DEAN C. KRAMER, M.D.

1155 N.W. 64TH TERRACE
GAINESVILLE, FL 32605
352-331-6736
FAX: 352-331-0413
Website: kramermedicalclinic.com
Email: dckramermd@gmail.com

The following questions are designed to obtain some general information about your health history. Please complete the FRONT and the BACK of ALL pages.

Your appointment has been scheduled for _____at _____a.m./p.m.

PATIENT INFORMATION (Please print or type)

Name: _____Sex: [ ] Male [ ] Female

Street address: _____

City: _____State: _____Zip: _____

Last 4 digits of SS #:_____Driver's License #:_____

Home phone: _____Cell Phone: _____

Email address: _____ Date of Birth: _____

Person to notify in case of emergency: _____

Address: _____ Phone Number: _____

Relationship: _____

Person responsible for payment of your professional fees: [ ] myself [ ] other

Other person responsible: _____

Address: _____ Phone Number: _____

Relationship:
_____

Referred by:
_____

If you have insurance coverage, please indicate the type(s):

[ ] Medicare [ ] Medicare Number:_____

[ ] Blue Cross/Blue Shield [ ] Contract Number:_____

[ ] Other insurance coverage: (list name of carrier and contract numbers here)

DESCRIBE YOUR INTESTINAL PROBLEM(S)

_____

_____

_____

_____

_____

PREVIOUS SURGERY: **(Place a mark in the box next to the type surgery you have had and the approximate date of the surgery)**

[ ] Appendectomy	**[ ] Hernia repair**
[ ] Colon surgery	**[ ] Hemorrhoids**
[ ] Cardiac pacemaker	**[ ] Hysterectomy**
[ ] Gastric bypass	**[ ] Stomach surgery**
[ ] Gallbladder removal	**[ ] Colonoscopy**
[ ] Heart stent placement	**[ ] Upper endoscopy**
[ ] Sinus surgery	**[ ] Nose surgery**

PREVIOUS MEDICAL PROBLEMS:

Please place a mark in the box next to the illness or illnesses that you currently have or have had in the past.

□ Crohn's disease	**□ Heart murmur**	**□ Rheumatic fever**
□ Ulcerative colitis	**□ High cholesterol**	**□ Rheumatoid arthritis**
□ Uterine cancer	**□ High blood pressure**	**□ Hemorrhoids**
□ Esophageal reflux	**□ Irritable bowel syndrome**	**□ Anemia**
□ Helicobacter pylori	**□ Chronic diarrhea**	**□ Emphysema**
□ Duodenal ulcer	**□ Gallstones**	**□ Eating disorder**
□ Colon polyp(s)	**□ Pancreatitis**	**□ Radiation therapy**
□ Esophageal varices	**□ Diverticulitis**	**□ Thyroid disease**
□ Fibromyalgia	**□ Kidney stones**	**□ Migraine headaches**
□ Heart attack	**□ Stroke**	**□ Abnormal heart rhythm**

FAMILY HISTORY

- **Is your mother living? [ ] Yes [ ] No (cause of death):**
  _____
- **Is your father living? [ ] Yes [ ] No (cause of death):**
  _____
- **Have any of your relatives been diagnosed with cancer before the age of 50? [ ] Yes [ ] No**
- **Have any immediate family members (mother, father, brother, sister, child) had any of the below conditions regardless of age?**

[ ] Breast cancer [ ] Ulcerative colitis [ ] Colon cancer
[ ] Heart attack before age 50 [ ] Colon polyps [ ] Hypertension
[ ] Crohn's disease [ ] Ovarian cancer [ ] Diabetes

ALCOHOL AND TOBACCO

- **Do you drink alcohol? [ ] Yes [ ] No**
- **If "Yes", how much alcohol do you drink in a week?**
  _____cans of beer per week _____glasses of wine per week
  ____ounces of liquor per week
- **Do you use tobacco products? [ ] Yes [ ] No**
- **If "Yes", what kind? [ ] Cigarettes _____packs/day [ ] Snuff**
  [ ] Chewing tobacco [ ] Pipe [ ] Cigars

BOWEL MOVEMENTS:

