



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2</div> <div>WCW CLOSED</div> <div></div>	<div>3</div> <div>10 - 12 p.m. Seal Beach Cleanup (15 1st St., Seal Beach)</div>	<div>4</div> <div>12 – 2 p.m. Linbrook Bowling 🎳 (\$3.50)</div>	<div>5</div> <div>10:30 - 1 P.M. OC Museum of Art 3333 Avenue of the Arts Costa Mesa, CA</div>	<div>6</div> <div>9:30 – 12:30 p.m. Fullerton Aboretum 1900 Associated Rd. Fullerton, CA 92843</div>	<div>7</div> <div>10:00 - 1 P.M. Fullerton Train Museum 200 East Santa Fe Ave. Fullerton, CA 10 – 10:50 A.M. Community Meeting</div>
<div>9</div> <div>12 – 2 p.m. Linbrook Bowling 🎳 (\$3.50)</div>	<div>10</div> <div>10 – 10:50 A.M. Community Meeting 1 - 4 P.M. STARLIGHT CINEMA (\$5.00) 12111 Valley View St. Garden Grove, CA</div>	<div>11</div> <div>1 – 3 p.m. WCW Mid-Autumn Festival</div> <div></div>	<div>12</div> <div>10:30 - 12 P.M. WCC Job Fair 401 S. Tustin Ave. Orange, CA 2 - 3:15 P.M. Goodwill Job Club: How to Land An Interview 11227 Garden Grove Blvd. 101A Garden Grove, CA</div>	<div>13</div> <div>9:30 – 12:30 p.m. Mother’s Beach 3361 E. Ocean Blvd. Long Beach, CA 92843</div>	<div>14</div> <div>10:00 - 1 P.M. Recovery Happens Picnic 3000 W. Edinger Ave. Santa Ana, CA</div>
<div>16</div> <div>10 – 11 A.M. Laura’s House: Empathy 12 – 2 p.m. Linbrook Bowling 🎳 (\$3.50)</div>	<div>17</div> <div>11:30 – 12 P.M. New Lungs Presentation</div>	<div>18</div> <div>10 – 10:50 A.M. Community Meeting 11 – 12 P.M. SSI/SSDI Medical and Working Presentation (English) 12 – 3 p.m. WCS Hispanic Heritage Month 23072 Lake Center Dr. Suite 115 Lake Forest, CA</div>	<div>19</div> <div>10 – 12 P.M. MHSA Presentation</div> <div></div> <div>10:30 - 1 P.M. Rodger’s Garden 2647 East Coast Highway Corona Del Mar, CA</div>	<div>20</div> <div>9:30 – 12:30 p.m. Yakult Factory Tour 37550 E. Spring St. Long Beach, CA 92843 *Seating Limited! Sign up by 9/13*</div>	<div>21</div> <div>10:00 - 1 P.M. Buena Park Farmer’s Market 8000 La Palma Ave., Buena Park, CA</div> <div></div>
<div>23</div> <div>12 – 2 p.m. Linbrook Bowling 🎳 (\$3.50)</div>	<div>24</div> <div>10 - 12 p.m. Seal Beach Cleanup (15 1st St., Seal Beach)</div>	<div>25</div> <div>10 – 2 p.m. WCW Outing: Tanaka Farm</div> <div></div>	<div>26</div> <div>10 – 10:50 A.M. Community Meeting 10:30 - 12 P.M. Laguna Lake Park 3120 Lakeview Dr. Fullerton, CA</div>	<div>27</div> <div>WCW CLOSED</div> <div></div>	<div>28</div> <div>10:00 - 1 P.M. Tri-City Regional Park 2301 Kraemer Blvd. Placentia, CA</div>
<div>30</div> <div>12 – 2 p.m. Linbrook Bowling 🎳 (\$3.50)</div>					<div>Community Meetings (LR): <i>Groups scheduled at the same time as CM are canceled for that day.</i> Employment Specialist hours: Tuesday - Saturday 2 - 4 P.M. Education Specialist hours: Tuesday 1-2:30PM, Wednesday 2-4PM, Friday 10:15-11:30AM</div>



Program Hours: Monday-Saturday: 9 - 5 p.m. | Wednesday: 9 - 4 p.m. | Thursday: 9 - 7 p.m. | Sunday: Closed

