

APRIL 2020

GREYSTONE LADIES CLUB MAGAZINE



See page 2 for Important Announcement concerning luncheon meetings.

Apr. 1 - April Fool's Day

Apr. 10 - Good Friday

Apr. 12 - Easter

Apr. 15 - Tax Day



IMPORTANT ANNOUNCEMENT

Due to the current COVID-19 outbreak, the Greystone Golf and Country Club will not be hosting events for the next 4 weeks. This obviously effects the Board Meeting and our monthly Luncheon Meeting for April. We will keep you informed concerning the May Luncheon as soon as the Country Club has made a decision regarding future events.

Please check the website greystoneladiesclub.com for updates.



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GLC Luncheon - APRIL 8, 2020

CANCELLED

Please keep checking the website for information on our May Luncheon.

We will post information as it is received.

Our monthly luncheons are open to all Greystone residents in Founders, Legacy, The Crest, and members of the Greystone Golf and Country Club. Make your reservations early! All you have to do is make a reservation and pay by 5:00 pm on the Friday before the luncheon. After the deadline, all reservation requests will be put on a waiting list. When making reservations, please indicate whether your lunch will be charged to your GG&CC account or if you are dropping a check at the GG&CC Founders’ lobby mailbox. The mailbox is just inside the front door of the clubhouse. All checks should be made payable to the Greystone Ladies Club and please clearly mark the envelope “GLC Luncheon”.

Cancellations may be made and payment refunded up until the reservation deadline by calling or emailing Sierra Earle. After the deadline, refunds will only be given if there is a waiting list.

———— WE WELCOME NEW MEMBERS.

The Greystone Ladies Club was established in 1992 by a group of neighbors wanting to bring all Greystone ladies together for goodwill, educational and charitable purposes. The Greystone Ladies Club is open to all residents “inside the gates” or the Greystone Community (Founders, Legacy and the Crest) and members of the Greystone Golf and Country Club.

***The opinions expressed in the guest articles are not necessarily those of the GLC.**



Please visit our website,
greystoneladiesclub.com

to see:

- List of Board Members
- GLC Membership Form
- GLC Ad Rate Form

Look for us on Facebook.

It is such a blessing to live in a beautiful community designed to enjoy family and our surroundings. Who knew that we would have to be confined to our own spaces – just as the warm weather comes our way?

While driving through the community, we can't help but notice the beautiful Yoshino Cherry trees in bloom, as well as the azaleas and all other early blooming trees, plants and shrubbery. This serves as a reminder to us that Easter is near!

Many of us use our yards as backdrops for taking pictures and having Easter egg hunts for the children. Friends will understand that this year we must do things differently and limit some of our dinner celebrations and gatherings.

We appreciate what Easter means to our neighbors. For some, it is all about the Easter Bunny and under healthy circumstances, dressing up and going on a family outing. For others, it is referred to as Resurrection Sunday, a holiday and/or festival commemorating the resurrection of Jesus from the dead. While writing this letter, I am reminded of my childhood and singing a song: He Arose (Christ arose), He Arose (Christ arose), He Arose from the dead...

Whatever your traditions are, the Greystone Ladies Club is all inclusive. We enjoy diversity and what everyone has to offer. We are looking for your part, so consider joining us for an annual fee of \$40.00 per year. We have a luncheon on the second Wednesday of each month at the Greystone Golf and Country Club. See reservation information in our Magazine.

Happy Easter!

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ADMINISTRATIVE PROFESSIONALS DAY

First observed as National Secretaries Week, this holiday was designated for June 1-7 in 1952; in 2000 the holiday name was changed to Administrative Professionals Day and is celebrated annually on the Wednesday of the last full week of April. This name change reflected the alternate job titles for secretaries, administrative assistants, receptionists, client services representatives, and other administrative support professionals in today's administrative work force. To show appreciation, gifts of flowers and plants are traditionally sent or given on this day.



Administrative Professionals Day

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Allison Murphy Oswald

HUE KNEW THE CHEMISTRY WOULD BE RIGHT...?

