



FIXED SPRINGS

Many times, correcting the bite requires more continual forces than elastics (rubber bands) create. This is partially due to the need to change the size and shape of the bone supporting the teeth.

To avoid damaging the spring, be careful with your toothbrush and opening your mouth excessively wide. If a spring comes loose contact the office as soon as possible.

You should experience a change in the way your teeth fit together and feel pressure with minimal discomfort. These are signs of progress.