.M. OC Fair</b></p> <p>12 - 2 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>25</b></p> <p>10 – 10:45 A.M. Community Meeting</p> <p><b>1:00 – 3:30 P.M. WCC Calendar Art Fair</b> 401 South Tustin Orange, CA</p>	<p><b>26</b></p> <p><b>9:30 – 12:30 P.M. The Pike</b> 95 South Pine Ave. Long Beach, CA</p> <p>1 - 2 P.M. Neighborhood Volunteering</p>	<p><b>27</b></p> <p><b>10 - 1 P.M. Cypress Swapmeet</b> 9200 Valleyview St. Cypress, CA</p>
<p><b>29</b></p> <p>1 - 3 P.M. Linbrook Bowling 🏹 (\$3.50)</p>	<p><b>30</b></p> <p>10 - 12 P.M. Seal Beach Cleanup Volunteering (15 1<sup>st</sup> St, Seal Beach)</p>	<p><b>31</b></p> <p>12 - 2 P.M. Linbrook Bowling 🏹 (\$3.50)</p> <p>11 – 12 P.M. SSI/SSDI Medical and Working Presentation (Vietnamese)</p>			<p><b>Community Meetings (LR):</b> <i>Groups scheduled at the same time as CM are canceled for that day.</i></p> <p><b>Employment Specialist hours:</b> <b>Monday - Friday 2 - 4 P.M.</b></p> <p><b>Education Specialist hours:</b></p>

