

Dr Nermine Habib, MBBS, MD

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French, Italian, English, Arabic and German



PROFESSIONAL EXPERIENCE

2023 – current post	Owner & CEO of Swiss Diabetic Foot Centers, Fribourg, Switzerland
2023 – current post	Foot and Ankle Surgeon, Clinique Moleson, Bulle, Switzerland
2023 – current post	Foot and Ankle Surgeon, Clinique Moncor, Fribourg, Switzerland
2024 – current post	Foot and Ankle Surgeon, Clinique CIC, Montreux, Switzerland
2025 – current post	Foot and Ankle Surgeon, Cabinets PMB, Payerne Switzerland
2022 – 2023	Consultant in Foot and Ankle Surgery, Department of Orthopaedics and Traumatology, Fribourg University and Cantonal Hospital, Switzerland
2022 – 2023	Lecturer, Masters in Medicine, Fribourg University, Switzerland
2020 – 2022	Lecturer, Masters in Medicine, Università della Svizzera Italiana (USI), Switzerland
2020 – 2021	Consultant in Foot and Ankle Surgery, Department of Orthopaedics and Traumatology, Lugano Regional Hospital, Switzerland
2018 – 2020	Specialist training, Orthopaedics and Traumatology, Fribourg University and Cantonal Hospital, Switzerland
2012 – 2018	Specialist training, Orthopaedics and Traumatology, Ente Ospedaliero Cantonale (EOC), Lugano, Bellinzona and Locarno, Switzerland
2011 – 2012	Specialist training, Orthopaedics and Traumatology, University of Tor Vergata, Rome, Italy

EDUCATION

2020	Swiss Board Examination in Orthopaedics and Traumatology
2019	Doctorate (MD), Università della Svizzera Italiana (USI), Switzerland “An algorithm to avoid missed open-book pelvic fractures”
2019	Swiss Board Examination in General Internal Medicine
2017	Federal Exam in Human Medicine, University of Genève, Switzerland
2009	MBBS, Bachelor in Medicine and Surgery, University of Cairo, Egypt
2003	IGCSE Cambridge International Examinations (High School)

REWARDS

- **Top 10 Women Surgeons in Switzerland**, Global Women Leader
- **Best Poster Presentation**, EFORT congress 2022, Lisbon, Portugal
- **Best International Poster**, OTA International Trauma Care Forum 2019, Colorado, USA

GRANTS

- HFR – Hôpital Cantonal Fribourg: Where are the Women in Orthopaedics in Switzerland? The past, present and future.

ACADEMIC QUALIFICATIONS

- Lecturer, Faculty of Medicine, University of Fribourg, Switzerland
- Lecturer, Faculty of Medicine, Università della Svizzera Italiana (USI), Switzerland

COMMITTEES

- Swiss Female Orthopaedics: Founder, Past-President, Board Member and PR Officer
- Orthopaedic Trauma Association: CME/COI Subcommittee
- Minerva Orthopedics Journal: Editorial Board member
- Muscle, Ligaments and Tendons Journal: Associate Editor
- Swiss Female Orthopaedics: Founder and President (2021-2024)
- Swiss Association for Residents and Attendings in Ticino (ASMACT): Board Member (2021-2022)

AFFILIATION

- AO Trauma member
- Swiss Society of Orthopaedics and Traumatology
- Swiss Female Orthopaedics
- Swiss Foot and Ankle Society
- Swiss Association for Residents and Attendings in Ticino (ASMACT)
- Medical Society Canton Ticino (OMCT)
- Orthopaedic Trauma Association (OTA)
- Federation of Swiss Doctors (FMH)
- Italian Medical Association
- Egyptian Medical Association
- Rotaract club, Cairo, Egypt

