Calendar of Events

July 1-6 - VBS Set-Up

July 3 - Prayer Group - 6:30 p.m., Prayer Chapel

July 4 - Independence Day

July 7-11 - VBS - 6-8 p.m., Lakewood

July 9 - Mission Committee - 6:30 p.m.

July 10 - Prayer Group - 6:30 p.m., Prayer Chapel

July 11 - Puppet Practice - 5 p.m., Russett Room

July 17 - Epilogue Group - 11:30 a.m., McGarrey's Oakwood Café

July 17 - Prayer Group - 6:30 p.m., Prayer Chapel

July 18 - Outreach Committee -6:30 p.m.

July 18 - Puppet Practice - 5 p.m., Russett Room

July 20 - Rummage Sale Drop Off - 9 a.m.-12 p.m., Fellowship Hall

July 20 - Drum Circle - 11 a.m.-12:30 p.m., Fellowship Hall

July 24 - Prayer Group - 6:30 p.m., Prayer Chapel

July 25 - Puppet Practice - 5 p.m., Russett Room

July 25 - Seawolves Night - 6:05 p.m., UPMC Park

July 28 - Church Picnic - 12 p.m., Asbury Woods Picnic Pavilion

July 31 - Church Council - 6:30 p.m., Sanctuary





Rev. Kathleen Schoeneck

Grieving

My Friends, I hope I'm not repeating myself, but with the losses and life changes many of have had to make this year, I wanted this article reprinted. -Pastor Kathleen

We usually only think of grief in relation to the death of a loved one, but people grieve any change that is a

loss of identity, status, belonging or routine.

Be a good listener. Sometimes the best thing you can offer to someone who is grieving is to listen. Assure the person that it is okay to talk about his or her feelings. Although you cannot erase the pain of the bereaved person's loss, you can provide a great deal of comfort by being there to listen.

Respect the person's way of grieving. There is no right or wrong way to grieve. Everyone grieves in his or her own way. The sadness of loss, however, is universal.

Be aware that a grieving person will have emotional ups and Grief is often described as an emotional roller downs. coaster. Someone who has experienced a loss may feel fine one moment and overcome with emotion the next. This is a normal part of the grieving process.

Avoid giving advice. It is best to avoid making suggestions about what the bereaved person should or shouldn't do. Such advice is usually well meant, but it may make the bereaved person feel worse. Instead, let the person know that you recognize how great his or her loss is. For example, you might say, "This must be a difficult time for you," or "How painful this must be for you and your family." Acknowledge that their loss is real!

Refrain from trying to explain the loss. Words that are meant to console the bereaved can in some cases have the opposite effect. Listening is more helpful.

One of the hardest things to do as the one listening is to make no judgment about the grief event. It takes God's power to empty yourself of your own issues and just be there for someone else.

Help out with practical tasks. A bereaved person may be glad to have help with activities like grocery shopping, (Continued on page 2) preparing meals, making phone calls, doing laundry, babysitting and so on. Rather than saying, "Let me know if there is anything I can do to help," offer assistance with specific tasks you are in a position to help with.

Stay connected and available. There is no timetable for grief. People who are grieving need time to heal, so be patient. Let the bereaved person know that you will check in often. Even if he or she is not yet ready to talk or to be around others, simply knowing you're there can be very comforting.

Offer words that touch the heart. It's natural to struggle with finding the right words. Simple words are often the best. For example, say: "I'm so sorry for your loss. How can I help?" No matter how unsure you may feel about the support you are offering, what matters most is that you are genuinely concerned and want to help. The bereaved person will likely appreciate your sincere efforts to be supportive.

Praying for all who grieve, no matter WHAT the loss.

-Pastor Kathleen



SUNDAY JULY 28 at NOON ASBURY WOODS PICNIC PAVILION

(behind Asbury Barn/Tennis Courts)

Faith Circle is sponsoring the Lakewood Church Picnic and hopes you will be able to attend. Meat, drinks and table settings will be provided.

