



RACE GAS

FUEL
MINISTRY

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INTRO TO TEAM TIME & THIS GUIDE

Welcome to Camp!

Hey there! We are **so glad you're here** and willing to lead Team Time—what a gift that is to your group and to this camp. Your willingness to step in and guide these moments matters more than you know.

This guide is here to help you get started, know what's available, and feel confident as you lead.

What's included in Team Time?

- **Main Idea** – Knowing the destination makes the journey easy
- **Ice Breakers** – Comfort creates space for real conversation
- **Scripture** - When our voice is small, His Word is strong.
- **Conversation** - Honest conversation helps truth take root.
- **Next Steps** – True learning leads to transformation

Best Practices

- **Be Present** – Put your phone away, make eye contact, and lean in.
- **Listen Well** – Sometimes the best leadership is just creating space to hear others, these students want to talk, so let them.
- **Model Vulnerability** – Share from your own life, not just the “right answers.”
- **Read the Room** – Feel free to pivot if the moment needs something different.

- **Pray First, Pray Last, Pray when you need** – It's simple, but it makes all the difference.

You don't have to be a Bible scholar or a motivational speaker—just someone who loves Jesus and is willing to create space for others to grow. We're cheering you on big time.

If you ever feel stuck or unsure, **ask for help**. You're not doing this alone!

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." **Isaiah 41:10 (NIV)**

Let's make this an incredible summer.

—**The FUEL Team**

TABLE TALK / CONVERSATION STARTERS

Theme: Faith Over Fear – 2025 Camp Edition

These questions are meant to be casual, meaningful, and natural—perfect for lunch table convos, chilling at the cabin, or on the trail. Mix and match deep questions with light ones to keep the vibe real.

1. Camp Motto: "Where there is fear, there is no faith. Where there is faith, there is no fear."

- ✨ Fun: What's the most ridiculous fear you had as a little kid?
- ☕ Deep: When's a time fear stopped you from doing something? What would it have looked like to act in faith?
- 🛡️ God-Thread: What do you think it means to live with faith instead of fear day-to-day?

2. David vs. Goliath – Faith over Fear

- ✂️ Fun: If you had to fight a giant, what would your weapon of choice be (real or made up)?
- ✨ Chill: Who's someone you know that's brave even when it's hard?
- 🙏 Deep: Why is it hard to trust God when the odds are stacked against us?

3. Peter Walks on Water – Trust in Chaos

- 🌊 Light: Would you rather surf a 20-foot wave or walk on water for 60 seconds with Jesus?
- ⚡ Real Talk: What are some "storms" in your life that make it hard to focus on Jesus?
- li>• ✨ Faith: How can you "keep your eyes on Jesus" when things around you are chaotic?

4. The Fiery Furnace – Standing Strong in Faith

- 🚫 Fun: Could you stand in the middle of a room while everyone stared at you for 1 full minute?
- 😞 Honest: Have you ever stood out for your beliefs? What happened?

- 🍷 God Focus: What gave Shadrach, Meshach, and Abednego the courage to say no to the king?

5. Comparison & Identity – You Are Enough

- 📷 Fun: If social media disappeared tomorrow, what would you do with your time?
- 💬 Real Talk: What's something you've caught yourself comparing this week?
- ✨ Reminder: What does God say about your worth?

6. Measuring Up – God's Approval Over People

- 🌟 Fun: What's one compliment you've never forgotten?
- 🌈 Honest: What makes you feel like you don't measure up sometimes?
- ⚓ Anchor: Psalm 118 says, "The Lord is on my side; I will not fear." What would life look like if you lived that way?

7. Uniquely Made – Created in God's Image

- 🍪 Fun: If you were a cookie flavor, what would you be and why?
- 🧠 Honest: What's something unique about you that you're learning to like?
- 🌈 Big Picture: Why do you think God made all of us so different?

8. Real Relationship with God

- 📱 Light: If you could text God and get an instant reply, what would you ask?
- ✨ Relatable: What helps a friendship grow? How is that similar to our relationship with God?
- ❤️ Challenge: What's one small way you could grow closer to God this week?

