

# Consent for Enhanced Ocular Wellness Screening

We are proud to offer the newest Ocular Wellness Screening at our office as a service to our patients. We believe that prevention is key, by offering cutting-edge eye care technology to ensure our patients maintain a lifetime of superior vision and eye health.

## **The Complete Ocular Wellness Screening includes Digital Fundus Photography and Spectral Doman Optical Coherence Tomography.**

- **Digital Retinal Photography** can help the doctor assess your risks for serious diseases such as **diabetes, glaucoma, macular degeneration, and high blood pressure**. These conditions can lead to serious health problems, including partial loss of vision or blindness, and often develop without warning and progress without any symptoms. Retinal photography also sets a baseline in your record so if anything changes in the future, we have something to compare back to – a picture is worth a thousand words, right?
- **Spectral Doman Optical Coherence Tomography or “OCT”** for short, is THE greatest advancement in eye care technology in the last decade, SD-OCT scans the eye like an MRI, is 100% safe, painless and takes only seconds to perform. The OCT provides high definition cross sections of your retina in stunning detail to catch what is **invisible** with traditional examination methods. This unique technology allows us to detect vision threatening and systemic diseases in **very early stages**, when they are most treatable and usually **cannot** be detected by any other evaluation methods. *(No radiation or X-rays are used in this test – only light waves!)*

### **Who should have this screening done:**

- New patients
- Patients with a family history of eye diseases (glaucoma, macular degeneration, retinal disease, blindness)
- Patients that have high blood pressure, diabetes, high cholesterol, auto-immune conditions, a history of cancer
- Patients on medications such as Hydroxychloroquine (Plaquenil), Ethambutol, Topamax, Tamoxifen, Steroids
- Patients with a history of glaucoma, macular degeneration or any other eye diseases/surgeries/injuries

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**The Wellness Screening Test includes both retinal photography and OCT.**  
**Wellness screenings are not covered by most insurances at this time, but are available to you for a fee of \$50**

**Dr. Sauer highly recommends this complete baseline screening for ALL patients as it is the most comprehensive assessment of eye health currently available.**

\_\_\_\_\_ *I elect to have this wellness test performed*

\_\_\_\_\_ *I understand the benefit of this wellness test, but I DECLINE to have it performed*

Name: \_\_\_\_\_

If minor, name of parent/guardian: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_