

HOW TO PREPARE FOR A TELEHEALTH CONFERENCE CALL FROM DR. KRAMER.

MEDICATIONS AND SUPPLEMENTS

Please have available a complete list of all of your medications including all prescription drugs and all over-the-counter non-prescription items taken including vitamins, minerals, and other supplements.

WRITING MATERIALS

Please have a pen and paper readily available to write down any instructions given to you by Dr. Kramer.

PHARMACY

Please have available the name and telephone number of your pharmacy.

CONTACT INFORMATION

Please have the names and telephone numbers of any healthcare providers you have seen in the last six months.

HAVING AN ADDITIONAL PERSON PRESENT

Please have available an additional person with you at the time of your Telehealth conference call under the following circumstances:

- If you have difficulty hearing over the phone . . .
- If you have difficulty recalling any of the information requested above . . .
- If English is difficult for you to understand over the phone. . .

ELIMINATING BACKGROUND NOISE

Please make sure that all television and radio devices are turned off during your Telehealth conference call with Dr. Kramer.