Pro Tip for Leaders: Don't force it. Let conversations flow. These prompts are a toolbox, not a script. Listen well. Let silence happen. Share your own stuff too—authenticity invites authenticity.

TEAM TIME - CAMPER INTROS - Day 1 AM

INTRO

What's up, everyone—welcome to camp! We're seriously so glad you're here. This week is going to be packed with laughs, conversations, lots of seat time, hopefully getting a lot faster for each of us, and big moments with God. One thing you are going to hear a lot about this week is **fear**.

Fear can sneak up on us like an opponent in a game, taunting us to give in or slow down or give up altogether. But guess what? **We're not made to quit.** We're built to stand strong, face our challenges, and take them head on. **God gives us the strength to hold onto truth when fear tries to take over.**

Our camp motto says it best:

"Where there is fear, there is no faith. Where there is faith, there is no fear."

Let's hold on to that this week as we grow together. But for now—let's loosen up a little! **Time to jump up and do a few activities to get to know each other better. Let's go!**

ICE BREAKER

Name/Bike/Favorite place to ride or race?

We're going to go around the circle and ask each person to share their name, bike and favorite track. Example: (My name is little Johnny. I ride a KTM 65SX and my favorite track is Crow Canyon.)

Human Knot

1. Have the whole team stand in a circle, facing inward.

2. Tell everyone to reach their right arm forward towards the center and grab someone else's hand. Tell them to NOT grab the hand of the person right next to them though.
3. Next, have everyone reach their left arm in and grab someone else's hand.
4. Now, the fun begins! It is time to undo the knot. Tell them to NEVER let go of their partners' hands as they try to free themselves. They must use team work—communication, patience, trust, and more— to get out.

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 1 PM

MAIN IDEA - Fear of failure

SCRIPTURE VERSE - *Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.* **Deuteronomy 31:6**

INTRO

Hey everyone, I just want to give you a heads-up on what we'll be focusing on tonight. The main idea is our fear of failure, and our key verse is *Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.* - **Deuteronomy 31:6** Keep those things in your heart as we explore it together tonight. But first a few more questions as we get to know each other better.

ICE BREAKER

- I'd love to hear about your family—do you have any siblings? What are some of your favorite things to do when you're at home?
- How have you been afraid that you might fail before? **(USE THIS TO GIVE A PERSONAL EXAMPLE WHEN YOU AS A LEADER HAD FEAR)**

CONVERSATION

Oftentimes **we let our emotions dictate how well we ride**. We know in order to ride our best, we must be loose and focused. But, this is easier said than done when we are in a big race against other good riders.

Our scripture story picks up with Israel being at war with the Philistines. During this time armies carried spears, shields, swords, bows and arrows, and used chariots. But the Philistines had a secret weapon, the 9 foot 9 inch tall giant, mighty warrior named Goliath. For 40 days he came out and shouted insults at the army of Israel, "Send a man to fight me and if he wins then we will be your servants, but if I win you will be our servants." We read the result in **1 Samuel 17:11** ***"When King Saul and the Israelites heard this, they were terrified and deeply shaken."***

***In your mind which of these emotions is the strongest of all emotions? But more importantly, why?

- A. Love
- B. Happiness
- C. Fear
- D. Hope

Lets go back to our motto for camp, **"Where there is fear there is no faith, where there is faith there is no fear."** At this point in our story the Israelite army was terrified. Where there is fear there is no faith, no hope. But where there is faith in God, there is hope. Faith in God gives us hope and strength in all situations. David had faith that God would fight with him so he had no fear.

