CL Cheerleading Academy Constitution

1. Title

1.1 The Organisation shall be called CL Cheerleaders, hereafter to be referred to as "the Organisation".

2. Objectives

- 2.1 To foster and promote the sports of Cheerleading, Twirling and Dance at all levels, providing opportunities for recreation and competition.
- 2.2 To train young people physically and mentally to be the best that they can be. In order to achieve this goal we will promote teamwork, sportsmanship, self-confidence, and physical fitness. We believe that the team skills, values and experiences an individual attains with CL will benefit them throughout their lives.
- 2.3 We are a community group who practise in a local village hall in order to encourage locals of all ages and backgrounds to take part in keep fit, socialise and have fun. We train young people and adults physically and mentally to be the best that they can be. In order to achieve this goal we will promote great british values of teamwork, sportsmanship, self-confidence, loyalty, dedication, commitment, respect, resilience, positivity, strength and endurance. We believe that the team skills and experiences an individual attains with CL will benefit them throughout their lives and interactions with others. We value our local community and do our best to develop and enrich the area and the lives of those within it.

3. Membership

3.1 Membership of the Organisation shall be open to any person, regardless of race, age, gender, sexual orientation or ability, who completes a membership application form and pays the relevant subscription/joining fee as determined by the Annual General Meeting of the Organisation Members.

4. Officers

4.1 The Officers of the Organisation shall be as follows:

Non-Executive Director - Honorary position

Organisation Head & Coach - Executive role

Secretary - Administrative

5. Election of officers

- 5.1 All Officers shall be elected at the Annual General Meeting of the Organisation, from, and by, the Members of the Organisation.
- 5.2 All Officers are elected for a period of one year, but may be re-elected to the same office or another office the following year.

6. General Committee

- 6.1 The affairs of the Organisation shall be controlled by a General Committee comprising the Executive Officers of the Organisation and other Members elected from, and by, the Full Members of the Organisation. The General Committee shall meet at agreed intervals and not less than four times per year.
- 6.2 The duties of the General Committee shall be:
 - 6.2.1 To control the affairs of the Organisation on behalf of the Members.
 - 6.2.2 To keep accurate accounts of the finances of the Organisation through the Treasurer. These should be available for reasonable inspection by Members and should be audited before every Annual General Meeting. The Organisation shall maintain a bank current account and the following Officers shall be authorised to dually sign Organisation cheques: Non Executive Director, Organisation Head & Coach, Secretary
 - 6.2.3 To co-opt additional members of the Committee as the Committee feels this is necessary. Co-opted members shall not be entitled to a vote on the Committee.
 - 6.2.4 To make decisions on the basis of a simple majority vote. In the case of equal votes, the Chairperson shall be entitled to an additional casting vote.

7. General meetings

- 7.1 The Annual General Meeting shall be held not later than the 7th November each year. 21 clear days' written notice shall be given to Members of the Annual General Meeting by circulating a copy of the notice to every member at their home address and posting the notice on the Organisation notice board. Members must advise the Secretary in writing of any business to be moved at the Annual General Meeting at least 14 days before a meeting. The Secretary shall circulate or give notice of the agenda for the meeting to Members not less than 7 days before the meeting.
- 7.2 The business of the Annual General Meeting shall be to:
 - 7.2.1 Confirm the minutes of the previous Annual General Meeting and any General Meetings held since the last Annual General Meeting.
 - 7.2.2 Receive the accounts and annual reports for the year.
 - 7.2.3 Review policies
 - 7.2.4 Review and Elect the Officers of the Club
 - 7.2.5 Review subscription rates and agree them for the forthcoming year.

7.2.6 Transact such other business received in writing by the Secretary from Members 14 days prior to the meeting and included on the agenda.

NOTE: The agenda could provide for "Any Other Business", but Members should be encouraged to refer other items to the General Committee and give the required notice for important Annual General Meeting business.

