

Building Blocks for a Healthy Marriage

.... what God has joined together let no man put asunder

Presented by:
Bishop Fred E. Hill, D.D.

Purpose

- People are marrying less and cohabitating more
- Divorce rate is skyrocketing

Purpose

- Out of wedlock births have dramatically increased
- Same sex marriages are widely accepted

Objective

- Offer a better pattern for marriage than what the world offers.
- Help couples safeguard their marriages against divorce.
- Redirect couples back to God's plan for our lives – including our marriages

Significance of Marriage

- Marriage is the second most important relationship in a person's life.
- Marriage relationship is seen as the most intimate of all relationships on a human level.
- Marriage relationship was chosen by God as a picture of his relationship with people.

Agape & Heseb Love

Agape “I Love You Unconditionally”

- Unselfish and unconditional in nature.
- Love with not strings attached.

Agape & Heseed Love

Agape love is:

- Only available through God
- A God-given capacity
- Covenant love

Building Blocks for a Healthy Marriage (Part One)

Agape & Hased Love

Hased “God’s Tenacious Love”

- Deepest form of committed love
- Refuses to let go.
- Keeps covenant regardless of what the spouse does or fails to do.
- Will not stop loving or being faithful

Prayer

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Commitment

Commitment is the basic glue that holds a marriage together.

Commitment

What does commitment mean?

- The state or instance of being obligated or emotionally impelled (forced or driven)
- To bind as by a promise or a pledge

Commitment

What are some words that expresses what commitment involves?

- Dedication
- Loyalty
- Devotion

Commitment

What are some words that expresses what commitment involves?

- Steadfastness
- Faithfulness

Components of Commitment

- Social commitment
- Divinely sanctioned commitment
- Personal commitment

Commitment

Marriage is a commitment to:

- Possibly having children and, if so, responsibly raising them.
- Fulfilling the practical duties of family

Commitment

Marriage is a commitment to:

- Being an expressive partner, loving unselfishly, intimately, emotionally and sexually
- Complimenting and empowering one another

Submission

Submission is the willingness to give up our right to ourselves, to freely surrender our insistence on having our own way all the time.

Submission

Submission means putting the needs, rights, and welfare of another person ahead of our own.

Submission

Who should submit to whom:

- Wives to husbands. Ephesians. 5:22 & 1Peter 3:1
- Citizens to the government. 1Peter 2:13-14

Submission

Who should submit to whom:

- Servants to masters. 1Peter 2:18
- Husbands to wives. Ephesians. 5:21 & 2Peter 3:17

Submission

Submitting yourselves one to another in the fear of God. Ephesians 5:21

Prayer

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Respect

Respect is defined as:

- Consideration, and courteous regard.
- A feeling of high regard, honor, or esteem.

Respect

Respect means to:

- To show consideration for
- To avoid intruding upon or interfering with
- To treat with deference or dutiful regard

Respect

- Whoever desires respect must show respect to others and live in a manner worthy of respect.
- Anyone who would be respected must be respectable.

Respect

Husbands and wives who see each other as made in God's image will never have any problems with respect.

Honor

Honor means:

- To show great respect or high regard for
- To treat with deference and courtesy
- Gracious politeness
- A polite, helpful, or considerate act or remark

Nourishment

The root word for nourishment is nourish.

Nourish means to:

- Promote the growth of
- Furnish or sustain with nutriment
- Feed
- Maintain support

Nourishment

Couples may nourish one another by promoting their spouse's spiritual growth.

Nourishment

Couples may nourish one another by promoting their spouse's spiritual intimacy.

Nourishment

Couples may promote spiritual growth within each other by:

- Talking
- Praying
- Studying

Nourishment

Couples may promote spiritual growth within each other by:

- Serving
- Dreaming

Prayer

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Confrontation and Forgiveness

- **Confrontation**

Holding the other person responsible for their actions.

- **Forgiveness (Forgiving)**

A willingness to lift the penalty and continue a loving, growing relation

Confrontation and Forgiveness


A good marriage is not destroyed by some failures, but a good marriage will be destroyed if we are not willing to deal with our failures and renew our covenant

Confrontation and Forgiveness

Covenant Marriage is not dependent upon perfection, but covenant marriage is based upon a steadfast love that is willing to give and forgive.

Appreciation

Appreciation is shown when a person is cherished. Appreciation enables us to:

- Hold dear
- Feel or show affection  for
- Keep or cultivate with care and affection
- Entertain or harbor in the mind deeply and resolutely
- Appreciate and accept one another
- Nurture

Appreciation

- Appreciation is expressed by:
- Giving meaning touch
- Speaking words of blessing
- Giving freely

Summary

- Something to think about
- Let's talk
- Let's pray