***If you were standing alone in front of Goliath would you:

- A. Wet your pants
- B. Be so scared you couldn't move
- C. Turn and run for your life
- D. Say a prayer and trust God will give you victory

***What if you had to fight Goliath BUT could pick one other person in this group to help—who would you pick and why?

David did the same thing. He picked the strongest person he knew to fight alongside him, God. When God is with you, you always have what is needed to overcome the challenges you face. Let's take a closer look at David. We know that he was the youngest of 8 sons and was only a teenager at the time. He worked as a shepherd which was considered the lowest of all jobs. David was the youngest of all the men gathered there to fight, he was the smallest, and had no military training. If all the soldiers lined up, he would be the last one you would pick to fight Goliath based on physical size and experience, however, he had something none of the others had which was a **faith in a living God that made him strong.**

***Why is it difficult to have faith or trust in God when we find ourselves in difficult circumstances?

- A. I can't see him
- B. God is a stranger to me
- C. I'm not sure he's paying attention
- D. What if he doesn't act to save me
- E. Something else

This is one of the reasons people say it is important to have a “personal relationship” with God. Just like any other relationship or friendship, **the more you spend time together, the better you get to know that person.** It’s the same with God. You get to know God more by praying, reading the Bible, being here at camp, youth group, or church. **The more you know about God, the more you can trust him in difficult situations.** Here are words your heavenly father wants to say to you:

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you.”

Deuteronomy 31:6

***Does it surprise you to hear God say these words to you? What makes you say that?

***David knew if God was with him he had nothing to worry about. How does it change the way you face difficult situations when you recognize that God is with you?

NEXT STEPS

Face Fear with Faith – When fear or doubt paralyze you, remember God is with you. Take a step forward in faith, just like David did, and don’t let fear stop you from moving toward what God has called you to do.

Build Your Relationship with God – Strengthen your faith by spending time with God through prayer, Bible study, and worship. The more you know Him, the more you’ll trust Him in tough situations.

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 2 AM

SCRIPTURE VERSE

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.

Deuteronomy 31:6

ICE BREAKER

- In dirt bike/quad racing what percentage is how good the bike is vs what percentage is how good the rider is? What makes you pick that percent?
- If you had Haiden Deegan's brand new Star Racing Yamaha would you be able to win every race just as you are? Why or why not?
- Last team time, we were talking about how **David chose to fight Goliath because he knew that God stood beside him**. How much does God do in battle and how much do you do in battle? Which would you pick?
 - I let go and let God do it all
 - I trust as if it all depends on God, and act as if it all depends on me
 - I have full responsibilities for my battles
 - God will take over when I run out of reserves

Discuss your choices.

- The most reassuring thing about God in this story is:
 - His weapons work
 - He can fight my battles
 - He can train me for battle
 - The enemy is never too big for God
 - He's got a good battle plan

Discuss answers

CONVERSATION

Here's the thing about God when it comes to battles—**we can prepare, train, and bring everything we've got**, but in the end, **He's always going to do more, be stronger, and finish what we can't**. One of the best parts of following Jesus is that **we never have to fight alone**.

You've probably heard the phrase, **"God won't give me more than I can handle."** Honestly, **I don't think that's true**. Life absolutely throws **more at us than we can handle on our own**. But the good news? **God can handle anything**.

David didn't beat Goliath because he had a sling and a stone—he won because **God was with him**. The key is learning to **trust God more, know Him better, and stand with Him when the battle comes**.

NEXT STEPS

What is one thing you can do to know more about God?

What can I do to replace fear with faith and trust in God?

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 2 PM

MAIN IDEA - Fear of the Unknown

SCRIPTURE VERSE - *Jesus Christ is the same yesterday, today, and forever.* -
Hebrews 13:8

INTRO

What a day! Our first full day in the seat—how’s everybody feeling? Whether you crushed a line you were nervous about, picked up some speed, or just kept the bike upright, that’s a win. **Anyone learn something new today? Think you got a little faster?** Maybe you even surprised yourself and pushed through a fear. Or maybe some new fears popped up—stuff you didn’t even know would shake you until it happened. That’s all part of it. Growth doesn’t always look clean or easy, but it means you’re out there giving it your all. As we shift gears into team time, let’s talk about what it looks like to handle fear not just with skill, but with faith. But first you know I wanna learn more about each of you.

ICE BREAKER

- What was your first bike/quad, and how long have you been riding?
- If you could buy any new bike/quad what would it be?