Bring a favorite dish or dessert to share.

Sign-up in the narthex.

Rain or shine, be there!

LAKEWOOD UNITED WOMEN IN FAITH

The August Rummage sale will be here in the blink of an eye! In fact, the first drop off is Saturday July 20 from 9 a.m. until noon. This time around we will be accepting all the usual plus all winter clothing, fall & Christmas decorations! We still are not accepting electronics or books. Please remember to only send gently used items! The second drop off will be August 3 from 9 a.m. until noon. Set up will officially start Monday, August. 5 through the morning of Thursday, August 8. The Friends and Family night will be August 8, from 5-7 p.m. The public sale will be Friday, August 9 and Saturday, August 10. If you have any questions or need help getting your donations to church, please call Bonnie Heiges or Sharon Swanson.

Men's Group

The last day to sign up for the \$5 July 25th Seawolves game is Sunday, July 14. The tickets will be passed out on Sunday, July 21.

The next Men's Group meeting is Monday, September 9 at 6:30 p.m. in the church library.

SAVE THE DATE

The Party in the Park will be Wednesday, August 24 (6 to 8 p.m.)

FREE—all are welcome—live music, dunk tank, Sonlight puppets, ice cream, popcorn & various activities



ANNUAL LAKEWOOD BOOK SALE

Faith Circle will be sponsoring our annual BOOK SALE on September 19, 20, 21 in Fellowship Hall. You can help by donating books and bringing them in on our collection dates, Saturday, August 31 and September 7 from 9 a.m. to noon. (Please do not bring books to the church before these dates!!!!)

We can accept paperbacks and hardcovers but **NO** magazines, encyclopedias, dictionaries or textbooks. Cookbooks, only if in excellent condition. Also, **NO** books or movies on DVDs, DVR, or cassette tapes.

If you are unable to bring books to the church on these dates, please contact Maria Spicher at 814 -397-8545 to arrange a pickup.

We will need lots of helpers to have a great sale and welcome any help you can give. Tasks include the collecting and sorting books, organizing, set-up and take down of tables, signs, and books. To volunteer for any of these tasks, contact Maria Spicher at 814-397-8545.

We look forward to another great event and fellowship with book lovers of all ages!

All proceeds are used for Faith Circle ministry and outreach projects such as Harvest 912 Foot Care for the Homeless, CPR/AED Training, EUMA Welcome Home Kits, and the Lakewood Church Picnic



"Books are important for the mind, heart and soul."

WELCOME HOME KIT



Faith Circle will again be providing a "Welcome Home Kit" to EUMA for use when a family is ready to transition to their own home. These kits contain many items needed to jump start independent Faith Circle would like to extend an livina. invitation to the congregation to donate items for a second kit! A completed kit will be on display in the Narthex Sunday, July 14. Anyone interested in donating may sign up for an item to purchase at that time. Purchased items must be brought to the church by July 31. Lakewood's continued support of this local mission is a blessing as we help those in need take the next step in their journey toward independent living. Please contact MJ Giacomelli at 814-746-6580 or mjrg54@gmail.com auestions.

JULY BIRTHDAYS

| Amy Estes | 07/02 |
|--------------------|-------|
| Ellen Hulings | 07/02 |
| Ashley Thais | 07/02 |
| Richard Giacomelli | 07/04 |
| Jackson Eastman | 07/06 |
| Alan Clark | 07/07 |
| John Currier | 07/07 |
| Gary Delio | 07/07 |
| James Robertson | 07/07 |
| Alice Johnson | 07/09 |
| Sandra Ellsworth | 07/11 |
| Tony Roussos | 07/12 |
| Jane Hasley | 07/13 |
| Ethan Belknap | 07/16 |
| Samantha Brown | 07/16 |
| Kristen Schut | 07/16 |
| Stacy Draghi | 07/17 |
| Sandra Hess | 07/19 |
| Clarita Schoen | 07/19 |
| Patricia Webber | 07/19 |
| Linda Arkelian | 07/22 |
| Kevin Moore | 07/22 |
| Lyn Kendall | 07/24 |
| Judy Mallory | 07/24 |
| Sonia Moore | 07/24 |
| Eric Marn | 07/25 |
| Cameron Olson | 07/25 |
| Devon Wettekin | 07/26 |
| Heidi Williams | 07/26 |
| Mary Geib | 07/28 |
| Katlyn Wettekin | 07/29 |
| Linda Lim | 07/30 |

