

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	10:00 - 12:00 Craft Group	10:30 - 11:30 Yoga Group			09:30 - 11:30 Parents and Toddlers		
Afternoon		14:30 - 15:30 Keep Fit	19:00 - 20:00 Pipe Band Practice	13:00 - 15:00 Glass Fusion Group			
Evening		19:00 - 22:00 Slimming World					