COURSE AND CONGRESS FACULTY

- Chair and session moderator, Diabetic Foot Management 2024, Fribourg, Switzerland
- Chair and session moderator, Swiss Society of General Internal Medicine 2024, Lugano, Switzerland
- Chair and session moderator, Annual Congress, Swiss Society of Orthopaedics & Traumatology 2023, Lausanne, Switzerland
- Chair and session moderator, Annual Congress, Swiss Society of Orthopaedics & Traumatology 2023, St. Gallen, Switzerland
- Chair and session moderator, Annual Congress, Swiss Society of Orthopaedics & Traumatology 2022, Basel, Switzerland
- Faculty, Annual Swiss Foot and Ankle Society Symposium 2023, Fribourg, Switzerland
- Speaker, Roli Jakob Anniversary Colloquium - Preventing Orthopaedic Myopia in 2023"
- Faculty, Resident Comprehensive Fracture Course 2022, OTA annual congress, Florida, USA
- Faculty, Resident Comprehensive Fracture Course 2021, OTA annual congress, Texas, USA
- Mentor, AO Access Mentorship Program 2022
- Faculty, Women Spine Network 2023, Luzern, Switzerland

ORAL PRESENTATIONS

- 2023: - Annual Congress, Swiss Society of Orthopaedics & Traumatology, St.Gallen, Switzerland
- American College of Foot and Ankle Surgeons (ACFAS) Annual Scientific Conference, Los Angeles, USA
- 24th Annual Congress, EFORT, Vienna, Austria, Portugal
- Global Spine Congress, Prague, Czech Republic
- 43rd SICOT Orthopaedic World Congress, Cairo, Egypt
- 2022: - Annual Congress, Swiss Society of Orthopaedics & Traumatology, Basel, Switzerland
- 23rd Annual Congress, EFORT, Lisbon, Portugal
- Annual Meeting, Orthopaedic Trauma Association (OTA), Tampa, Florida, USA
- 20th European Society of Sports Traumatology, Knee Surgery and Arthroscopy Congress (ESSKA), Paris, France
- 29th European Society for Surgery of the Shoulder and the Elbow Congress (SECEC), Poland
- 43rd Società Italiana di Chirurgia Vertebrale e Gruppo Italiano Scoliosi Congress (SICV & GIS), Bologna, Italy
- 2021: - 22nd EFORT Congress, Virtual
- Annual Congress, Swiss Society of Orthopaedics & Traumatology, Fribourg, Switzerland
- Annual Meeting, OTA, Colorado, Texas, USA
- Annual Congress, French Society of Orthopaedic Surgery & Traumatology (SOFECOT), Paris, France
- 36th Annual Meeting of the Cervical Spine Research Society, Paris, France
- 10a Giornata della Ricerca in Medicina Umana, Lugano, Switzerland
- 2020: - Annual Meeting, OTA, Colorado, USA, Virtual
- 1st Virtual Congress, EFORT
- International meeting, North American Spine Society (NASS), Bangkok, Thailand (postponed Covid-19)
- 69th Annual Congress, Italian Society of Neurosurgery (SINch), Rome, Italy
- 15th Annual Meeting, German Spine Society (DWG), Virtual
- 2019: - 34th Annual Congress, North American Spine Society (NASS), Chicago, USA
- 20th Annual Congress, EFORT, Lisbon, Portugal
- Annual Meeting, OTA, Colorado, USA
- 2018: - 78th Swiss Orthopaedics Annual Congress, Montreux, Switzerland
- 67th Annual Congress, Italian Society of Neurosurgery, Ancona, Italy
- Joint Annual Meeting, Swiss Society of Neurosurgery (SSNS) & Swiss Society of Neuroradiology (SSNR), Lugano, Switzerland
- 2016: - 103rd Swiss Society of Surgery (SSC) Annual Congress, Lugano, Switzerland