- **How many bowel movements do you usually have each day?**
  _____
- **Have you had any recent change in the frequency of your bowel movements?**
  [ ] Yes [ ] No
- **Have you recently been experiencing constipation? [ ] Yes [ ] No**
- **Have you recently been having diarrhea? [ ] Yes [ ] No**
- **Have you been experiencing more than three bowel movement a day?**
  [ ] Yes [ ] No
- **Have you had any loss of control of your bowel movements recently?**
  [ ] Yes [ ] No
- **Have you seen any blood appear in or on the stool or on the toilet tissue or in the toilet water in the last month? [ ] Yes [ ] No**
- **Do you have abdominal cramping associated with your bowel movements?**
  [ ] Yes [ ] No

- **Does the need to have a bowel movement cause you to awaken from sleep?**
  [ ] Yes [ ] No

HEIGHT AND WEIGHT

- **How tall are you? _____**
- **What is the most that you have weighed in the last 12 months? _____**
- **What is the least that you have weighed in the last 12 months? _____**
- **What is your current weight? _____**

WATER SUPPLY

- **Is your residence supplied by city water or well water?**
  [ ] city water [ ] well water
- **If your water supply comes from a well, have you had the water tested for contamination by your county health department in the last year?**
  [ ] Yes [ ] No

NON-PRESCRIPTION MEDICATIONS

Do you take any of the following non-prescription items? Check those that apply.

[ ] Vitamin D
[ ] Probiotics
[ ] B12
[ ] Aspirin
[ ] Acid reducing medications
[ ] Daily multivitamin
[ ] Other over-the-counter supplements
[ ] Non prescription pain medications
(Examples, Advil, Ibuprofen, Aleve, Motrin, Bufferin, Excedrin)

OTHER DRUGS

In the last year have you used any of the following recreational drugs?

[ ] Marijuana
[ ] LSD
[ ] Cocaine
[ ] Methamphetamines
[ ] Methadone
[ ] Opiods

BEVERAGES CONSUMED

- **Do you drink coffee? If so, how many cups per day?**

  [ ] None [ ] 1-3 [ ] more than 3

- **Do you drink black tea? If so, how many cups a day?**

  [ ] None [ ] 1-3 [ ] more than 3

- **Do you drink cola drinks? If so, how many cola drinks per day? Examples: Coca Cola®, Pepsi Cola®, Sprite®, 7 UP®, Ginger Ale®, etc.**
  [ ] None [ ] 1-3 [ ] 4-6 [ ] More than 6
- **Do you drink carbonated beverages other than cola drinks? If so, how many per day? Examples: Seltzer water, LaCroix, etc.**
  [ ] None [ ] 1-3 [ ] 4-6 [ ] More than 6
- **Do you drink energy drinks more than twice a week such as Monster®, Red Bull®, or Jolt®,? [ ] Yes [ ] No**
- **Do you drink any beverages that contain artificial sweeteners?**
  [ ] Yes [ ] No
- **Do you regularly use artificial sweeteners in or on your food?**
  [ ] Yes [ ] No

DIAGNOSTIC STUDIES

- **Have you had any of the following imaging studies done in the last 12 months? Check those that apply:**

[ ] CT scan	**[ ] Bone density study**
[ ] MRI scan	**[ ] Upper endoscopy**
[ ] Gallbladder sonogram	**[ ] Colonoscopy**

ALLERGIES

- **Do you have any drug allergies? [ ] Yes [ ] No If so, please specify**

  _____

  _____

- **Do you have any food allergies? [ ] Yes [ ] No If so, please specify**

  _____

  _____

- **Have you ever been diagnosed with hay fever? [ ] Yes [ ] No**
- **Have you ever been diagnosed with nasal polyps? [ ] Yes [ ] No**
- **Have you had multiple infections of the nose? [ ] Yes [ ] No**

RISK FACTORS
FOR
MICROBE RELATED INFLAMMATION

Place a mark in the box next to one or more conditions or treatments that may have occurred in the last 5 years.