Allison Murphy was enjoying a fun life of travel and fashion as a wholesale representative for retail companies HUE hosiery, Ray Ban sunglasses, Polo Ralph Lauren and Revlon cosmetics. While on a business trip to Birmingham, Alabama, she met a chemical engineer named Jim Oswald. For this good southern gal from Knoxville, Tennessee, and upstate New Yorker, the chemistry was just right and life got even more fun!

For the past 26 years, married life for Allison Oswald has been packed with parenthood, travel, and living in and out of the south and then back again. She worked in Boston for Polo Ralph Lauren long enough to know her way around the city like most people know their way around the block!! After sixteen years in New Hampshire, three years ago, they moved back to Alabama and Greystone. Allison's days are full with managing their household, Bible studies, volunteer work, sewing, smocking, reading, fundraising for King's Home, cooking (desserts are her speciality), and when she finds time to relax, entertaining by the pool while Jim assumes the grilling responsibilities!

Living out of a suitcase during her career equipped her to travel with ease to more adventurous destinations with family and friends. They frequent New York City for the holidays, and throughout the years, they have ventured to Spain, Portugal, Italy, Mexico, Hawaii, Puerto Rico, Barbados, Saint Lucia, Finland and Russia. They love winter vacations in Miami and recently saw the manatees in Crystal River, Florida, and in the Florida Keys, they found the sea turtles to be unbelievably beautiful creatures when they toured a fascinating sea turtle hospital.

Allison and Jim's children, James and Sarah, are frequent travelers with their parents. They were born in Alabama, but grew up mostly in New Hampshire—even so, 'Bama spirit and Crimson blood runs deep. James recently graduated from the University of Alabama with Finance and Mathematics degrees. Sarah is now a senior at Alabama majoring in computer science with a concentration on cyber security and criminal justice.

Allison earned her degree from the University of Tennessee in Human Ecology with a focus on Fashion Merchandising and a minor in Business Administration. Life no longer allows time for a career, but Allison maintains a keen interest in Fashion and keeps current on the trends. She not only attends the GLC Fashion shows, but at every opportunity, extends GLC members an invitation to the shows held regularly at The Club. Allison is currently Treasurer for GLC and fortunately for GLC, she will be extending her tenure in that position one more season. Next time you see her, ask her about spending a fun day attending a fashion show, either at Greystone Ladies Club or The Club!!

Spring into a new home!

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BIRMINGHAM *April* HAPPENINGS

PLEASE VISIT BIRMINGHAMAL.ORG FOR INFORMATION ON POSSIBLE CANCELLATIONS OR RESCHEDULING OF EVENTS.

2020 Funky Fish Fry – APRIL 4. Avondale Brewery. Listen to funky music while you chow down on fried catfish and cold beverages. A kid friendly event with face painting, inflatables, a rock wall and sensory-friendly stations.

Mount Laurel's Spring Festival – APRIL 6. The Mt Laurel Spring Festival, now in its 19th year, has continually grown to be a premier family event. Visitors will enjoy shopping at the many artisan and farmer pop-up booths; watching live music on the Bryson Square Stage; and savoring delicious eats at Mt Laurel restaurants and Birmingham food trucks.

Gumbo Gala – APRIL 18. Sloss Furnace. This spicy event has grown into one of the city's most popular cooking competitions. Proceeds benefit Episcopal Place, which provides affordable, independent living for seniors and disabled adults.

St. Elias Lebanese Food and Cultural Festival – APRIL 17-18. St. Elias Maronite Church. Now in its 18th year, the festival serves up the very best Lebanese dishes from baked kibbe to baklava.

Magic City Art Connection – APRIL 24-26. Linn Park. Birmingham's largest art festival spotlights 200 juried, fine artists from around the country in all mediums alongside Corks & Chefs: A Taste of Birmingham, Imagination Festival workshops for kids, two performance stages, a cafe and more.

VISIT BIRMINGHAMAL.ORG FOR A FULL LIST OF HAPPENINGS AROUND YOU!

MARCH PROGRAM HIGHLIGHTS



Wednesday's GLC Luncheon was one for the records! Thank you, All About The Dance, for energizing and encouraging us to dance! We truly enjoyed every minute of your teaching and performances.



MARCH PROGRAM HIGHLIGHTS





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Everyone needs a will, even young adults, especially if they have children, but according to the AARP more than 60% of Americans do not have one. As people age, having proper estate planning documents is even more important.