CONVERSATION

We like to know what's going to happen next. We like to be prepared and know what to expect. **In an ideal world, everything is mapped out for us and every outcome is revealed to us before they happen.** Rarely does life reveal itself before it happens. In tonight's chapel we learned that **if you're following Jesus, things don't always go as you expect.** Let's read how the disciples found themselves in an unexpected crisis.

SCRIPTURE Matthew 14:22-33

²² Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. ²³ After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, ²⁴ and the boat was already a considerable distance from land, tossed by the waves because the wind was against it. ²⁵ Shortly before dawn Jesus went out to them, walking on the lake. ²⁶ When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. ²⁷ But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." ²⁸ "Lord, if it's you," Peter replied, "tell me to come to you on the water." ²⁹ "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. ³⁰ But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" ³¹ Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?" ³² And when they climbed into the boat, the wind died down. ³³ Then those who were in the boat worshiped him, saying, "Truly you are the Son of God."

***On a scale from 1 to 10 how would you rate how bad the storm was?

***What words in v.24 describe how bad the storm was?

We know that several of the disciples were fishermen before they left to follow Jesus. **How bad does a storm have to be to scare experienced fishermen?**

Really bad. From earlier verses, we can guess that the disciples had been rowing for 7-9 hours and the text tells us **they were in trouble.** What does Jesus do when He sees His friends in trouble?

- call the Coast Guard
- ignore them and walk right past them
- comes to their rescue and calms the winds
- orders them life jackets from Amazon

One of the things we learn about God is that **He is a personal God.** Jesus got directly involved in what was going on. Jesus wanted to teach them that they could depend on him in all situations. In fact, **the Bible is full of stories of God rescuing his children.** Just like yesterday's lesson where God used David to defeat Goliath and ultimately the whole Philistine army. Our God is a personal God, so when we face terrifying situations, we don't need to be afraid because we have a personal God who loves us. **"Where there is fear there is no faith and where there is faith there is no fear."**

We see this in the fact that Jesus was walking on water while the winds blew and the waves crashed all around him and yet he was unafraid. The disciples were in a boat and scared to death.

***Why do you think Peter asked Jesus to walk on the water?

- A. He spoke before he thought through what he was saying
- B. He wanted to be like Jesus
- C. He wanted to grow his faith

D. He was reckless

Discuss answers.

***Did Peter walk on water?

***How many steps do you think Peter took before he started to sink?

***Why did he start to sink?

Faith plugs us into God's power in the same way you plug your phone into a charger. **In every fearful decision, you have to decide to stand in faith or run away in fear.** Just as faith plugs us into God's power, fear unplugs us from God's power. When Peter walked in faith, trusting Jesus, he walked on water. But when he saw the wind and the waves he became afraid and began to sink because his fear unplugged him from God's power.

NEXT STEPS

Remember That Jesus Comes to You in the Storm - Jesus didn't wait for the disciples to calm down. **He walked right into the middle of the storm to be with them.** Whatever you're facing—fear of failure, family struggles, feeling overwhelmed—Jesus isn't far off. He's present, powerful, and personal. Don't forget He's in it with you.

Take a Step of Faith Even When You're Unsure - Peter didn't wait until everything was calm—he stepped out of the boat in the middle of the storm. **Sometimes God calls us to move before everything feels safe or certain.** That's what faith looks like. If you feel God calling you to do something (pray, talk to someone, try again), take the step even if it's scary.

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 3 AM

SCRIPTURE

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand. - Isaiah 41:10

ICE BREAKER

- What's your favorite phrase in the above passage?
- What's the scariest time you have ever had riding?
- Remember our story last night of Peter walking on water? Why do you think the other 11 disciples didn't ask to walk on the water?
- Who do you think had more faith, the disciples who stayed in the boat or Peter who stepped out of the boat onto the stormy seas?

*****This is a good place for you to tell a story of your own life when you were afraid of something. You don't have to be the hero and show them you had tons of faith. It can be a story just like Peter and you were sinking before Jesus grabbed you.*****

CONVERSATION

Isaiah reminds us that **we never need to be afraid—because God is always with us** and **gives us strength exactly when we need it**. Jesus is not only personal, but **He is powerful**. He had the power to help a teenage David **defeat the mighty Goliath**. He had the power to **walk on water in the middle of a raging storm**. He even gave Peter the power to walk on water too.

