



Free Through Medicaid – This vital service helps caregivers experience a greater life balance by relieving stress, allowing time for self-care and improving mental wellness while continuing to care for your loved ones.

**For Enrollment Contact Ms. Aaliyah Fields, Certified Nurse Practitioner
216-702-9801**

What We Offer:

OhioRISE Respite Program Includes:	5 week Therapeutic WorkShop Sessions Offered-Flex Funds Eligible:
➤ Intro to any Workshop/Camp of your choice	➤ Hair Therapy Camp
➤ Mentorship	➤ Barber Wellness Camp
➤ Homework Assistance	➤ Culinary Arts Therapy Camp
➤ CPR/First Aid/AED Training	➤ Essential Therapeutic Wellness Camp
➤ Youth/Teen Mental Health First Aid Training	➤ Alpaca Wellness & Therapy Camp
➤ Professionalism/Job Readiness Skills	➤ A Touch Of Rain Nailspa Therapy Camp
➤ Therapeutic/Social Integration Activities	➤ K-9 Training Therapy Camp
➤ Conflict Resolution/Crisis Intervention	➤ Arts & Crafts Therapy Camp
➤ Team and Confidence Building	➤ Cheer & Dance Therapy Camp
➤ Nutrition Education	➤ Entrepreneurship University Wellness Camp
➤ Life Skills	➤ Modeling Camp
➤ Health/Hygiene Education	➤ Sports/Fitness Therapy Camp
➤ Financial Literacy	➤ Skating Therapy Camp
➤ Transportation Available	➤ Gentlemen/Ladies Etiquette Camp
➤ Light Snacks Provided	➤ Team DNA Boxing Camp
	➤ Drivers Education Workshop
	➤ Fashion & Art Design Therapeutic Camp

**When: Monday Through Friday 4p-7p
Saturday/Sunday –Time Varies, Overnight Available**

About Us:

We are committed to enhancing the Health and Wellbeing of our community. Our expert team of Licensed Professionals are knowledgeable, experienced and fully capable of providing high quality services to you and your family. It takes a village to raise a child! We are here to provide the necessary short-term relief for primary caregivers.



4225 Mayfield Rd., Suite 105B, South Euclid, OH 44121