1. [ ] Asthma
2. [ ] Bleeding gums
3. [ ] Bronchiectasis
4. [ ] Bronchitis
5. [ ] Chronic cough
6. [ ] Dental cavities
7. [ ] Dry eye irritation
8. [ ] Eye infections
9. [ ] Fever blisters
10. [ ] Gingivitis (sore gums)
11. [ ] Iritis (red, painful eye)
12. [ ] Mastoiditis
13. [ ] Middle ear infections
14. [ ] Mouth ulcers
15. [ ] Periodontitis (gum disease)
16. [ ] Pink eye
17. [ ] Post nasal drip
18. [ ] Sinus infections
19. [ ] Strep throat
20. [ ] Stye
21. [ ] Tonsillitis
22. [ ] Use of contact lenses
23. [ ] Use of nasal inhalers
24. [ ] Use of nose drops
25. [ ] Use of oral inhalers

INTESTINAL SYMPTOMS

In the last month, have you had any of the following symptoms? Check those that apply:

[ ] Nausea [ ] Night sweats

[ ] Vomiting [ ] Involuntary weight loss of more than 5 pounds

[ ] Heartburn [ ] Difficulty swallowing

[ ] Loss of appetite

DENTAL HISTORY

- **Since you were born, how many dental cavities have been filled?**
  [ ] None [ ] 1-3 [ ] 4-7 [ ] 7-10 [ ] More than 10
- **How frequently do you go to the dentist? [ ] Less than once a year**
  [ ] Once a year [ ] Twice a year [ ] More than twice a year
- **How frequently do you have your teeth cleaned by the dental hygienist?**
  [ ] Less than once a year [ ] Once a year [ ] Twice a year [ ] More than twice a year
- **Do you use an electronic rechargeable toothbrush? [ ] Yes [ ] No**
- **Do you use a standard bristle toothbrush? [ ] Yes [ ] No**
- **Do you have a history of recurrent bleeding gums? [ ] Yes [ ] No**
- **Have you ever been under the care of a periodontist (gum specialist)?**
  [ ] Yes [ ] No
- **Do you frequently have mouth sores (canker sores)? [ ] Yes [ ] No**
- **Have you ever needed any dental caps/crowns? [ ] Yes [ ] No**
  If so, how many? [ ] 1-3 [ ] 4-6 [ ] 7-10 [ ] More than 10
- **Do you have any dentures? [ ] Yes [ ] No**
- **Do you have any dental bridges? [ ] Yes [ ] No**

- **How long do you take to brush her teeth? Check one that applies.**
  - **[ ] Unknown**
  - **[ ] Less than 30 seconds**
  - **[ ] Greater than 30 seconds but less than one minute**
  - **[ ] More than one minute but less than two minutes**
  - **[ ] Two minutes or longer**
- **Do you have any dental implants? [ ]Yes [ ]No**
- **Have you had any root canals? [ ] Yes [ ] No**
- **Name of your dentist:_____**
  Address:_____
  Telephone Number:_____

ANTIBIOTIC USAGE

How many times in the last five years do you think that you have been prescribed antibiotics?

[ ] None [ ] 1-5 times [ ] 6-12 times [ ] More than 12 times

Have you ever used antibiotics for more than 10 days in a row at any time in your life? [ ] Yes [ ] No

COVID STATUS

- **Have you had COVID infection? [ ] Yes [ ] No**
- **Have you received COVID vaccine? [ ] Yes [ ] No**

MENTAL HEALTH

- **Have you ever been diagnosed with anxiety? [ ] Yes [ ] No**
- **Have you ever been diagnosed with depression? [ ] Yes [ ] No**
- **Do you current see a mental health advisor? [ ] Yes [ ] No**
- **Have you ever been diagnosed with Attention Deficit Disorder?**
- **[ ] Yes [ ] No**
- **Have you ever been diagnosed with an eating disorder?**
- **[ ] Yes [ ] No**

MEDICATION LIST

(PLEASE LIST *ALL MEDICATIONS* THAT YOU TAKE INCLUDING PRESCRIPTION MEDICATIONS,

MEDICATION	STRENGTH	# OF TIMES TAKEN DAILY
Example: Vitamin D	***1000 I.U.***	***Once***
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22.		
23.		
24.		
25.		

AS WELL AS VITAMINS, MINERALS, PAIN RELIEVERS, SUPPLEMENTS, AND PROBIOTICS)