Presenter: Lynn Campisi J.D., LL.M.

Location: Greystone Golf & Country Club - Founder's Clubhouse

Join Us: Tuesday, April 21, 2019 from 6:30 – 8:15 PM

A light supper will be provided. Reservations required:

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Online Webinar Coming in May

Preparing for Long-Term Care Expenses in Retirement

Presenter: Blake May, J.D., CFP®

Join Us: Tuesday May 12, 2020 from 3:00-4:00 PM

For more information or to register online, visit our website: www.meldfinancial.com

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ASHEVILLE, N.C.

FROM BREWS TO VIEWS, NEW REASONS TO LOVE AN OLD FAVORITE

By Ann N. Yungmeyer

Surrounded by the highest peaks east of the Mississippi River, Asheville lies in the heart of the Blue Ridge Mountains, an area first admired by the native Cherokee Indians who called it, “land of the blue mist.” Home to cultural legacies including Biltmore Estate, built in the late 1800s for George Vanderbilt, the city has long been a popular mountain retreat. Asheville’s crisp mountain air, thought to be therapeutic, attracted many health seekers around the turn of the century, as well as entrepreneurs including E.W. Grove, who built Grove Park Inn in 1913. It is one of the city’s most distinctive landmarks (now an Omni resort hotel) that set the stage for an entrepreneurial spirit and genuine wellness culture that persist today.

In addition to outdoor recreation and spa retreats, Asheville visitors enjoy the blend of historic architecture with contemporary hotels, cozy restaurants and eclectic boutiques. Award-winning chefs have built a thriving culinary scene; with more breweries per capita than any U.S. city, Asheville embraces the moniker, “Beer City USA.”



Eat, Sip, Shop, Chill

A variety of culinary adventures from Farm-to-Table Tours to the Asheville Brews Cruise make it easy to sample the city’s food legacies and local craft beers. Or wander on your own in the South

Slope neighborhood where you'll find a multitude of local flavors at Bhramari Brewing, Burial Beer, Catawba Brewing, Funkatorium and other brewpubs.



Choices abound for memorable dining in Asheville's walkable downtown, but don't miss Cúrate for Spanish tapas, led by superstar chef Katie Button who has also opened Button & Co. Bagels. Another hotspot is Benne on Eagle at The Foundry Hotel, which introduces a new era of Appalachian cuisine with dishes like onion-braised rabbit and fried catfish on waffles. Breakfast lovers should head for Early Girl Eatery downtown or the new West Asheville location (go early to avoid a wait).

Pop into Grove Arcade, an architectural gem with one-of-a-kind shops where you can lose yourself at the Book Exchange and Champagne Bar, or chill out at Wake Foot Sanctuary with a foot soak and massage. Then, walk over to Asheville Bee Charmer to sample honey and satisfy your sweet tooth.

Canines are welcome in Asheville! A new Dog City Tour begins with an urban walk from Asheville's Dog Welcome Center (the first of its kind in the country) and stops at breweries, eateries and shops that cater to man's best friend.



Art and architectural highlights

Enjoy bird's eye views of Asheville's historic buildings against the backdrop of the Blue Ridge with Asheville Rooftop Bar Tours.

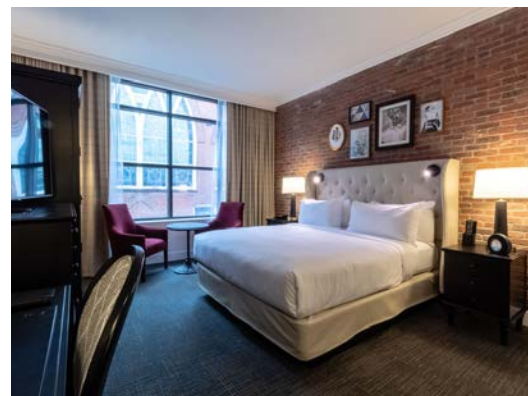
The new company offers van-chauffeured visits to rooftop venues such as The Montford at Hyatt Place, Capella on 9 at AC Hotel, and Hemingway's Cuba at Cambria Hotel. Tour creator Kaye Bentley shares tidbits of city history, with then-and-now photos of notable neighborhoods.