11277 Garden Grove Blvd, Suite 101A, Garden Grove, CA, 92843

Phone: 657-667-6455

September 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9 - 9:50 a.m. Icebreaker</div> <div>10 - 10:50 a.m. Emotions Anonymous (H/A)</div> <div>Vietnamese Exercise Group</div> <div>11 - 11:50 a.m. Cartoon Drawing</div> <div>Healing & Self-Discovery (H/A)</div> <div>11 - 12:50 a.m. Crochet & Knitting</div> <div>12 - 12:50 p.m. Living Your Best Life (H/A)</div> <div>Open Socialization: Media & Art Connection</div> <div>12– 2:00 p.m. Linbrook Bowling - \$3.50</div> <div>1 - 1:50 p.m. Ceramic Painting</div> <div>Life Enhancement (H/A)</div> <div>2 - 2:50 p.m. Dual Diagnosis</div> <div>Enlightenment</div> <div>2:00 - 3:30 p.m. “Nhóm sức mạnh và hy vọng” “Viet” Strength & Hope</div> <div>3 - 3:50 p.m. Chair/Hatha Yoga</div> <div>4 - 4:50 p.m. Karaoke</div>	<div>9 - 9:50 a.m. Icebreaker</div> <div>10 - 10:50 a.m. Chair / Hatha Yoga</div> <div>Món ăn nhẹ Việt Nam Simple Snacks</div> <div>Volunteering</div> <div>11 - 11:50 a.m. Anger Management (H/A)</div> <div>Codependents Anonymous</div> <div>Crochet & Knitting</div> <div>12 - 12:50 p.m. Beading</div> <div>Tai Chi</div> <div>1 - 1:50 p.m. 8 Dimensions of Wellness (H/A)</div> <div>Resilient Journey (H/B)</div> <div>Video Game Group</div> <div>“Vietnamese” Women’s Group</div> <div>2 - 2:50 p.m. Men’s Group (H/A)</div> <div>Nutrition Group (H/B)</div> <div>Walk 4 Wellness</div> <div>2:30 - 4:30 p.m. Films with Friends</div> <div>3 - 3:50 p.m. DBSA (H/A)</div>	<div>9 - 9:50 a.m. Icebreaker</div> <div>10 - 10:50 a.m. Guided Imagery/Meditation</div> <div>Life Skills (H/A)</div> <div>Schizophrenia Support Group</div> <div>11 - 11:50 a.m. Our Musical Playground</div> <div>Self-Esteem</div> <div>Women’s Group (H/A)</div> <div>Vietnamese ESL</div> <div>12 - 12:50 p.m. Gardening</div> <div>Poet’s Society</div> <div>12 - 1:50 p.m. Linbrook Bowling - \$3.50</div> <div>1 - 1:50 p.m. Beginning Piano Group</div> <div>Managing Anxiety (H/A)</div> <div>Narcotics Anonymous (H/B)</div> <div>2 - 2:50 p.m. Beginning Art</div> <div>“Kết nối qua văn nghệ” “Viet” Media & Art Connection</div> <div>WRAP</div> <div>3 - 3:50 p.m. “Viet” Nhóm Hỗ Trợ Tinh Thần DBSA</div> <div>Alcoholics Anonymous</div>	<div>9 - 9:50 a.m. Icebreaker</div> <div>10 - 10:50 a.m. Philosophy</div> <div>10:30 - 1 p.m. Social Outing</div> <div>11 - 11:50 a.m. Decision Making Employment (H/A)</div> <div>Relationships & Communication (H/B)</div> <div>12 - 12:50 p.m. Positive Thinking (H/A)</div> <div>12 - 1:30 P.M. Sewing & Patchwork</div> <div>1 - 1:50 p.m. Reflective Journaling (H/A)</div> <div>1:00 - 2:50 p.m. Vietnamese Social Hour</div> <div>2 - 2:50 p.m. Chair / Hatha Yoga</div> <div>Open Socialization: Media & Art Connection</div> <div>3 - 3:50 p.m. Guided Imagery/Meditation</div> <div>Tech Tutor</div> <div>3:30 - 4:30 p.m. Community Mental Health Night</div> <div>4:30 - 6:30 p.m. Karaoke</div>	<div>9 - 9:50 a.m. Icebreaker</div> <div>10 - 10:50 a.m. Neighborhood Volunteering</div> <div>Peer Empowerment</div> <div>Successful Strategies (H/A)</div> <div>10:30 - 12:00 p.m. Simple Snacks</div> <div>11 - 11:50 a.m. Alcoholics Anonymous</div> <div>Gardening</div> <div>Short Stories</div> <div>12 - 12:50 p.m. TAY Group</div> <div>12 - 1:30 p.m. DBSA (H/A)</div> <div>1 - 1:50 p.m. Video Game Group</div> <div>Walk 4 Wellness</div> <div>1 - 2:50 p.m. Open Socialization: Puzzles / Legos</div> <div>2 - 2:50 p.m. Bingo!</div> <div>Bingo!</div> <div>Supported Education (H/A)</div> <div>3 - 4:30 p.m. Karaoke</div>	<div>9 - 9:50 a.m. Icebreaker</div> <div>10 - 10:50 a.m. Anger Management (H/A)</div> <div>Dance Celebration</div> <div>10 – 1:00 p.m. Social Outing</div> <div>11 - 12:30 p.m. NAMI Connection</div> <div>11 - 12:50 p.m. Films with Friends</div> <div>12 - 1:30 p.m. Open Socialization: Arts and Crafts</div> <div>1 - 1:50 p.m. Animal Allies</div> <div>Beginning Spanish</div> <div>1 - 2:30 p.m. Simple Snacks</div> <div>2 - 2:50 p.m. Bingo!</div> <div>3 - 4:30 p.m. Karaoke</div> <div>Abbreviations: (H/A or B): Hybrid Group</div> <div>Highlight Key: New / Returning Group Time Change Name Change</div>

Calendar is subject to changes