Unhealthy Air Quality Expected Throughout The Weekend

Amador County and Calaveras Counties are experiencing heavy smoke due to drift smoke from wildfires burning throughout the region. This is expected to last into the weekend. Public Health in both counties advise community members that air quality may be unsafe for those with sensitive medical conditions. Residents with chronic health conditions, young children, pregnant women and elderly adults should especially be aware and take protective measures. If you smell or see smoke, take these steps to protect your health: minimize outdoor activities...stay indoors with the windows and doors closed...do not run fans that bring smokey air inside (such as swamp coolers, fresh air ventilation systems)...do not smoke, vape, fry food or do other activities that will create indoor air pollution...Drink plenty of fluids to keep your throat moist...if you have chronic health conditions, monitor your health closely. Contact your health care provider if your symptoms worsen, including repeated coughing and wheezing...and if you are experiencing a healthy emergency, call 911.