RESEARCH AND PUBLICATIONS

1. Martin Riegger, **Nermine Habib***, Enrique Testa, Jochen Müller, Marco Guidi, Christian Candrian. *"The Modified Lapidus Fusion: A Systematic Review of Biomechanical Studies"* EFORT Open Rev. 2023 Apr 25;8(4):162-174. doi: 10.1530/EOR-22-0069.
2. Philippe Vial, **Nermine Habib***, Paolo Fornaciari, Mauro Maniglio, Moritz Tannast, Gregoire Thürig. Anatomical *"Anatomical three-point coracoclavicular ligament reconstruction: A surgical technique"* Orthopaedic Research Online Journal. 2022 Oct; 10(1). OPROJ. 000730. 2022
3. Thürig Grégoire, **Habib Nermine**, Galley Julien, Maniglio Mauro, Fornaciari Paolo, Tannast Moritz, Vial Philippe. *"Meaning of "Wave" and "Liquid" sign in AC-dislocation"* Sports Orthopaedics and Traumatology. 2022 June; 38(2):211-212
4. **Nermine Habib**, Paolo Fornaciari*, Gregoire Thuerig, Mauro Maniglio, Moritz Tannast, Philippe Vial. *"Hinge plate technique for osteosynthesis of comminuted proximal humeral fractures"* Injury. 2021 Aug;52(8):2292-2299. Epub 2021 May 18.
5. **Nermine Habib**, Filardo G, Distefano D, Candrian C, Reinert M, Scarone P *"Use of Intraoperative CT Improves Accuracy of Spinal Navigation During Screw Fixation in Cervico-Thoracic Region"* Spine (Phila Pa 1976). 2020 Dec 1.
6. **Nermine Habib**, Christian Candrian, Pietro Scarone *"Analysis of radiological accuracy among different intraoperative imaging systems for screw fixation in cervico-thoracic region"* The Spine Journal: Volume 19, Issue 9, Supplement, September 2019
7. **Nermine Habib**, Giuseppe Filardo, Matteo Bernasconi, Michele Arigoni, Christian Candrian *"An algorithm to avoid missed open-book pelvic fractures"* Eur Rev Med Pharmacol Sci. 2018 May;22(10):2973-2977
8. Simone Ghisla, Francesca Napoli, Gyoza Lehoczky, Marco Delcogliano, **Nermine Habib**, Michele Arigoni, Giuseppe Filardo, Christian Candrian *"Posterior pelvic ring fractures: Intraoperative 3D-CT guided navigation for accurate positioning of sacro-iliac screws"* Orthopaedics & Traumatology: Surgery & Research 2018 Nov;104(7):1063-1067
9. Maniglio M, Zaidenberg EE, Roner S, **Habib N**, Boretto J, DE Carli P. *"Is There a Correlation between the Radiological and Clinical Outcome after Core Decompression of the Radius for Kienböck Disease?"* J Hand Surg Asian Pac Vol. 2024 Feb;29(1):36-42
10. **Nermine Habib**, Timothée Helmstetter*, Paolo Fornaciari, Grégoire Thürig, Moritz Tannast, Philippe Vial. *"Lateral clavicular fractures associated with acromioclavicular luxation: A surgical technique"* Submitted to EFORT Open Rev
11. **Nermine Habib**, Renato Almeida Gondar, Daniele Valsecchi, Gianluca Maestretti. *"Titanium trabecular 3D electron beam melting printed cervical cages to promote rapid healing in cervical fusion: From bench to bedside. A prospective study with over two years of follow-up"* Submitted to European Spine Journal
12. Virginie Perez, **Nermine Habib**, Angela Seidel. *"Chronic Syndesmotic Instability Associated with a Complex Lesion of the Posterior Inferior Tibiofibular Ligament (PITFL): Review, case report and surgical report"* Submitted to J Orthop Case

13. Johanna Michel, **Nermine Habib**, Joseph Michael Schwab, Angela Seidel. *"5-months exposed implant after osteosynthesis is not necessarily a problem: A case report of a distal tibia fracture"* Submitted to Trauma Case Reports
14. U. Tarantino, M. Feola, C. Rao, E. Santori, E. Sorda, F. L. Perrone, J. Baldi, **N. Habib**, M. P. Randazzo *"Epidemiologia delle fratture da fragilità nel Lazio: approccio globale e nostra esperienza"* Archivio di Ortopedia e Reumatologia December 2011, Volume 122, Issue 3-4, pp 10-12
15. U. Tarantino, C. Rao, J. Baldi, F.L. Perrone, **N. Habib** *"Il punto di vista dell'ortopedico"* Giornale di Gerontologia 313-366G Gerontol 2011;59
16. F. Liuni, E. Gasbarra, A. Scialdoni, M. Feola, **N. Habib**, U. Tarantino *"Impatto clinico delle comorbidità in pazienti con fratture da fragilità di collo femore"*
17. **Audit** *"Guidelines for residents regarding Orthopaedic Patients in the Emergency Department"*, Bellinzona Regional Hospital (April 2015)