



CLEAR RETAINER

- ❖ The retainer is normally worn during sleeping hours only, unless otherwise instructed.
- ❖ Plan to wear your retainer indefinitely. It should last for years.
- ❖ It should be kept in a case when you are not using it and in your mouth at night. NEVER wrap your retainer in a napkin or leave out for pets to chew.
- ❖ Clean the retainer with your toothbrush and toothpaste every day.
- ❖ If your retainer is lost or damaged, you need to make an appointment right away to come in for an impression for a new retainer.
- ❖ There will be a charge for a new retainer.

If you have any questions, please don't hesitate to call.