



Resort Packing Checklist

CLOTHING – FOR HIM

- 7 casual outfits (e.g., shorts + lightweight shirts)
- 2-3 evening outfits (collared shirts + long pants/smart shorts)
- 2 swim trunks
- 1 light jacket or sweater
- undergarments + socks for 7 days
- sleepwear
- 1 pair of comfortable walking shoes (unless worn on plane)
- 1 pair of sandals
- 1 pair of flip-flops

CLOTHING – FOR HER

- 7 casual outfits (e.g., dresses or shorts + light tops)
- 2-3 evening outfits (cocktail dresses or resort-chic wear)
- 2 swimsuits + cover-up/sarong
- 1 light cardigan or wrap
- undergarments (including bras) + socks for 7 days
- sleepwear
- 1 pair of comfortable walking shoes (unless worn on plane)
- 1 pair of sandals
- 1 pair of flip-flops
- small purse/clutch
- minimal inexpensive jewelry

TOILETRIES & BEAUTY

- toothbrushes + toothpaste
- wet wipes/hand sanitizer
- mouthwash
- hairbrush/comb
- razor + shaving cream
- deodorant
- perfume/cologne
- moisturizer (face + body)
- sunscreen (high SPF) *reef safe if able
- lip balm with SPF
- makeup & makeup remover (waterproof)
- compact mirror
- hair ties or clips
- feminine hygiene products (if applicable)
- toilet spray
- tweezers/nail clippers/scissors

DOCUMENTS & ESSENTIALS

- passports & ID's (Nexus if you have one)
- flight tickets (printed and/or digital)
- resort reservation confirmation
- travel insurance details
- copies of important documents
- credit cards
- cash (small denominations for tipping)
- emergency contact numbers

FIRST AID & HYGIENE

- Medications/prescription in original packaging
- bandages/blister cushions
- pain relievers
- anti-diarrheal/antacids
- antiseptic cream
- aloe vera/after-sun lotion
- insect repellent
- stain remover/travel laundry soap

MISCELLANEOUS

- beach bag/tote
- sunglasses (2 pairs each)
- Hats, caps, bandanas for sun protection
- lightweight backpack if plan on going on excursions
- thermal mug with lid
- Ear plugs/eye cover
- small candles for room
- wrinkle release spray (Downey Wrinkle Release)
- charging cables + power bank
- travel power adaptor (+ small power bar optional)
- "wet bag" (for damp swimsuits)
- waterproof phone case
- headphones

OPTIONAL

- portable Bluetooth speaker
- books or magazines
- massage oil
- snorkeling gear/water shoes/pool floaties
- deck of cards/cribbage board
- snacks for plane/room
- laptop/tablet
- travel clothesline