

COVID-19 SCREENING SELF-ASSESSMENT

The safety of our participants is our overriding priority. As the coronavirus (COVID-19) pandemic continues, we are monitoring the situation closely and following the guidance from the Centers for Disease Control, Prevention, and local health authorities.

In order to prevent the spread of the coronavirus and reduce the potential risk of exposure in our facility, we ask that you perform this self-assessment and use the CDC Coronavirus Self-Checker tool before attending the retreat.

At the retreat center, we will be following regulatory guidelines including masks and social distancing. If you have any concerns, please do not attend and your registration fees will be fully refunded.

1. Is your temperature over 100.0 F?
2. Do you have uncontrolled cough that causes shortness of breath (If you have chronic allergies/asthmatic cough, is your cough a change from your baseline cough?)
3. Have you had diarrhea, vomiting, or abdominal pain in the last 24 hours?
4. Do you have a new onset of severe headache?
5. Do you have muscle aches or weakness not associated with physical activity or medical condition?
6. Do you have a sore throat not associated with allergies?
7. Have you taken Ibuprofen/Tylenol for headache in the past 24 hours?
8. Have you had close contact in the last 14 days with someone who is currently sick with confirmed COVID-19 (Close contact is within 6ft for more than 15 minutes.)
9. Have you had close contact with someone suspected (waiting for test results or has symptoms) of COVID-19? (Close contact is within 6ft for more than 15 minutes.)
10. Have you or someone you live with traveled in the last 14 days to areas with travel warnings?



[Coronavirus Self-Checker | CDC](#)