Our God is **a constant friend—24 hours a day**. There is **nothing He doesn't see**, and **no moment when He is distracted or unavailable**. Most importantly, **there is nothing too big or too difficult for our God** to handle.

NEXT STEPS

What's one thing you learned from our lesson that will help you the next time you're fearful?

What's one area in your life that you could respond to in faith rather than fear?

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 3 PM

MAIN IDEA - Fear of being Judged

SCRIPTURE VERSE - ³² “Whoever makes Me known in front of men, I will make him known to My Father in heaven. ³³ But whoever does not make Me known in front of men and acts as if he does not know Me, I will not make him known to My Father in heaven. - **Matthew 10:32-33**

ICE BREAKER

Let’s kick things off with a few fun and honest questions to get us thinking about standing out and standing up for what we believe:

- Would you rather sing a solo on stage or wear a ridiculous costume to school for a day?
- What’s a trend you never joined in on, even when everyone else did?
- Have you ever been the only one who didn’t go along with the crowd? What happened?
- What’s something you believe in, even if others don’t agree with you?

CONVERSATION

Tonight we heard the story of **Shadrach, Meshach, and Abednego**—three young men who refused to bow down to King **Nebuchadnezzar’s** golden statue. The king had made it clear: anyone who didn’t worship the statue would be thrown into a blazing furnace. But these three didn’t back down.

They **stood firm in their faith** and boldly told the king, “We will not serve your gods or worship the image you have set up.” They were willing to **risk their lives** rather than deny the one true God.

Their boldness came from knowing who they belonged to. They didn’t look around to see what the crowd was doing—they looked up and trusted that **God would be with them no matter the outcome.** Their courage wasn’t rooted in confidence in themselves but in **complete trust in God’s power and presence.** That same kind of bold, unshakable faith is possible for us today, even when we feel pressure to blend in or hide what we believe.

***Why do you think they didn’t just bow like everyone else, and then continue to follow the one true God afterwards?

Mark 8:38 says “If anyone is ashamed of God and His message in these sinful days, then Jesus will be ashamed of that person when He returns.

***What does it mean to be ashamed of someone?

***Let’s say you are ashamed to be seen with your parents and they knew you were ashamed to be seen with them. How do you think they would feel?

***How do you think God feels when we are ashamed?

The king was angry with them for this, so he threw them in the fiery furnace. **Soon after, the king looked inside the burning furnace and saw them walking in the flames, completely unharmed!** The king called them out of the fire and began to worship God.

God was glorified through this because they did not fear being judged, even to the point of being thrown in the fire! They trusted that God would be with them. What an incredible amount of faith it must have taken for them to be the only 3 standing, in front of a nation that was all on their knees.

***What is an example of a time you feared being judged?

***How did you handle the situation?

Share a time when you even felt ashamed of your faith and hid it.

***Ok I need one person to just stand up and stand right here in the middle.
(Have them stand there a while and everyone just stare at them, don't say anything just stare)

***How did it feel to be the only one standing when all the others were sitting and looking at you?

NEXT STEPS

Shadrach, Meshach, and Abednego weren't afraid to stand alone in front of an entire nation because they were **not ashamed to show that they followed the one true God**. They knew who they were, and **their identity was rooted in God—not in the approval of others**.

You probably face similar challenges in your everyday life—**at school, with friends, or even online**. Maybe it's **standing up for someone being bullied, not being ashamed to say you go to Bible study, or speaking truth when it would be easier to stay silent**.

The reason they stood with boldness was because **their confidence came from God**—not from the crowd around them. And the same can be true for you.

Know Who You Are in Christ - When your **identity is rooted in God**, you don't need the approval of others. The more you understand who God says

you are, the easier it becomes to stand strong—even when you're the only one standing.

