

Speaker Bio/Intro

JENNY POWERS

Jenny Powers is a bestselling author, a motivational speaker and a transformational life coach. She is the founder of The Empowered Woman and the creator of The Empowered Woman Experience. She is the author of EMPOWERED: The Woman's Guide to Following Your Heart, as well as the author of The Empowered Workbook and The Empowered Journal. She is also an experienced ICF Certified Coach. She is the innovator and creator of 100 DAYS OF YOU, which is a 3-month transformational program that is changing the world by awakening every person to their best self.

Jenny has spent much of her life traveling around the world, seeking to live the best life that she can live and fulfilling her passion for adventure, for new experiences and for following her heart.

She is committed to inspiring people worldwide and to empowering everyone to live their best lives.