

How to prepare for your EYEBROW appointment..

It is important to follow the pre procedure instructions.

Ideal Inks address: 111 1st St NE, Little Falls, MN 56345 (Inside of Platinum Cosmetics)

Text (320) 630-9215 with questions.

- Please do not bring any children or guests to your appointment.
- Must stop using 14 days before your appointment: (These ingredients make it nearly impossible to implant the pigment and will affect the healed results) - retinol, tretinoin, glycolic acid, benzoyl peroxide, salicylic acid, and alpha hydroxyls, chemical anti-aging exfoliants, or any "brightening" skin care products.
- **Do not consume caffeine** or alcohol 24 hours prior to your service. This will increase bleeding, make it difficult for your artist, and affect the healed results. Your artist will need to cancel your appointment if you are bleeding too much!
- You must be off any & all antibiotics & steroids for 10 days before and after your appointment. If you need to reschedule, contact Kristy as soon as possible at (320) 630-9215.
- Do not take any medications or supplements that will thin your blood within 24 hours prior to your appointment (aspirin, Advil, fish oil, vitamin E, ibuprofen, excedrin migraine). Tylenol / Acetaminophen are better options.
- You must be 18 years old or older for all PMU services. Bring a valid ID
- Plan accordingly and show up on time. **If you are 15 minutes late**, your appointment will be canceled. This will result in losing your booking fee. • Set aside 4 hours for your appointment.
- Do not wax, tweeze, or shave any hair 72 hours prior to your appointment (let your brow hair grow out).
- It is okay to wear makeup to the appointment. Makeup on the forehead & eyebrow area will be wiped off.
- Inspiration pictures **of Kristy's work** are helpful.
- No botox or filler for 2 weeks before &/or after your appointment.
- No chemical peels 3 weeks before &/or after your appointment.
- If you have a blemish in the desired area, we will have to wait for it to heal completely. Text Kristy with a picture if you need to reschedule.
- Kristy will book your touch up appointment while you are at your first appointment. Must complete touch up within 4 months from your first appointment.
- Ideal Ink does not accept checks.
- If you plan to pay with a card, there will be a 3% convenience fee. The 3% does "not" go to Ideal Ink. The 3% fee is what Square charges for the convenience of using a card with their system.
- If you plan to pay with cash, there will **not** be a 3% charge. All sales are final and not refundable.
- You can reschedule 1 time 48 hours or greater from your scheduled appointment. Please only reschedule if it is an emergency. Rescheduling within 48 hours of your appointment will result in losing your booking fee.