



## WHAT TO BRING TO QUAD CAMP

### **DROP OFF & REGISTRATION:**

**DROP OFF:** Monday from 10am – 12noon at the Track Location

#### What To Bring?

##### **Basics:**

- Sheets/Blankets or Sleeping Bag
- Pillow/Pillow Case
- Towels & Wash Cloth
- Personal Hygiene/Toiletry Items
- Change of Clothes for 4 days
- T-shirt & Shorts to work out in
- Tennis Shoes & Socks for morning exercise
- Swim Trunks/Bathing Suit (\*See Dress Code)

##### **Quad Items:**

- Helmet
- Boots
- Riding Socks (Knee High/Long)
- Gloves
- Goggles
- Chest Protector
- Off-Road Gear (2 sets recommended, but not required)
- ATV with full tank of gas

##### **Quad Items Continued:**

- Camelback aka Hydration Pack
- Bring 5-10 gallons of fuel
- Fresh Oil & Clean Air Filter in ATV
- 2 Ready-To-Use Air Filters for ATV
- Suggest wearing knee pads & neck brace

##### **Extras, only if you already have them:**

- Chain Lube
- Spark Plugs
- Cleaning Supplies for Air Filters
- Clutch & Brake Levers

##### **Also bring your own:**

- Sunscreen
- Bug Spray
- Flashlight
- Healthy Snacks (We provide snacks, but campers may want extra snacks)
- Notebook (Optional)
- Pen (Optional)

**Do Not Bring:** Cellphones, Jewelry, iPods, AirPods, Tablets, Electronic Games, Expensive Items, Inappropriate Magazines, & no items for hazing.

#### Dress Code

Everyone at camp is expected to dress modestly and appropriately at all times. Males must wear a shirt at all times (aside from water activities). Females are not allowed to wear two-piece bathing suits, bare midriffs, very low-neck lines, short shorts/skirts, or spaghetti straps. Tankini swim suits are allowed as long as they cover the midriff section.

#### Track and Camp Guidelines

The FUEL Camp Staff have full authority. Our #1 priority is SAFETY. So we ask for everyone to follow instructions, be respectful, and ask how they can help out to make this a successful week at camp. No Rider can leave the camp without the Camp Staff's permission. If a Rider needs to leave camp early, the parents/guardians or the authorized persons will need to come sign the Rider out with the FUEL Camp Staff.

#### Medical Personnel

Medical personnel will be on site. They will be at registration and will hold all medications, including Tylenol and any other over the counter meds with NO exceptions. Please complete a medication form and bring to Camp, along with the prescribed medications.

### **PICK UP, CLOSING CEREMONY & CAMP DEPARTURE:**

**Camp Closing:** Closing Ceremony is on Friday at 10:45 a.m.; Camp officially closes at 11:30 a.m. at the Track Location.

**We ask that you come join us for the closing camp ceremony**

#### Emergency Phone Calls

During camp, emergency phone calls can be made to FUEL Ministry Staff: Mark Nichols (502) 889-0874 or Rebecca Varney (937) 213-4253. When calling, please note the Camp and Rider's name and age. (We have several camps, so please state which specific camp).