Trust That God is With You - Just like God was with Shadrach, Meshach, and Abednego **in the fire**, He is with you in every situation. When you feel alone or judged, remember you're **never actually alone—God is right there with you.**

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 4 AM

SCRIPTURE

³² “Whoever makes Me known in front of men, I will make him known to My Father in heaven. ³³ But whoever does not make Me known in front of men and acts as if he does not know Me, I will not make him known to My Father in heaven. **-Matthew 10:32-33**

ICE BREAKER

- What would it take to overcome all peer pressure?
- What do you think creates our fear of being judged?

CONVERSATION

We all wrestle with the question: *Do I measure up?* Whether it’s trying to meet expectations, wondering if our efforts matter, or hoping the people we look up to notice us—we can end up chasing approval that constantly shifts. But the truth that brings peace is this: **God’s approval is the only one that truly matters.**

Last night, we saw how **Shadrach, Meshach, and Abednego stood firm** in the face of pressure because their identity was anchored in God—not in public opinion or fear of rejection. They didn’t need the crowd to cheer them on or the king to affirm their faith. They were confident in who they were because they knew whose they were.

Psalm 118:6–9 reminds us of this same truth:

“The Lord is on my side; I will not fear. What can man do to me? The Lord is

on my side as my helper... It is better to take refuge in the Lord than to trust in man. It is better to take refuge in the Lord than to trust in princes.”

When we know **God is with us, for us, and working through us**, we don't have to live for the approval of people—we can live from the confidence of being fully loved by Him.

***What's good about social media?

***What's bad about social media?

***What kind of impact does social media have on you?

In a world driven by **“likes,” views, and followers**, it's easy to fall into the trap of constantly **comparing ourselves to others**. We think, *“They get more likes”* or *“They have way more followers than me.”* We start to **worry about what others think** and measure our value by how much attention we get.

There are even apps designed to **boost our likes and followers**, feeding the idea that we're only as important as our online presence. Whether it's **social media pressure** or **peer pressure at school**, many of us begin to feel like we need to **change who we are** just to impress others or fit in.

But the truth is, **our identity was never meant to be built on approval from people**—it was meant to be rooted in the unchanging love of God.

When we start to really **dig into what it means to find our identity in Christ**, something changes. We discover a **new kind of confidence**, a deeper **strength**, and a real **sense of purpose**. The world is full of lies about who we are—we start believing things like *“I'm not good enough,” “I don't fit in,”* or *“I'll never be as popular as them.”*

But here's the truth: **those insecurities are actually invitations**—God calling us to step out of the lies and into what's real. **When you follow Jesus, you've**

been given a brand new identity. You don't have to try to be someone else. You get to become the real you—the one God created with purpose and love.

So instead of stressing over what people say or think, you can **stand strong in who God says you are.** And that changes everything.

***What's the first step you need to take to build your identity in Christ?

I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well. - Psalm 139:14

***Why do you think God made each of us different?

Every time you open a pack of cookies, they are all exactly the same. How boring would that be if God did that? I mean think about how crazy it would be if we were all exactly the same, no differences at all. **Thankfully, that's not how God works.** He created each of us **purposefully and uniquely.** Every one of us is made with our own **strengths and weaknesses,** and that's what makes us special.

It's our differences that make life so interesting. Think about it—when we listen to music, we're appreciating the unique talents and gifts of the artist. When we watch sports, we're seeing how the athletes use their God-given abilities to do amazing things. **Even when we watch SMX, we're seeing riders shine because of the special gifts God has given them.**

So, thankfully, we're not all the same—and that's a good thing. God made us exactly how we are for a reason.

NEXT STEPS

Lets read the following verse and understand how God looks at you.

*But to all who believed him and accepted him, he gave the right to become children of God. - **John 1:12***

How does God view you?

What relationship do we have with God our Father?

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER

TEAM TIME - Day 4 PM

MAIN IDEA - Fear of not being good enough

SCRIPTURE VERSE - *God created man in His own image, in the image of God He created him.* - **Genesis 1:27**

ICE BREAKER

- If you could have any superpower, what would it be and why? What do you think that says about you?
- When you think about someone you really admire, what's the one thing about them that stands out the most?
- Can you remember a time when you felt like you just couldn't measure up to others' expectations? How did that make you feel?
- How do you think the pressure to "fit in" has changed over the years—whether through school, social media, or just life in general?

