

Jeffre TallTrees Ph.D.

Jeffre is an author, workshop leader, experienced executive, and licensed psychologist with over 30 years of clinical experience specializing in relationships, human sexuality, and energy medicine. Jeffre received her Ph.D. from the California School of Professional Psychology in 1977. She was continuing education and volunteer director for The Open Door drug abuse prevention project for four years. From 1980 through 1982 she was director of the Family Stress Center in Concord, California. During that time, she was chairman of the Human Services Advisory Commission of Contra Costa County. She was acting director of mental health for Tuolumne County in 1982.

She was in private psychology practice from 1981 until 2005 specializing in marital and sexual therapy. With a colleague, she co-authored *Intimacy: A Green Light Fort Red Hot Sex* which was published in 1997. For ten years in the 80s and 90s, Dr. TallTrees wrote a weekly psychology advice column titled *Let's Talk* for four local newspapers in Contra Costa County, California. After years of membership, she became president of the Bay Area Clinical Hypnosis Society in 1994. Jeffre was a long-time member of AASECT, the American Association Of Sexuality Educators, Counsellors, and Therapists, and presented at its 1997 and 1998 national conventions.

After studying with Margot Anand in 1996, she completed her sacred sexuality teacher training and served as an instructor for her year-long *Love And Ecstasy Training* until 1999. As co-founder of Tantra At Tahoe since 1998, she teaches workshops and counsels clients on conscious sexuality. Jeffre has co-authored three books on tantric sex. Jeffre presented at the

national Lifestyles Convention in Reno and Las Vegas 2002, 2003, and 2004. After completing his *Light Body School* in 2005, she served as lead teacher for Dr. Alberto Villoldo's Four Winds Society until 2011. She has spoken publicly many times, been interviewed on local TV, and been quoted in newspapers. Jeffre's latest presentation was to the *Women Empowering Women* conference in California during 2016.