Asheville River Arts District is home to more than 220 artist studios and galleries in a former industrial area that once housed a meat packing plant, chicken hatchery, tannery and various warehouses. Browse on your own or take a guided tour with Asheville Art Studio Tours to meet artists in all genres. The neighborhood also holds Second Saturdays every month and a Fall Studio Stroll with demonstrations and special events.

Pottery lovers may want to visit the downtown boutique of East Fork, a pottery/lifestyle brand co-founded by the great-grandson of French artist Henri Matisse. His artisan ceramics studio began on a tobacco farm in Madison County and has since grown into a new facility in Biltmore Village.

Stay and Play

Asheville's "oldest" new hotel, The Foundry, blends luxury and history in renovated buildings of the former Asheville Supply & Foundry Co., which produced steel and other metal castings for Biltmore Estate. Part of the Hilton Curio Collection, the boutique hotel features century-old brick walls, contemporary furnishings and vintage-inspired accessories in spacious guest rooms and suites. Located on South Market Street, The Foundry is just a short walk to downtown attractions. But the best hotel amenity is the Tesla Model X house car, available to chauffeur guests around town and on excursions.



At Biltmore Estate, one of the key attractions besides touring the mansion is exploring the grounds, conveniently done when you stay on property at The Inn or Village Hotel. You can enjoy hiking, biking, horseback and carriage rides, among other activities. Biltmore's newest offerings include falconry, fly-fishing from a kayak and the Outrider Tour via electric recumbent tricycle.

When to visit? Summer and fall need no coaxing - the warmer months are ideal for outdoor adventure and scenic Parkway drives. Winter is a well-kept secret and my favorite time for wandering city blocks and enjoying the urban vibe, minus the crowds. Regardless of the season, you'll find novel experiences and a friendly, welcoming atmosphere among locals and visitors, alike.

www.ExploreAsheville.com

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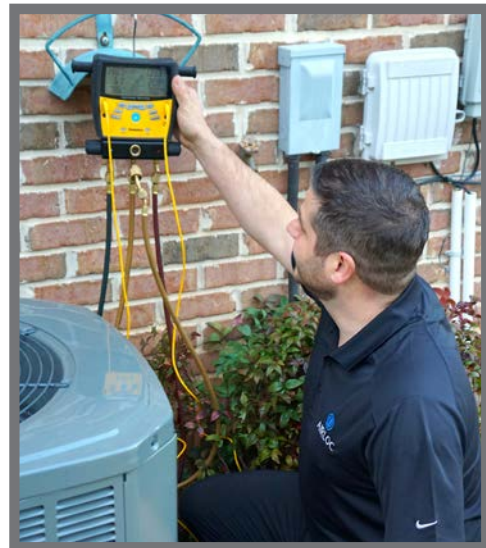
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Testimonial

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Professional, very hard-working, goes the extra mile, straight forward, trustworthy, gets back to you with feedback almost immediately, and gets the job done!

She and her husband went over to my home on multiple occasions to stage, clean, repair... who does that?

She is one of the most successful realtors in Greystone and still found the time to do all of the above... and got my house sold in January a week after listing!!!!

I am absolutely insisting my friends utilize her when buying or selling... definitely a cut above! Simply the best!

—Marlene Wallace Berndt

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Coconut Chicken with Cucumber Salad

- 1 egg white, lightly beaten
- 2 skinless chicken breasts
- 3 tbsp flaked coconut
- 1 tsp sunflower oil
- ½ cucumber, thinly sliced on the diagonal
- 1 small red onion, thinly sliced
- 2 tsp sugar
- 2 tbsp white wine vinegar
- salt/pepper to taste



Heat oven to 350°. Season the egg white. Dip the chicken in the egg, then in the coconut. Place on a lightly oiled baking sheet and bake for 20-25 mins, turning once until the chicken is cooked through.

Meanwhile, put the cucumber slices into a colander, sprinkle with a little salt and leave for 5 mins to drain. Pat the cucumber slices dry with kitchen paper. In a bowl, mix the onion with the sugar and vinegar, then add the cucumber and serve with the chicken.

Enjoy!

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