CONVERSATION

The fear of not being **"good enough"** often feels like a shadow that never leaves, constantly following us around. We're bombarded by **impossible standards**, whether from social media, peers, or our own inner critic. We strive to meet these expectations, hoping to fit in, to be liked, or to be praised. And when we fall short or don't measure up, it feels like a failure, a reminder that we're not enough. We aim for perfection, but sometimes, we end up tumbling into disappointment and self-doubt.

Here's the truth, though: **You are enough.** Just as you are. You don't need to fit into someone else's mold or meet impossible standards to be valuable. Your worth doesn't come from your achievements or what others think of you. **You are fearfully and wonderfully made,** and God has designed you with unique purpose and intention. Your mistakes don't define you, and your value isn't based on perfection—it's based on the unchanging love of God.

So, when the pressure to measure up gets overwhelming, remember this: **You are enough.** Just as you are.

***Why do you think we feel pressure to be someone we're not; to be perfect?

There's always those that seem so cool. We find ourselves wanting to be like them and it leaves us feeling bad about ourselves. ****share a story of how this can be true for you both in the past as a teen and today as an adult***

***Why do we constantly compare ourselves with others?

God created us in His own image—**we were made to reflect who He is.** In Genesis 1:27, it says, "*God created man in His own image, in the image of God He created him.*" First, He made the animals, but when it came to us, He made us different. He created us to be like Him, so that we could have a **close, personal relationship with Him.**

The best way to understand this is by thinking about the relationship between a **parent and their child.** There's no bond stronger or closer. And that's exactly how God wants to be with us—**as our Father.** When God made us in His image, it wasn't just about our looks or abilities; it was about having a relationship with Him. **We were made to be His children, and He made us to be His.**

***How would you describe how much you love your earthly parent?(for some this may be a grandparent, aunt, uncle, foster parent so be sensitive.)

***Describe how you picture your heavenly Father?

***How do you think God looks at us?

***How do you think God feels about us?

Check out what **Scripture** says about us:

John 15:15 – "I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you."

Galatians 4:5 – "To redeem those under the law, that we might receive adoption to sonship."

These verses remind us that we're not just followers—**we are friends of God**, and **we are His children**. God has invited us into a close, personal relationship with Him, sharing His love and His plans for us.

***What does it mean to adopt someone?

***Does it make sense that God adopts us into his family to become his children?

We don't have to stress about being **good enough** because **God made us special, unique**, and **one of a kind**. Every one of **God's children** has their own **strengths and weaknesses**, but we are all **special** and we are all **children of God**.

NEXT STEPS

As we come to the end of this amazing week at camp and get ready to step back into our "normal lives," I just want to take a moment to reflect on how

incredible this time has been together. We've grown closer as a group, deepened our faith, and experienced God's love in powerful ways. Now, as we head back home, I want to share a few **important next steps** to help you carry that energy forward and keep living out the lessons we've learned this week.

Embrace Your Identity in Christ: Remember that you are not defined by what others think or how well you fit in. You are a **child of God**, created with a unique purpose. When you face pressure to be someone else, remind yourself that **God made you exactly as you are**, and you are enough.

Let Go of Comparison: Take a step back and notice when you start comparing yourself to others. Instead of focusing on what you lack, remember **God's love** for you is unchanging. Reflect on your unique strengths and trust that **you don't need to be perfect** to be valuable.

Build Your Relationship with God: Just like with a parent-child relationship, God desires to be close to you. **Spend time with Him** in prayer, reading His Word, and listening to His voice. Trust that He's not only your Creator but also your **Father and Friend**.

Share God's Love with Others: Once you fully embrace who you are in Christ, share that love and understanding with others. **Encourage your friends** who might be struggling with insecurity and remind them that they are **fearfully and wonderfully made**, just like you.

FINAL THOUGHTS FROM THE GROUP THEN CLOSE IN PRAYER