Council Update - July

Pathways to Intentional and Innovative Ministries Planning Retreat: After months of praying, discerning, and compiling data, we are ready to plan. On Saturday, August 24, we will be having a planning retreat led and supported by WPAUMC. All are welcome to join us as we analyze the data and determine next steps. Please contact Jackie Bull if you plan on attending as lunch will be provided.

Date: Saturday, August 24 Time: 10:00 a.m. - 2:00 p.m.

Location: Lakewood

RSVP: By August 18 to Jackie Bull

(missjackie77@hotmail.com / Call or text 814-323-6805)

Prayer: Prayer releases the power of God. When God's power is released, it brings spiritual increase. Whenever God wants to do a new work, God first sets people apart to pray. Prayer is the precursor to change. Praying moves us closer to the heart of God, a heart filled with compassion for people who are far from God and in deep need.

To paraphrase Wesley, "Nothing happens until somebody starts praying." What should we be praying for? What do we want to change or improve at Lakewood? What is it that we want? Until we ask God or tell Him what we want, we may never receive.

Join Council in praying for the following intentions:

- Younger families to join us
- Fervent discipleship with members
- Purposeful participation of members

Lakewood Handbook: Council has worked together to develop a handbook that contains all of the information one might need about our committees and ministries. The handbook is available on our website and hard copies are available in the office.

The next Council meeting will be July 31 at 6:30 p.m.



June 2024 Attendance:

Average attendance for weekly in-person worship: 70

Average views of weekly livestream (Youtube): 40

Average weekly combined "attendance" for June: 110

Average weekly combined "attendance" to-date for 2024: 120



VBS 2024 CAMP Firelight

Surrounded by water, trees, and rolling hills, Camp Firelight is the perfect location for every Camper's favorite summer activities! During each assembly session, Campers join first-time camp counselor Miss Pam and Lu (short for Lumen), the lightning bug mascot, and learn to face their fears while trusting in God. Each day, Campers see Counselor Pam face new challenges, from as simple as leading Campers on a hike to as intimidating as meeting a new and wise nature expert. With the help of Lu the Lightning Bug and the Camp Counselor Guidebook, Counselor Pam and our Campers explore timeless Bible stories that show how Old and New Testament Campers trusted God in the face of their own fears and went on to do great things in God's name.

Sunday, July 7th through Thursday, July 11th from 6-8 p.m.

Daily colors: Sunday-Green Monday-Blue Tuesday-Orange Wednesday-Yellow Thursday-Red Lakewood United Methodist and Immanuel Lutheran Churches are working together to make this VBS 2024 at Camp Firelight a meaningful experience with God.

Psalm 56:3 Whenever I am afraid I put my trust in you.

Parent letters and Registration forms are available in the Main Office.

The Epilogue Group

If you lost your spouse... COME JOIN US!

The Epilogue Group will meet July 17 at 11:30 a.m. at McGarrey's Oakwood Café 1624 West 38th Street.

Contact Mary Geib at 814-833-4181 to RSVP. Hope to see you there!

PRAYER SHAWL MINISTRY

Lakewood's prayer shawl ministry is continuing to make shawls, baby blankets, and lap robes. They are in the prayer chapel for anyone to take to a family member, friend, or anyone who needs some comfort and prayers.

Please write the date and the number of shawls taken in the log book.