**\*Calendar is subject to changes\***

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>9 - 9:50 A.M.</b> Icebreaker (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 10:50 A.M.</b> Peer Empowerment (LR)</p> <p>Vietnamese Exercise Group (OS)</p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 11:50 A.M.</b> Cartoon Drawing (AA)</p> <p>Healing &amp; Self-Discovery (MR/H)-A</p> <p><b>11 - 12:50 A.M.</b> Crochet &amp; Knitting (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 12:50 P.M.</b> Emotions Anonymous (SR/H)-A</p> <p>Living Your Best Life (AA/H)-B</p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 1:50 P.M.</b> Ceramic Painting (AA)</p> <p>Life Enhancement (MR/H)-A</p> <p><b>1 - 3:00 P.M.</b> <b>Linbrook Bowling (OS) - \$3.50 cash</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> Dual Diagnosis (MR)</p> <p>Enlightenment (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2:00 - 3:30 P.M.</b> <b>"Nhóm sức mạnh và hy vọng"</b> <b>"Viet" Strength &amp; Hope (SR)</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>3 - 3:50 P.M.</b> Chair/Hatha Yoga (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>4 - 4:50 P.M.</b> Karaoke (LR)</p>	<p><b>9 - 9:50 A.M.</b> Icebreaker (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 10:50 A.M.</b> Chair / Hatha Yoga (LR)</p> <p><b>Món ăn nhẹ Việt Nam</b> Simple Snacks (CA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>Volunteering (OS)</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 11:50 A.M.</b> Anger Management (AA/H)-A</p> <p>Crochet &amp; Knitting (LR)</p> <p>Open Socialization: Media &amp; Art Connection (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 12:50 P.M.</b> Tai Chi (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 1:30 P.M.</b> Beading (AA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 1:50 P.M.</b> 8 Dimensions of Wellness (MR/H)-A</p> <p>Resilient Journey (SR/H)-B</p> <hr style="border-top: 1px dashed black;"/> <p>Video Game Group (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> Men's Group (MR/H)-A</p> <p>Nutrition Group (AA/H)-B</p> <hr style="border-top: 1px dashed black;"/> <p>Walk 4 Wellness (OS)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2:30 - 4:30 P.M.</b> Films with Friends (LR)</p> <hr style="border-top: 1px dashed black;"/> <p>Vietnamese Films with Friends (SR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>3 - 3:50 P.M.</b> DBSA (SR/H)-A</p>	<p><b>9 - 9:50 A.M.</b> Icebreaker (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 10:50 A.M.</b> Guided Imagery/Meditation (SR)</p> <p>Life Skills (LR/H)-A</p> <p>Schizophrenia Support Group (MR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 11:50 A.M.</b> Our Musical Playground (MR)</p> <p>Self-Esteem (LR/H)-A</p> <p>Women's Group (SR/H)-B</p> <p>Vietnamese ESL (AA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 12:50 P.M.</b> <b>Gardening (OS)</b></p> <p>Poet's Society (AA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 1:50 P.M.</b> <b>Linbrook Bowling (OS)</b> <b>\$3.50 cash</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 1:50 P.M.</b> Beginning Piano Group (LR)</p> <p>Managing Anxiety (AA/H)-A</p> <p>Narcotics Anonymous (SR)-B</p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> <b>"Kết nối qua văn nghệ"</b> <b>"Viet" Media &amp; Art Connection (LR)</b></p> <hr style="border-top: 1px dashed black;"/> <p>WRAP (SR)</p> <p>Beginning Art (AA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>3 - 3:50 P.M.</b> <b>"Viet" Nhóm Hỗ Trợ Tinh Thần</b> DBSA (SR)</p> <p>Alcoholics Anonymous (AA)</p>	<p><b>9 - 9:50 A.M.</b> Icebreaker (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 10:50 A.M.</b> Philosophy (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10:30 - 1 P.M.</b> <b>Social Outing (OS)</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 11:50 A.M.</b> Decision Making Employment (AA/H)-B</p> <p>Relationships &amp; Communication (MR/H)-A</p> <p>Vietnamese Women's Group (SR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 12:50 P.M.</b> Positive Thinking (SR/H)-B</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 1:30 P.M.</b> <b>Sewing &amp; Patchwork (AA)</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 1:50 P.M.</b> Reflective Journaling (MR/H)-A</p> <hr style="border-top: 1px dashed black;"/> <p><b>1:00 - 2:50 P.M.</b> Vietnamese Social Hour (RC)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> Chair / Hatha Yoga (LR)</p> <p>Open Socialization: Media &amp; Art Connection (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>3 - 3:50 P.M.</b> Beginning Spanish (AA)</p> <p>Guided Imagery/Meditation (SR)</p> <hr style="border-top: 1px dashed black;"/> <p>Tech Tutor (CL)</p> <hr style="border-top: 1px dashed black;"/> <p><b>3:30 - 4:30 P.M.</b> Community Mental Health Night (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>4:30 - 6:30 P.M.</b> Karaoke (LR)</p>	<p><b>9 - 9:50 A.M.</b> Icebreaker (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 10:50 A.M.</b> Codependents Anonymous (SR)</p> <p>Successful Strategies (AA/H)-A</p> <hr style="border-top: 1px dashed black;"/> <p><b>10:30 - 12:00 P.M.</b> Simple Snacks (CA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 11:50 A.M.</b> Alcoholics Anonymous (MR)</p> <p><b>Gardening (OS)</b></p> <p>Short Stories (CL)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 1:30 P.M.</b> DBSA (AA/H)-B</p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 1:50 P.M.</b> <b>Neighborhood Volunteering (OS)</b></p> <p>Video Game Group (LR)</p> <p>Walk 4 Wellness (OS)</p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 2:50 P.M.</b> Open Socialization: Puzzles / Legos (RC)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> Bingo! (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> Bingo! (LR)</p> <p>Supported Education (AA/H)-B</p> <hr style="border-top: 1px dashed black;"/> <p><b>3 - 4:30 P.M.</b> Karaoke (LR)</p>	<p><b>9 - 9:50 A.M.</b> Icebreaker (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 10:50 A.M.</b> Anger Management (AA/H)-A</p> <p>Dance Celebration (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>10 - 1:00 P.M.</b> <b>Social Outing (OS)</b></p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 12:50 P.M.</b> Films with Friends (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>11 - 12:30 P.M.</b> NAMI Connection (AA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>12 - 1:30 P.M.</b> Open Socialization: Arts and Crafts (RC)</p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 1:50 P.M.</b> Animal Allies (LR/H)-A</p> <p>Beginning Spanish (AA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>1 - 2:30 P.M.</b> Simple Snacks (CA)</p> <hr style="border-top: 1px dashed black;"/> <p><b>2 - 2:50 P.M.</b> Bingo! (LR)</p> <hr style="border-top: 1px dashed black;"/> <p><b>3 - 4:30 P.M.</b> Karaoke (LR)</p> <hr style="border-top: 1px solid black;"/> <p><b>Room Abbreviations:</b> Art Academy (AA)   Computer Lab (CL) Culinary Academy (CA)   Living Room (LR) Music Room (MR)   Offsite (OS) Serenity Room (SR) Hybrid (XX/H)-A or B or C</p> <hr style="border-top: 1px dashed black;"/> <p><b>Highlight Key:</b> <b>New / Returning Group</b> <b>Time Change</b> <b>Name Change</b></p>

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