- 7.3 Special General Meetings may be convened by the General Committee or on receipt by the Secretary of a request in writing from not less than 3 Full Members of the Organisation. At least 21 days notice of the meeting shall be given.
- 7.4 Nomination of candidates for election of Officers shall be made in writing to the Secretary at least 14 days in advance of the Annual General Meeting date. Nominations can only be made by Full Members and must be seconded by another Full Member.
- 7.5 At all General Meetings, the chair will be taken by the Chairperson or, in their absence, by a deputy appointed by the Organisation or by Full Members attending the meeting.
- 7.6 Decisions made at a General Meeting shall be by a simple majority of votes from those Full Members attending the meeting. In the event of equal votes, the Chairperson shall be entitled to an additional casting vote.
- 7.7 A quorum for a General Meeting shall be 3 Full Members of the organisation of which 2 must be from the Chairperson; Secretary or President.
- 7.8 Each Full Member of the Organisation shall be entitled to one vote at General Meetings.

8. Alterations to the Constitutions

8.1 Any proposed alterations to the Organisation Constitution may only be considered at an Annual or Special General Meeting convened with the required written notice of the proposal. Any alteration or amendment must be proposed by a Full Member of the Organisation and seconded by another Full Member. Such alterations shall be passed if supported by not less than two-thirds of those Full Members present at the meeting, assuming that a quorum has been achieved.

9. Dissolution

- 9.1 If, at any General Meeting of the Organisation, a resolution be passed calling for the dissolution of the Organisation, the Secretary shall immediately convene a Special General Meeting of the Organisation to be held not less than one month thereafter to discuss and vote on the resolution.
- 9.2 If, at that Special General Meeting, the resolution is carried by at least two-thirds of the Full Members present at the meeting, the General Committee shall thereupon, or at such date as shall have been specified in the resolution, proceed to realise the assets of the Organisation and discharge all debts and liabilities of the Organisation.

9.3 After discharging all debts and liabilities of the Organisation, the remaining assets shall not be paid or distributed amongst the Full Members of the Organisation, but shall be given or transferred to some other voluntary organisation having objects similar to those of the Organisation.

10. Member Conduct

- 10.1 The coaches expect 100% and will push you to be the best you can be!
- 10.2 Everyone is required to be at practice unless you have an excused absence. If you are sick but not contagious or are injured, you are still expected to be at practice, you may sit out to watch and learn your positions/routine. Excessive absences will not be tolerated. Action taken will be at the discretion of the Head Coach. If you desire to participate in other activities remember that you are still required to attend all CL practices, tumbling clinics and camps. In order to progress in our stunts and mounts you must be at all practices. If a cheerleader is absent without excuse that cheerleader may lose the right to compete
- 10.3 Each cheerleader and coach must be present at least 5 minutes prior to practice
- 10.4 Each cheerleader and coach must be present for competitions 2 hour before we compete. Cheerleaders and coaches are expected to be present at all times, participating fully though out the event.
- 10.5 All cheerleaders and coaches are required to assist with fundraising activities.
- 10.6 No gum chewing, hair combing, or excessive visiting will be tolerated
- 10.7 We have a Zero Tolerance Policy when it comes to threats or other acts that constitutes bullying
- 10.8 All athletes and coaches are expected to be friendly, courteous, and enthusiastic whether winning or losing and cooperate with coaches and squad at all times. No use of foul, crude or abusive language or obscene gestures will be tolerated
- 10.9 Athletes and coaches must dress modestly to all practices: t-shirt, athletic shorts, competition shoes, hair must be pulled back, no jewellery of any kind.
- 10.10 Consistent violations of any of the above may result in expulsion from the squad.

Violation of the following WILL result in immediate expulsion/disciplinary action & confiscation:

Possession or use of illegal drugs, alcoholic beverages and tobacco of any kind

Suspension from school for violation of school discipline policy

Bullying, Threats or references to bodily injury